



UNICA

UNIVERSITÀ
DEGLI STUDI
DI CAGLIARI



Erasmus+



DIPARTIMENTO
MEDICO

Seminar within the Erasmus BIP
*Longevity & Sardinian Culture:
Living Long, Living Well*

Understanding Sardinian Longevity

*What Medicine and Biology reveal
about living longer and healthier lives*



June 15, 2026



3:00 PM



Aula Anfiteatro, Edificio G
Via Sant'Ignazio 17, Cagliari



0,5 CFU per gli studenti



Limited spots available!

Register through the link in bio
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*Longevity & Sardinian Culture:
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Programme



3:00 PM — On-site registration



3:30 PM — Expert talks on longevity in Sardinia



Prof. Germano Orrù

*The role of oral microbiome
in healthy ageing*



Prof. Francesco Corrias

*Sardinia's Blue Zone:
Diet, Culture and Secrets to Longevity*



Prof. Matteo Floris

*Genetic peculiarities
of the Sardinian population*



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Special highlight

Guided visit to the laboratories of San Giovanni di Dio Hospital



6:00 PM



with Prof. Alessandra Scano



Visit the laboratories where
research on Sardinian centenarians
and healthy ageing is carried out.



A unique opportunity to discover
the research behind Sardinian
longevity.



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AOU
San Giovanni
di Dio
Cagliari

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Posti limitati

<https://forms.gle/iyftNXSQXK5jnxeX7>



0,5 CFU per gli studenti iscritti:

- nel CdL in Medicina e Chirurgia
- nel CdL in Medicine and Surgery
- nei CdL delle Professioni Sanitarie Tecniche



**Attestato di
partecipazione disponibile
su richiesta**



Per informazioni:

incomingstaff@unica.it