

## CDL Advances Chemical Studies (ACS)

Metabolic Biochemistry 7 CFU = 6+1

Lecture



Laboratory

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The control of **glycogen synthesis** and **glycogenolysis** are mutually regulated by:

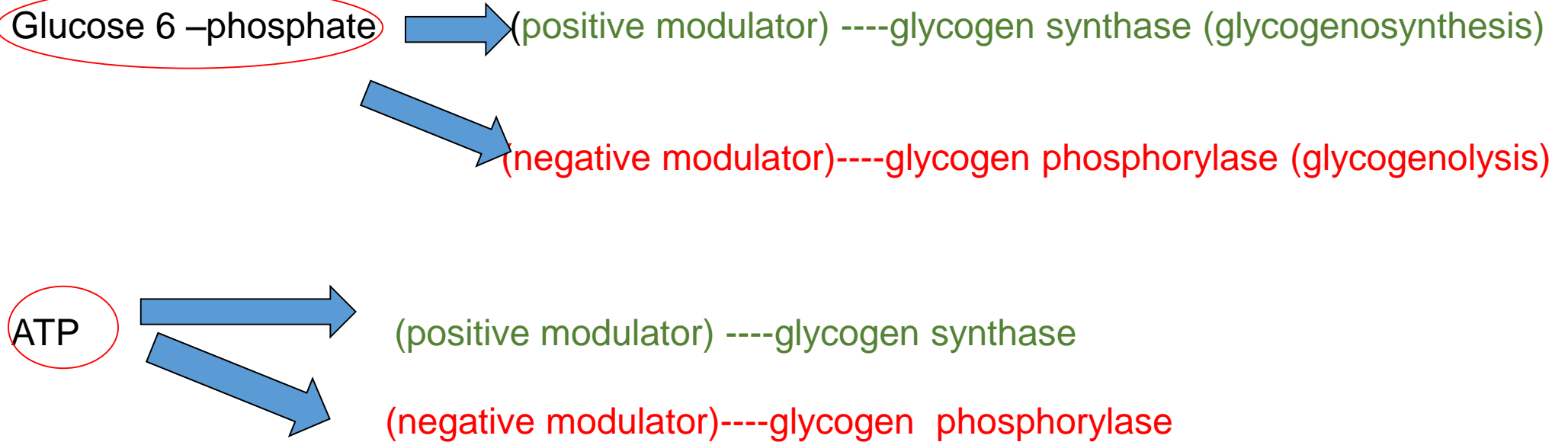
-ALLOSTERIC INTERACTION

-Reversible covalently modification (phosphorylation-dephosphorylation)

-HORMONAL SIGNALS

# The control of **glycogenosynthesis** and **glycogenolysis** are mutually regulated by:

## -ALLOSTERIC INTERACTION



ALLOSTERIC INTERACTION

Glucose-6-phosphate is a negative allosteric effector of glycogen phosphorylase. It inhibits its action and consequently glycogenolysis.

Glucose-6-phosphate is an allosteric effector. Its binding to the allosteric site of glycogen synthase induces an allosteric modification which stabilizes the substrate enzyme binding.

Glucose 6 -phosphate (-)  
glycogen phosphorylase

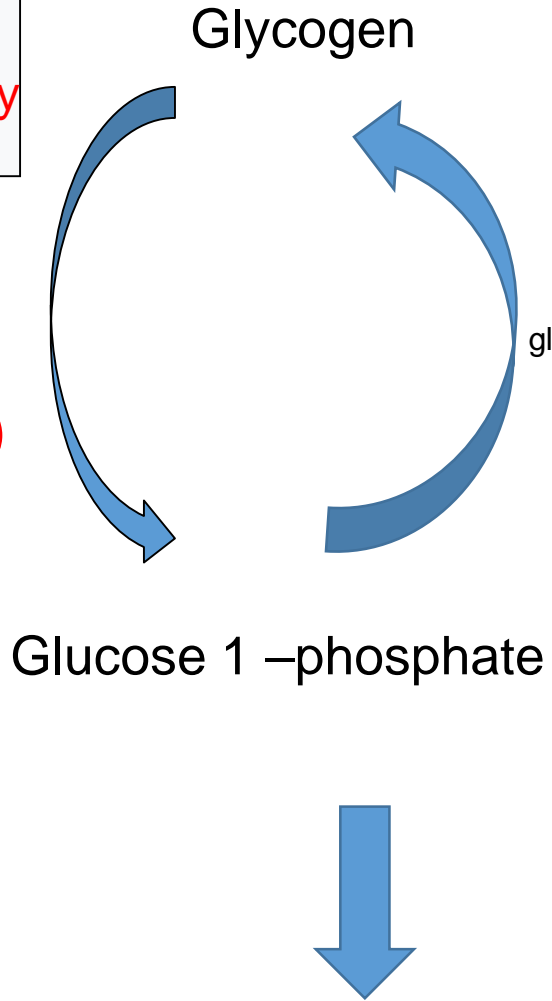
Glucose 6 -phosphate (+)

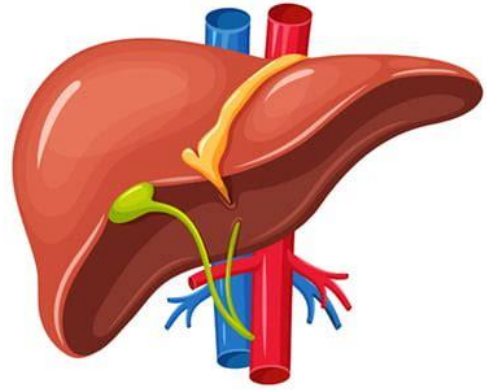
ATP (-)

ATP (+)

ATP binds at the allosteric site to glycogen phosphorylase. It causes a conformational change and inhibits its action.

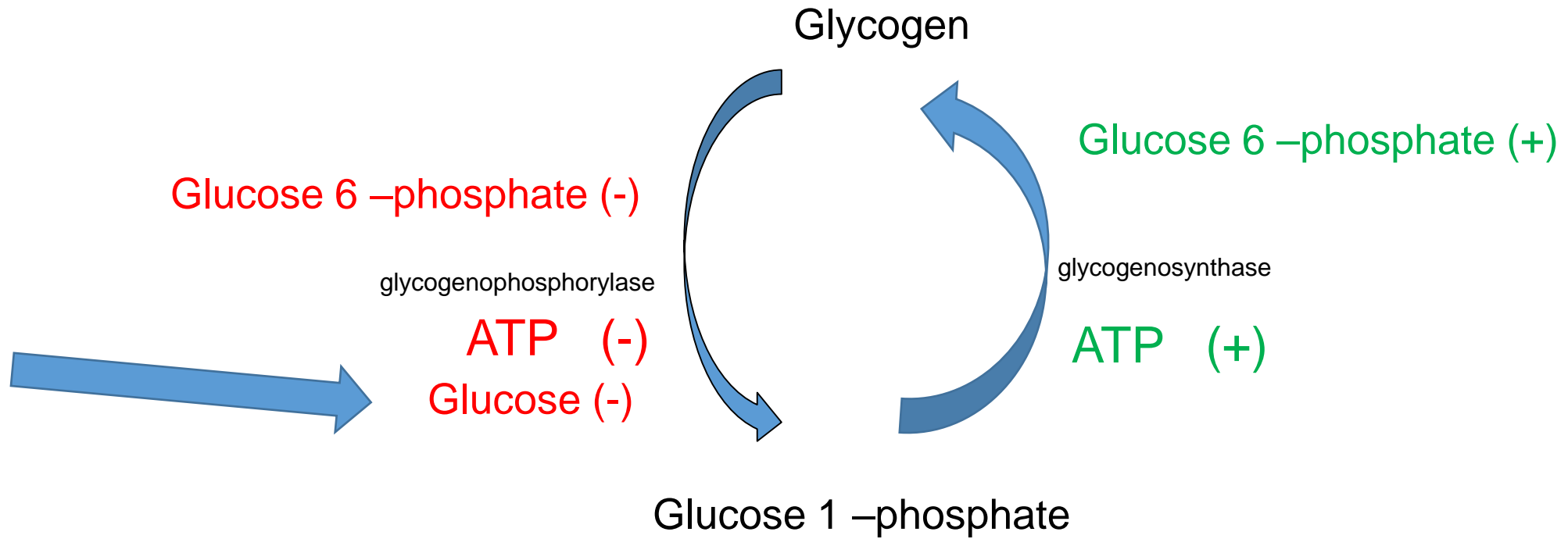
ATP signals the energy state of the cell. ATP binds at the allosteric site to glycogen synthase. It determines a conformational change by stimulating its action.



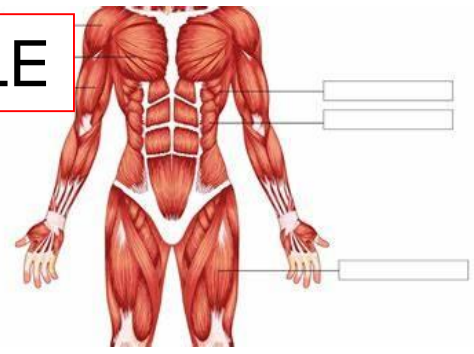


ALLOSTERIC INTERACTION

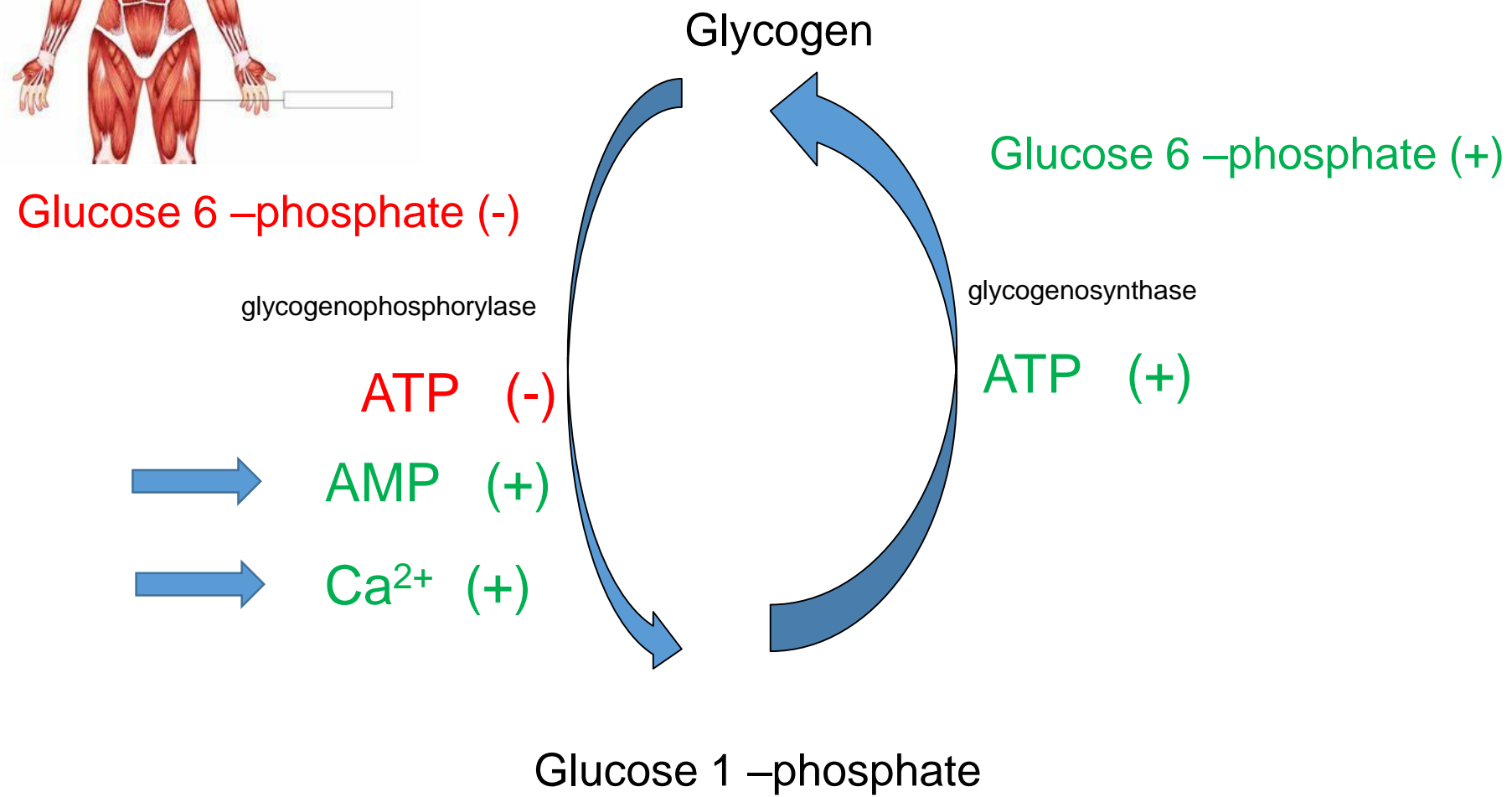
LIVER



# MUSCLE



# ALLOSTERIC INTERACTION



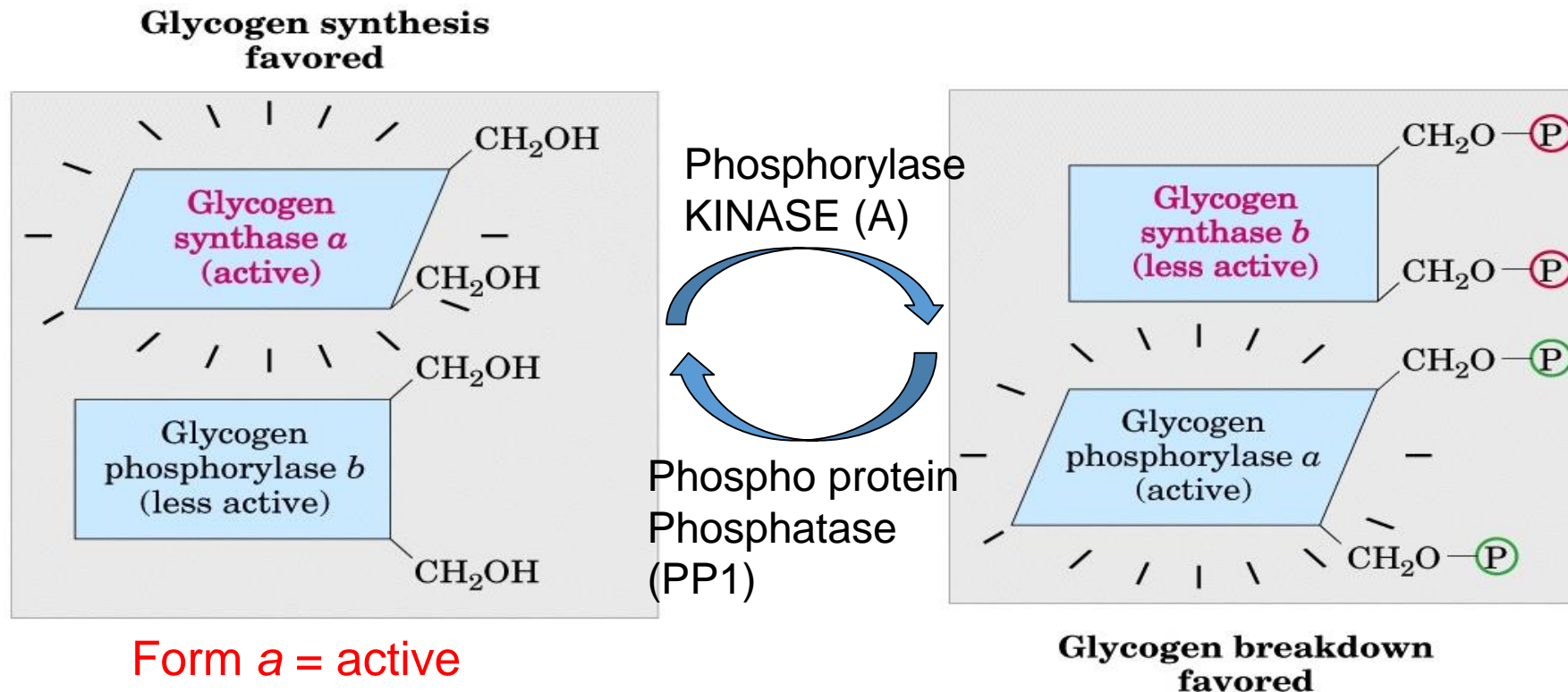
Signals indicating intense muscle activity ( $\text{Ca}^{2+}$  and AMP) activate phosphorylase to break down glycogen into glucose with glycolysis and obtain ATP

Condition **FIGHT** or flight

# -Reversible covalently modification (phosphorylation-dephosphorylation )

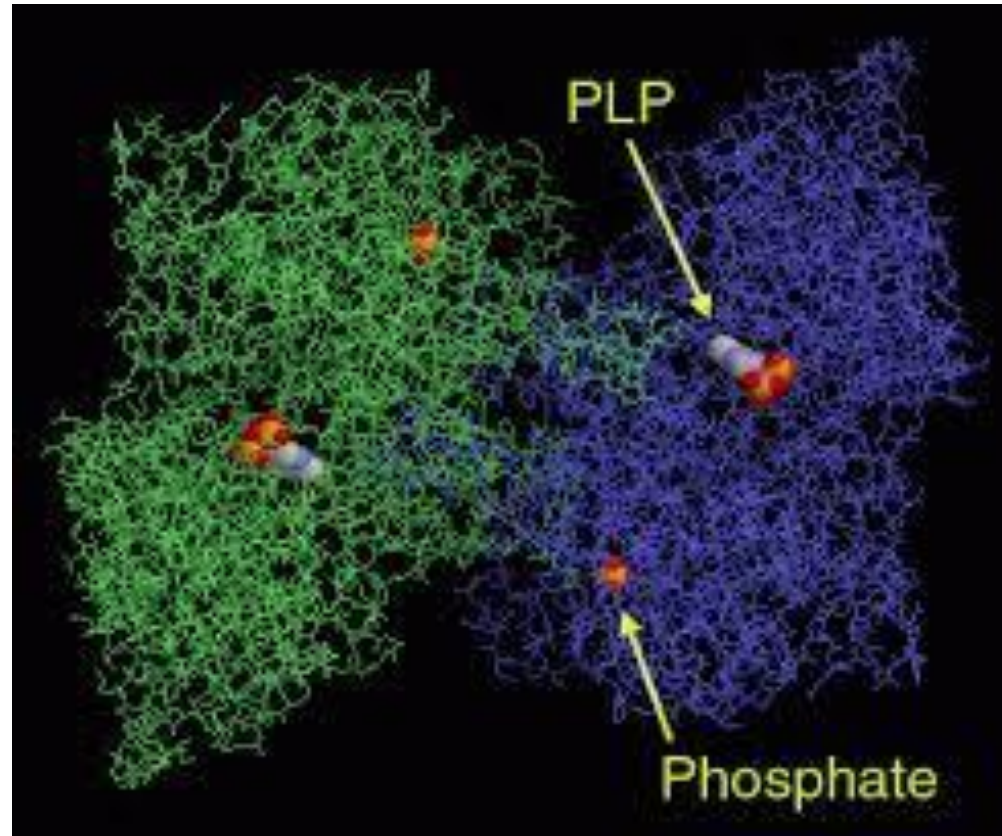
**Glycogen synthase** and **glycogen phosphorylase** are two enzymes that can exist in two forms (a) active and (b) inactive

**Glycogen synthase** is in the active (a) form when it is dephosphorylated, while **glycogen phosphorylase** is active (a) when it is phosphorylated



Form a = active  
Forma b = inactive

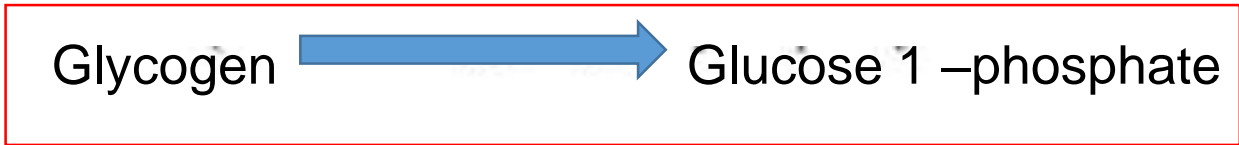
# Glycogen phosphorylase



DIMER



Glycogen phosphorylase (called **phosphorylase** so honored because it was the first phosphorylase to be discovered)



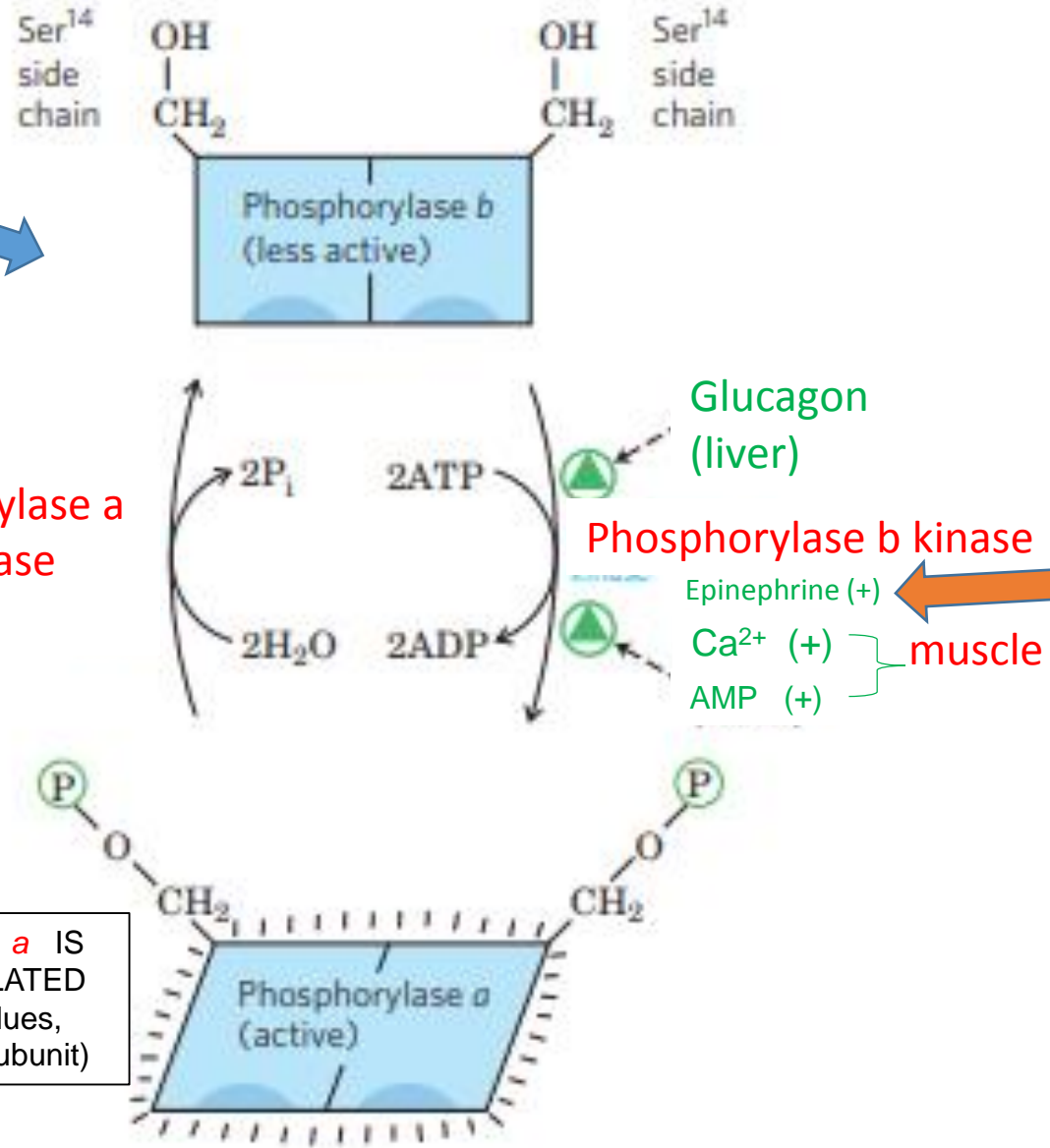
**Two interconvertible forms:**

- Glycogen phosphorylase a, (active)
- Glycogen phosphorylase b, (less active)

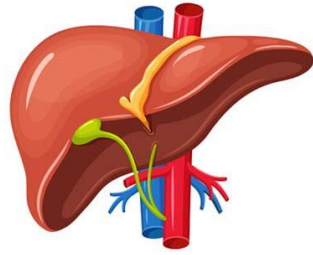
During vigorous muscular activity **epinephrine** activates **Phosphorylase b kinase** phosphorylase b,  $\longrightarrow$ , phosphorylase a.

When the muscle returns to rest, **Phosphoprotein phosphatase 1 (PP1)** phosphorylase a,  $\longrightarrow$  phosphorylase b

**Phosphorylase a** IS PHOSPHORYLATED ON Ser14 residues, (one on each subunit)



Liver

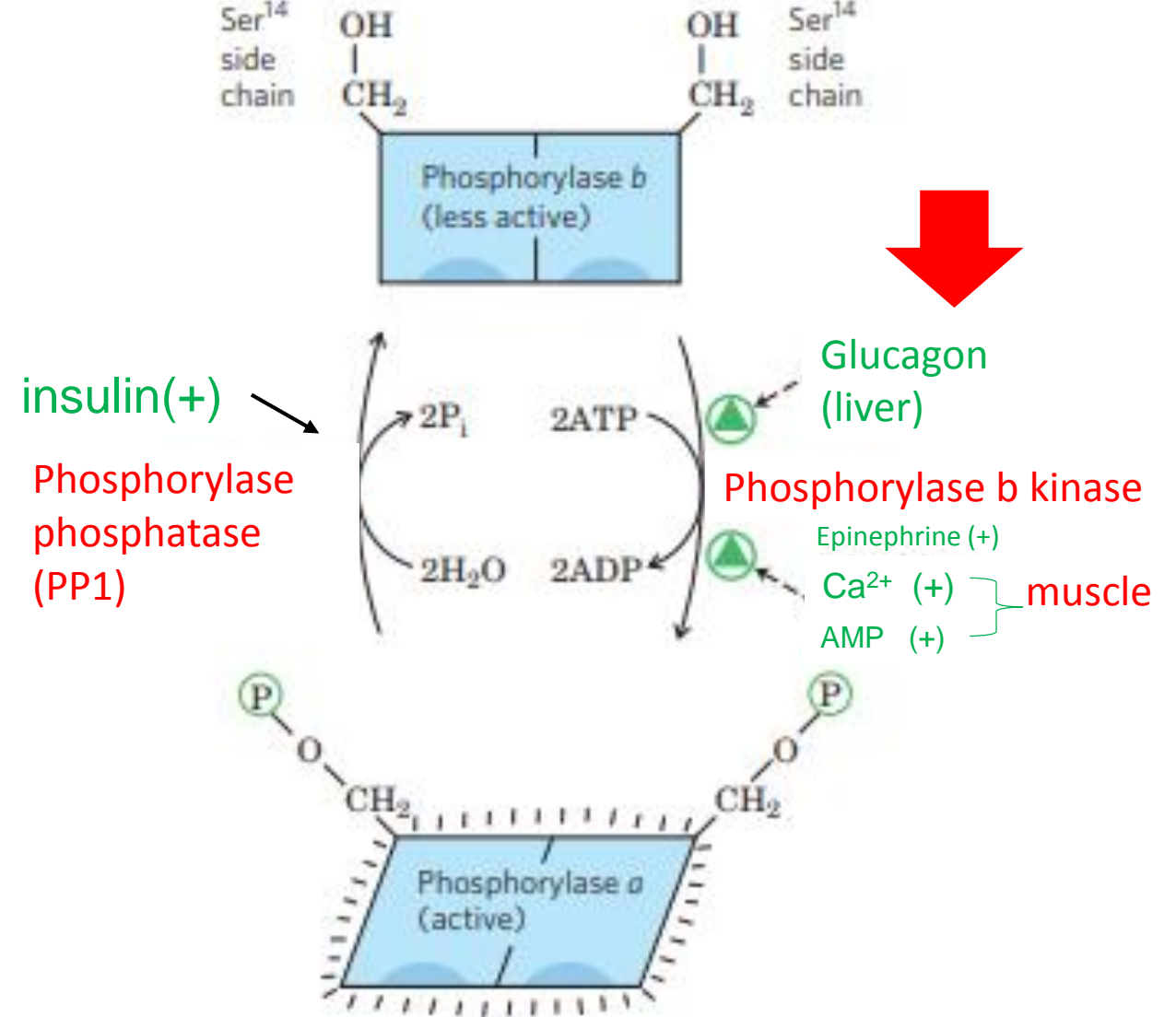


**Phosphorylase b kinase** is responsible for activating phosphorylase b  
Activated by **glucagon**.

**Phosphorylase phosphatase (PP1)**  
is responsible for inactivating phosphorylase b  
Activated by **insulin**.



Glycogen  $\longrightarrow$  Glucose 1-phosphate



# Phosphorylase b kinase

is activated by epinephrine or glucagon through a series of steps.

Epinephrine

Glucagon

Both Activate a GTP-binding protein,  $G_s$

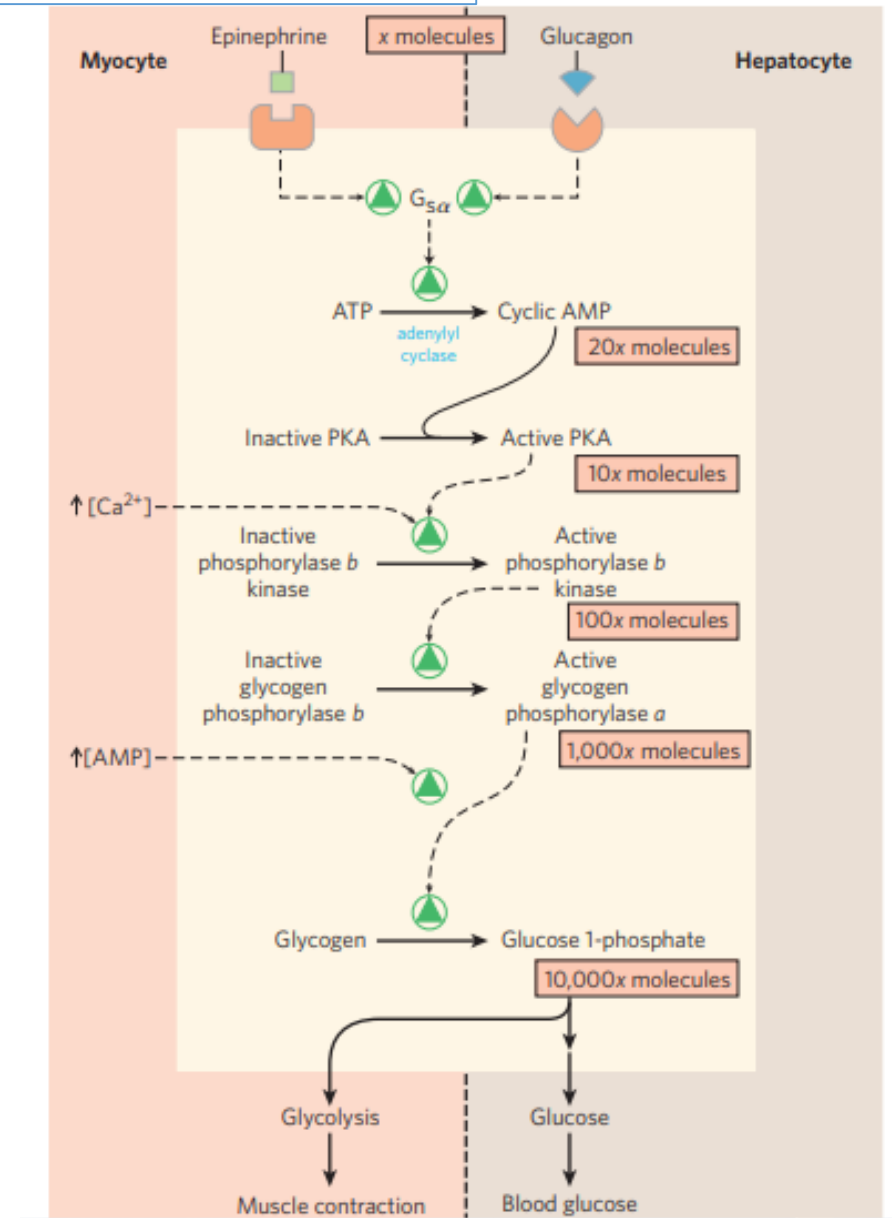
Active  $G_s$  triggers a rise in [cAMP], activating PKA.

PKA activates phosphorylase b kinase, which then activates glycogen phosphorylase.

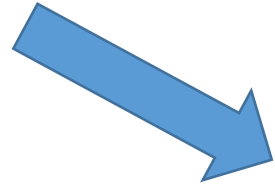
cAMP, the second messenger which increases in concentration in response to stimulation by epinephrine (in muscle) or glucagon (in liver).

Epinephrine by binding to specific surface receptors either acting on a myocyte.

Glucagon acting on a hepatocyte



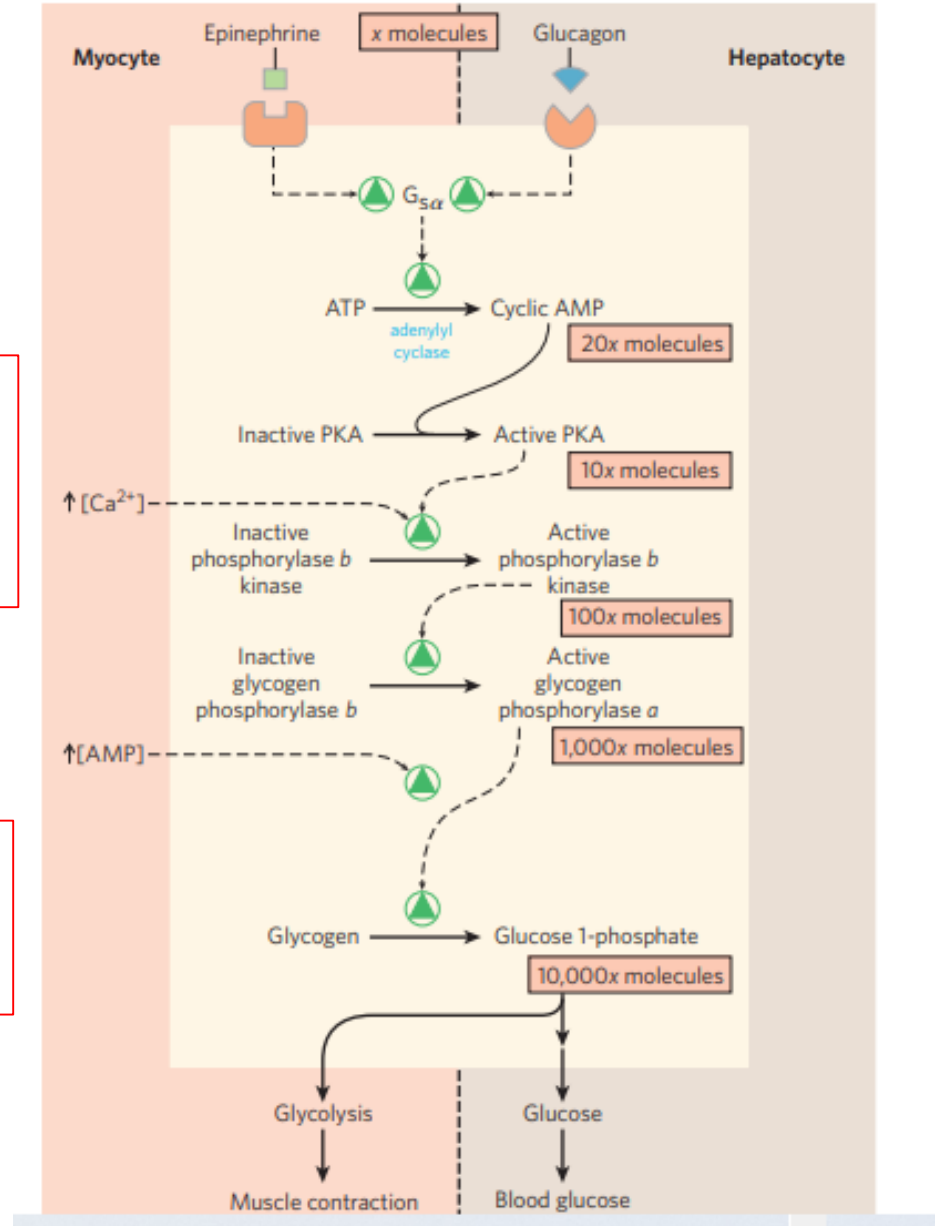
.The resulting breakdown of glycogen provides glucose,

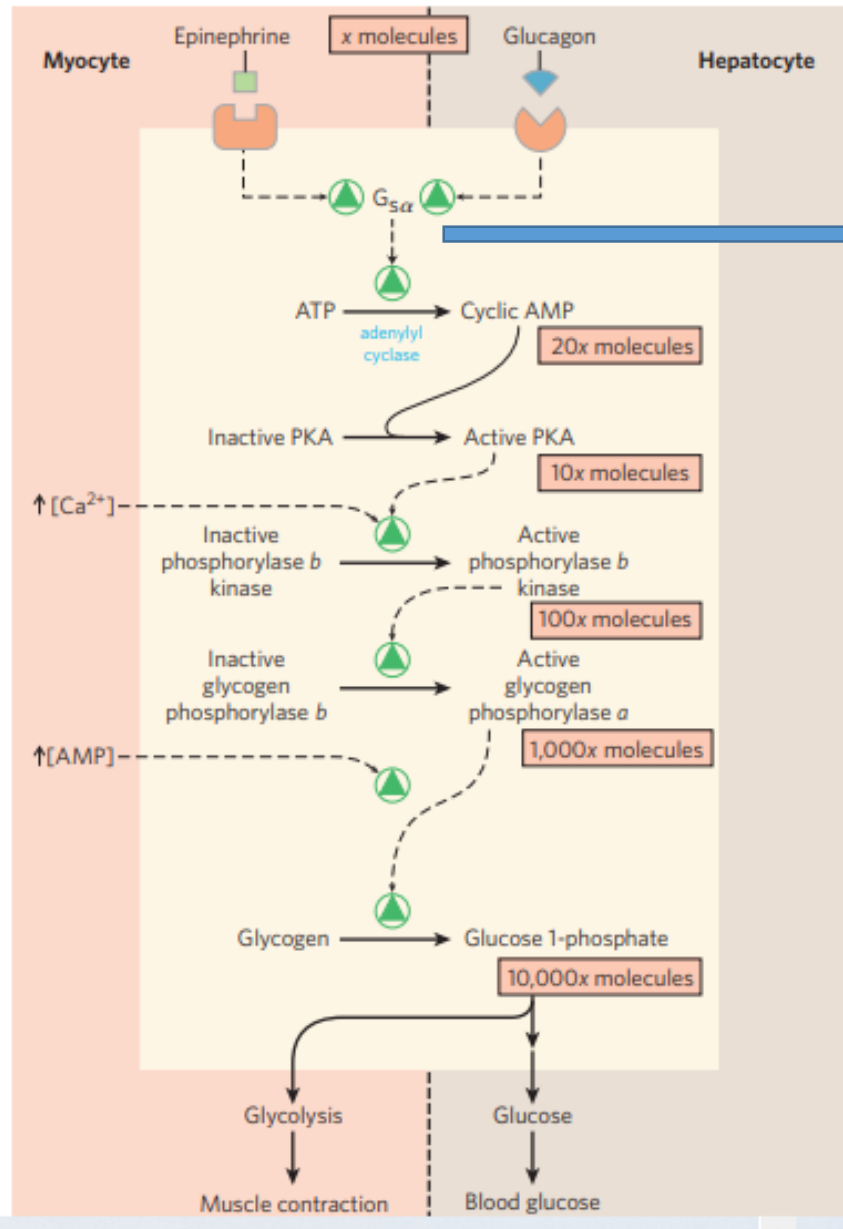


in the myocyte can supply ATP (via glycolysis) for muscle contraction

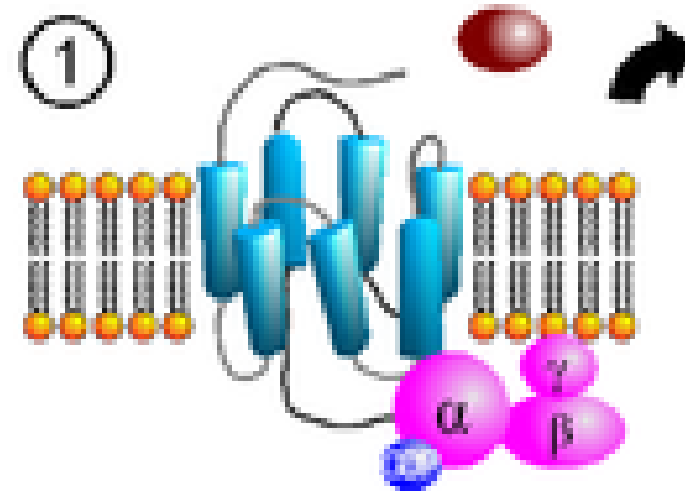
in the hepatocyte is released into the blood to counter the low blood glucose.

Such cascades effect a large amplification of the initial signal.





Receptors associated with G proteins



## Receptors associated with G proteins

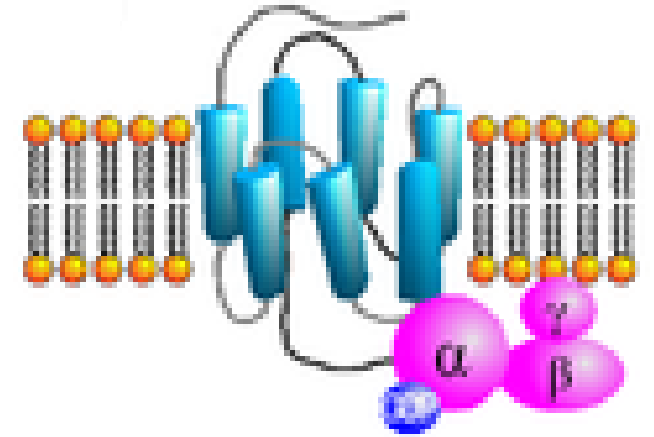
They are receptors of:

- Visual, olfactory and gustatory systems
- Neurotransmitter receptors

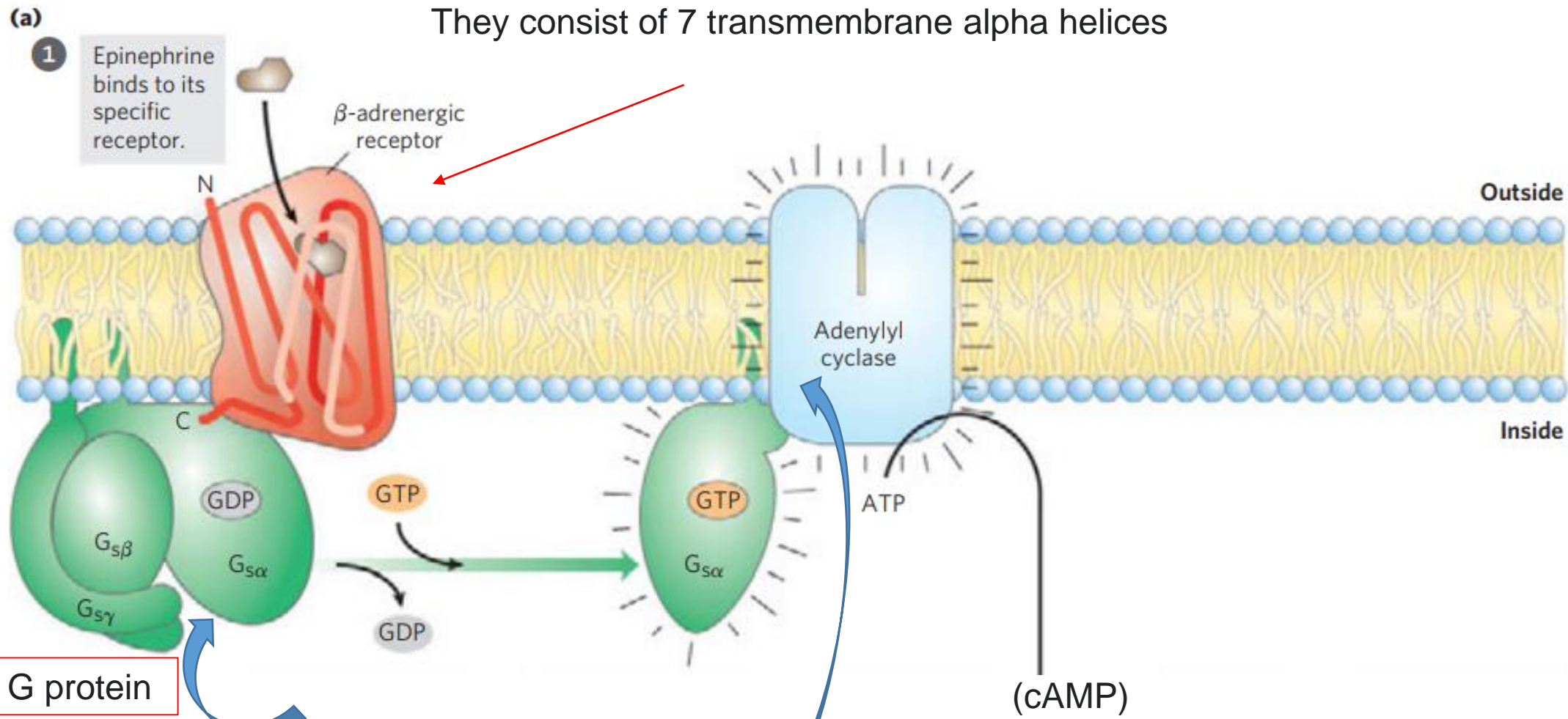
Hormone receptors that control the metabolism of carbohydrates, amino acids and fatty acids

A ligand can have multiple receptors:

- 9 GPCR activated by **epinephrine**
- 5 GPCR activated by **acetylcholine**
- 15 activated by **serotonin**



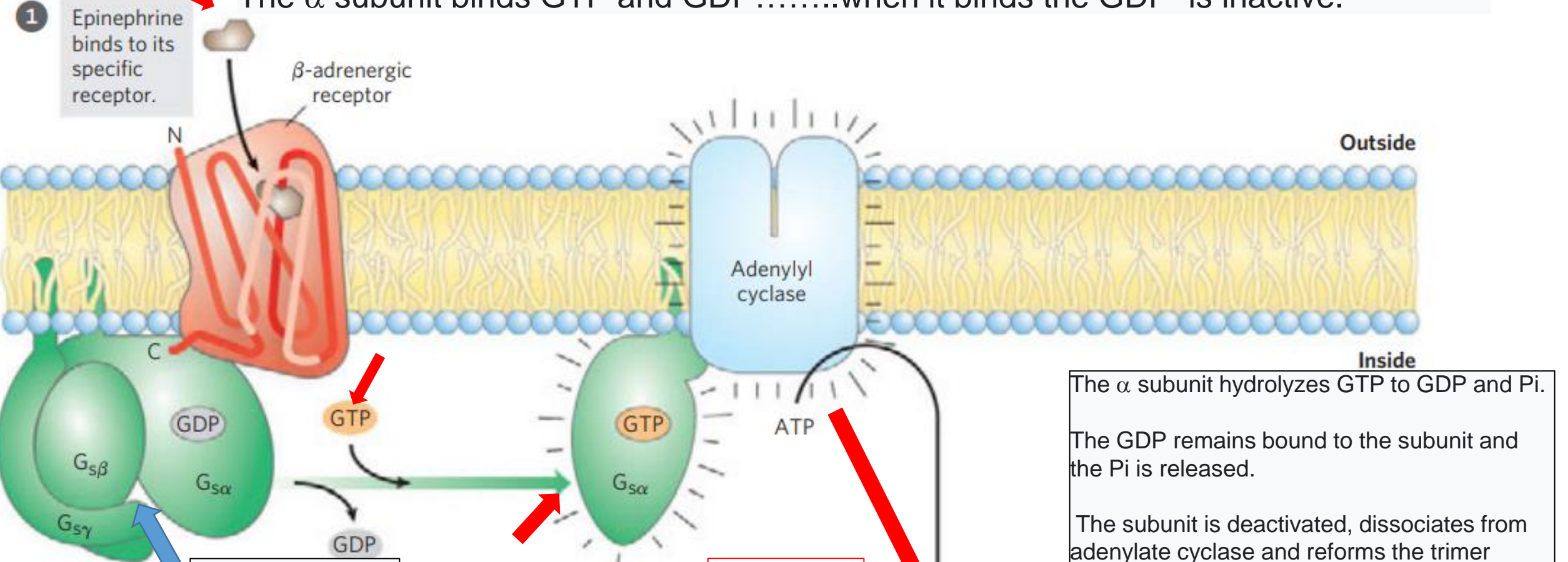
They consist of 7 transmembrane alpha helices



- 1 heterotrimeric G protein consisting of three subunits  $G_{\alpha}$ ,  $G_{\beta}$ ,  $G_{\gamma}$
- 1 membrane-bound effector protein (e-g- adenylyl cyclase)
- 1 second messenger that transfers the signal inside the cell (cAMP)

(a)

The  $\alpha$  subunit binds GTP and GDP.....when it binds the GDP is inactive.



1 Epinephrine binds to its specific receptor.

(2)  $\alpha$ -subunit binds the GTP and it is activated.

(3) -It dissociates from the  $\beta$  and  $\gamma$  complex, interacts with the effector protein (adenylyl cyclase)

(4) Adenylyl cyclase catalyzes the formation of cAMP

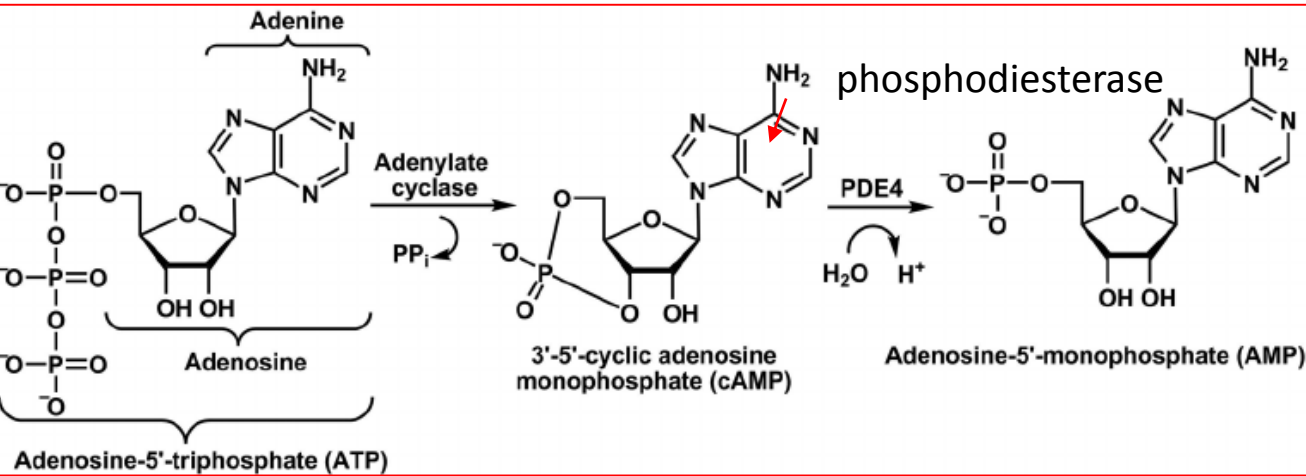
cAMP

cAMP activates PKA

The  $\alpha$  subunit hydrolyzes GTP to GDP and Pi.  
The GDP remains bound to the subunit and the Pi is released.  
The subunit is deactivated, dissociates from adenylyl cyclase and reforms the trimer

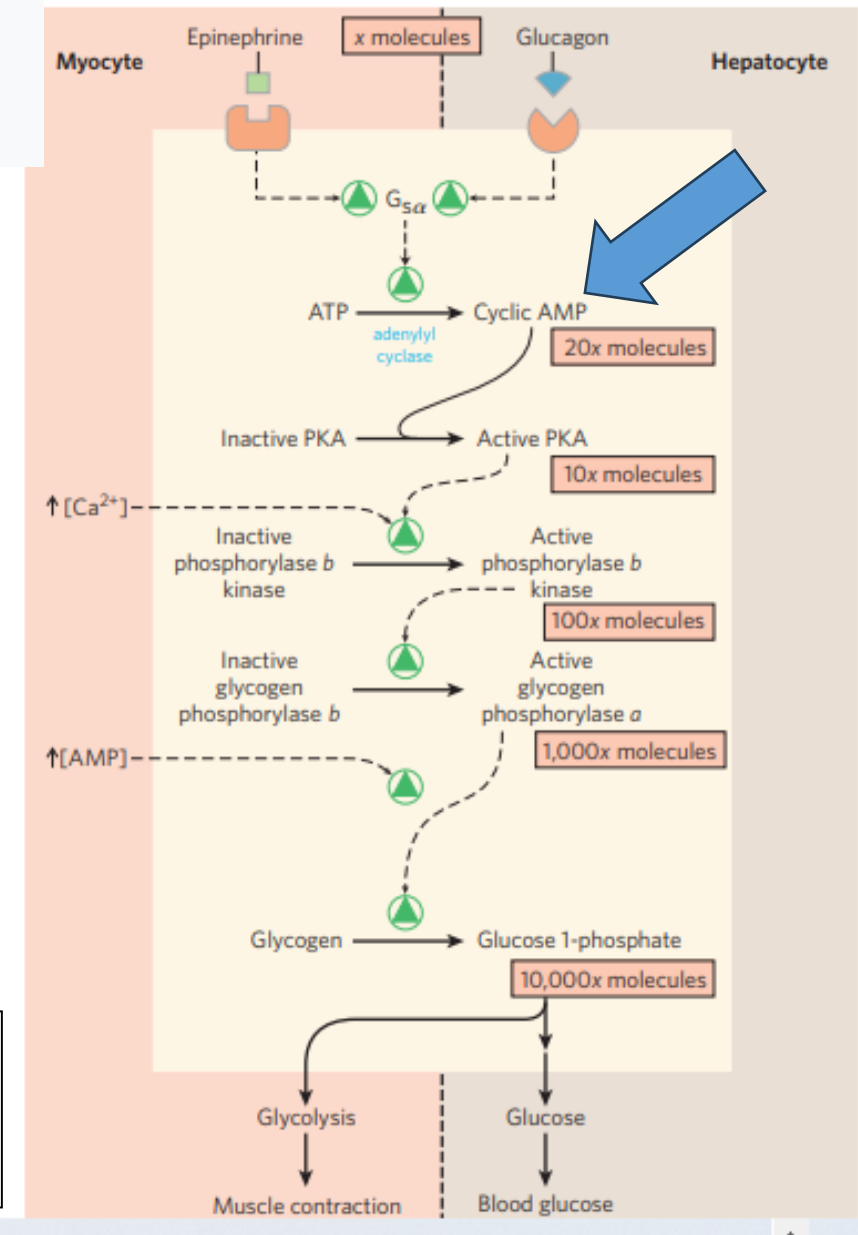
# cAMP

It is synthesized from ATP by the action of adenylate cyclase (enzyme linked to the plasma membrane)



The messages of the first messengers (hormones) on the cell surface are transmitted inside the cell by the cAMP (2 messenger)

cAMP is involved in many signal transduction pathways mediated by different hormones (not just hormones involved in glucose metabolism)



Caffeine and theophylline (drug) inhibit phosphodiesterase

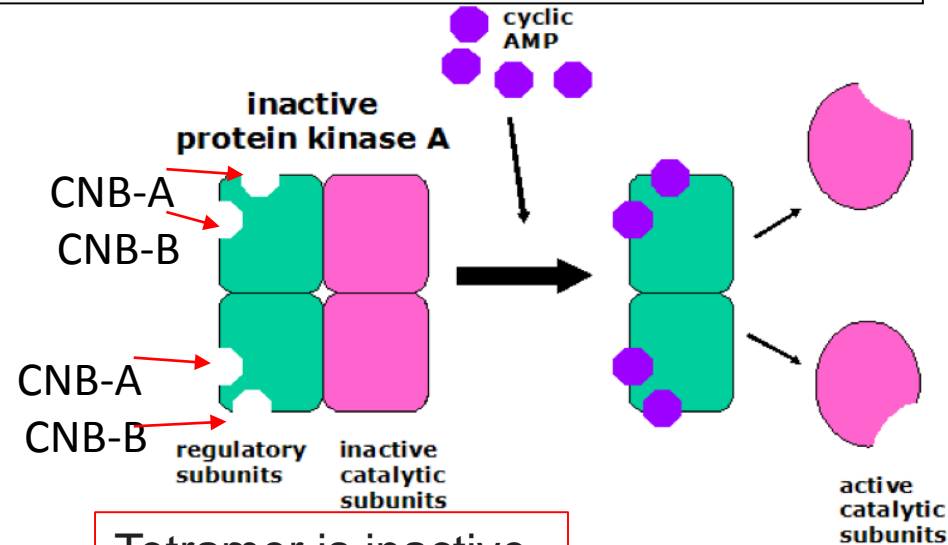
# Protein kinase A (PKA)

phosphorylates different target proteins in different tissues

## Structure

2 regulatory subunits (R)  
2 catalytic subunits (C)

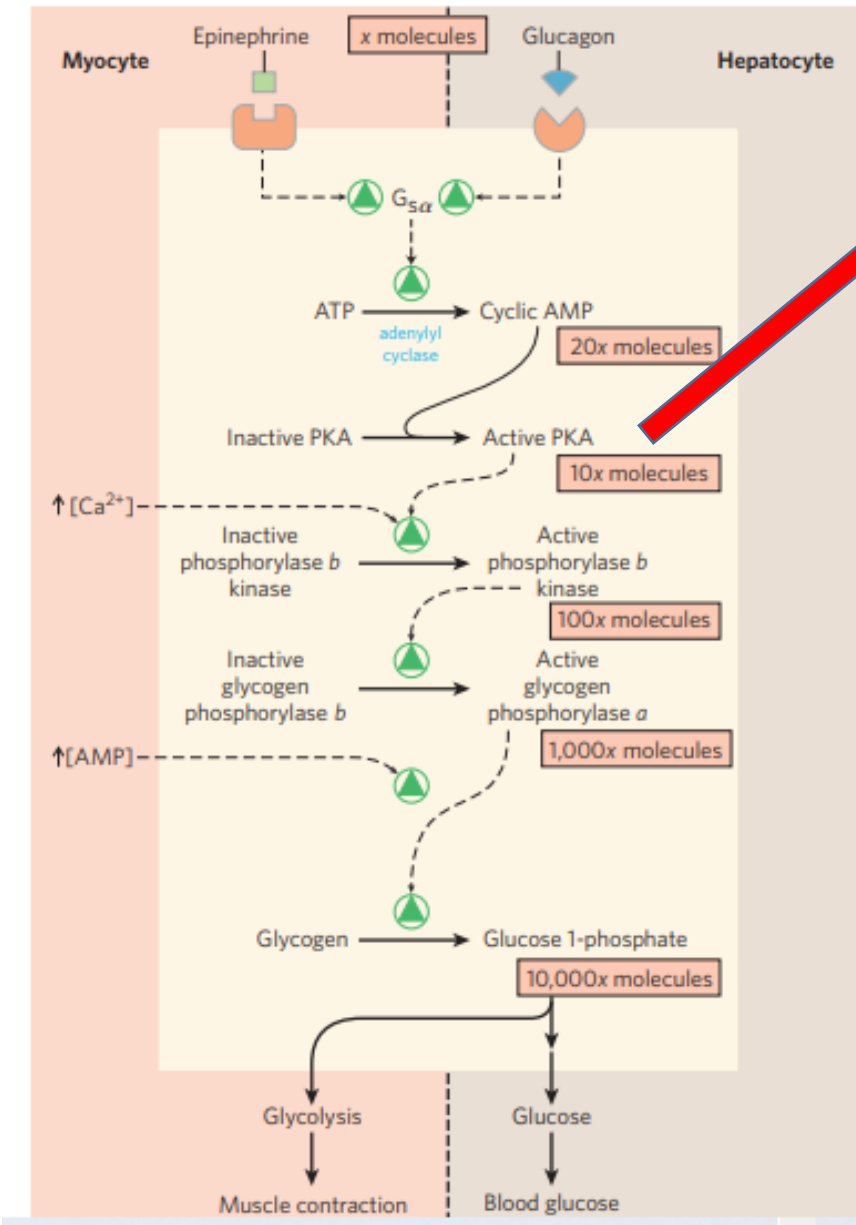
Each subunit has two sites for cAMP



R subunits dissociate from the C subunits and the protein kinase is activated

allosterically activated by Cyclic AMP (cAMP)

The binding of cAMP to both sites causes a conformational change



Hormonal regulation

Epinephrine.

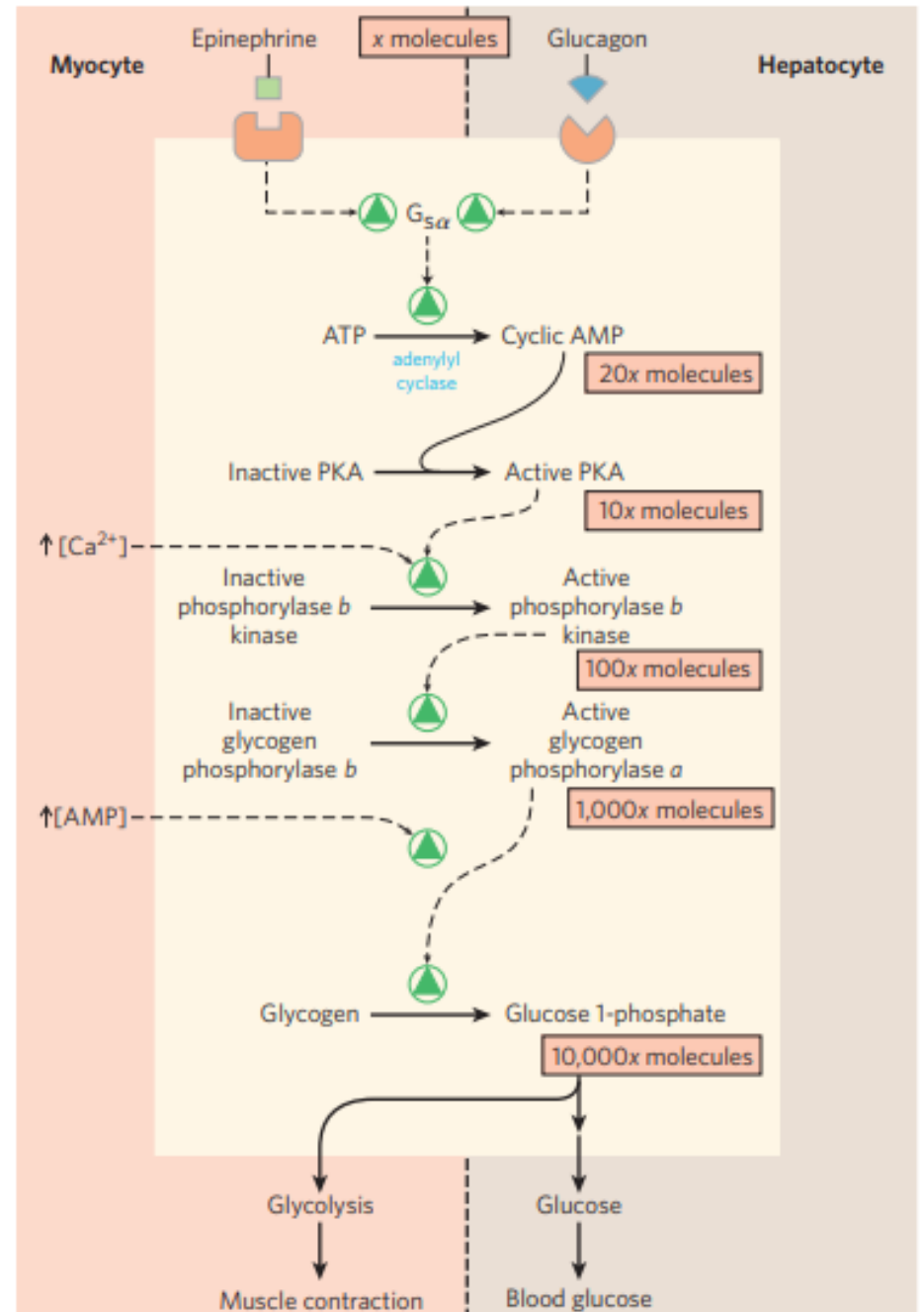
In muscle activates glycolysis to sustain muscle contraction for the fight-or-flight

Glucagon

In liver activates glycogen breakdown, counters the low blood glucose and release glucose.

These different roles are reflected in subtle differences in the regulatory mechanisms in muscle and liver.

The glycogen phosphorylases of liver and muscle are isozymes, encoded by different genes and differing in their regulatory properties.



# Muscle

Allosteric regulation occurs only in the muscle

Regulation of **phosphorylase** by covalent modification are two allosteric control mechanisms:

1)  $\text{Ca}^{2+}$ : the signal for muscle contraction, binds to and **activates phosphorylase b kinase**, promoting conversion of phosphorylase b to the active a form.

$\text{Ca}^{2+}$  binds to phosphorylase b kinase through its subunit, which is **calmodulin**.

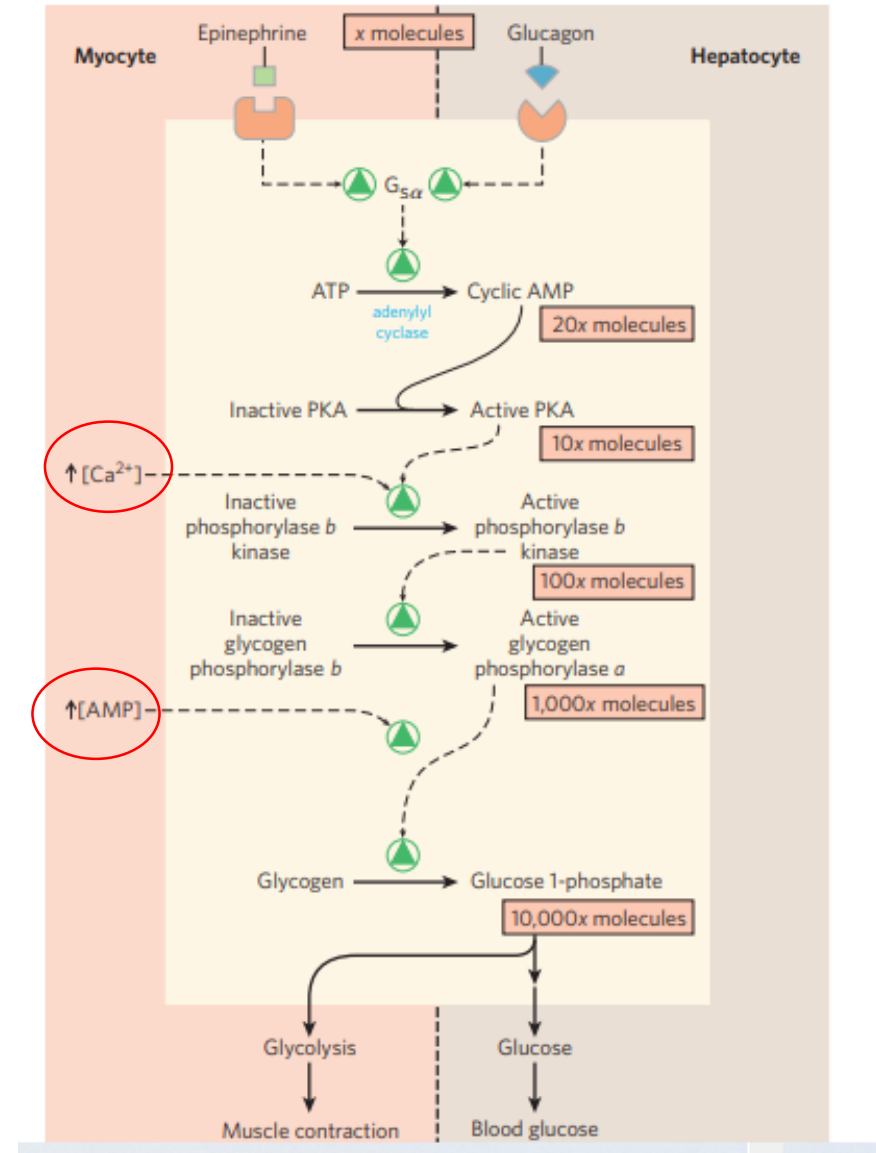
2) **AMP**, which accumulates in vigorously contracting muscle as a result of ATP breakdown, **AMP binds to and activates phosphorylase**,

**RESULT:**

**INCREASED release of glucose 1-phosphate from glycogen.**

When ATP levels are adequate

ATP blocks the allosteric site to which AMP binds, inactivating **glycogeno phosphorylase**.



# LIVER

## glycogen phosphorylase regulation

Regulated hormonally and allosterically.



(phosphorylation/dephosphorylation)

Low blood glucose level



glucagon



activates phosphorylase b kinase,



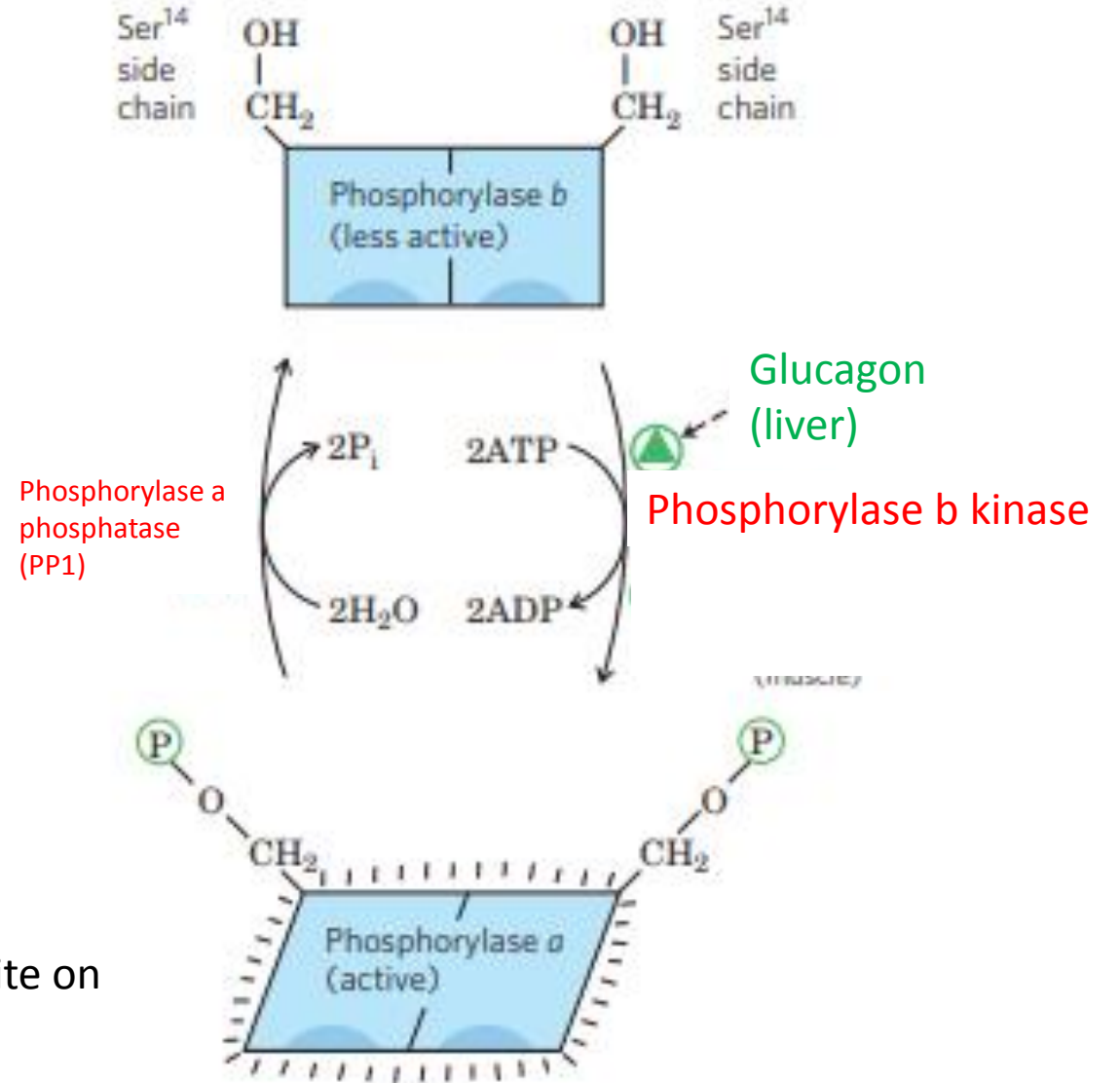
release of glucose into the blood.

When blood glucose levels return to normal,



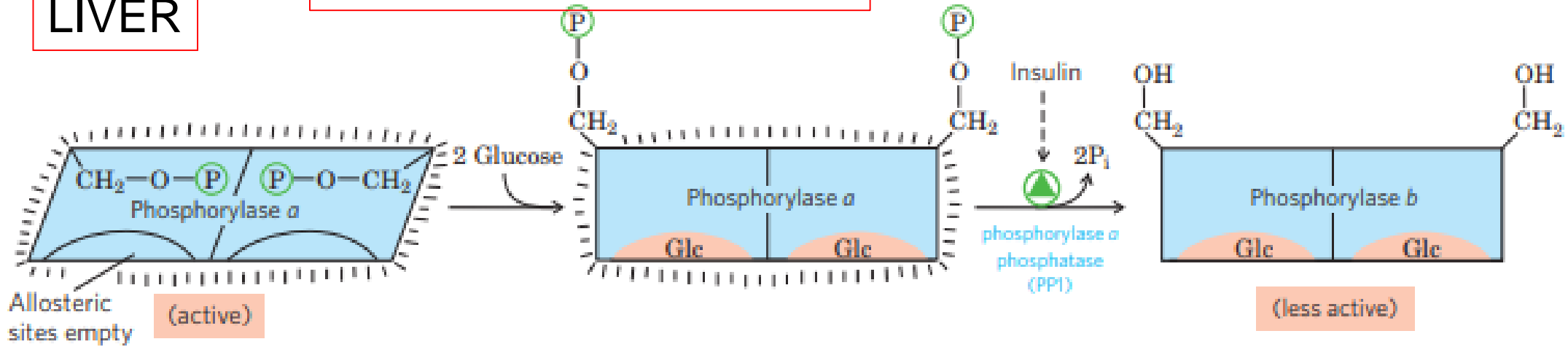
Glucose enters hepatocytes and binds to an inhibitory allosteric site on phosphorylase a.

This binding also produces a conformational change that exposes the phosphorylated Ser residues to PP1 that dephosphorylates enzyme

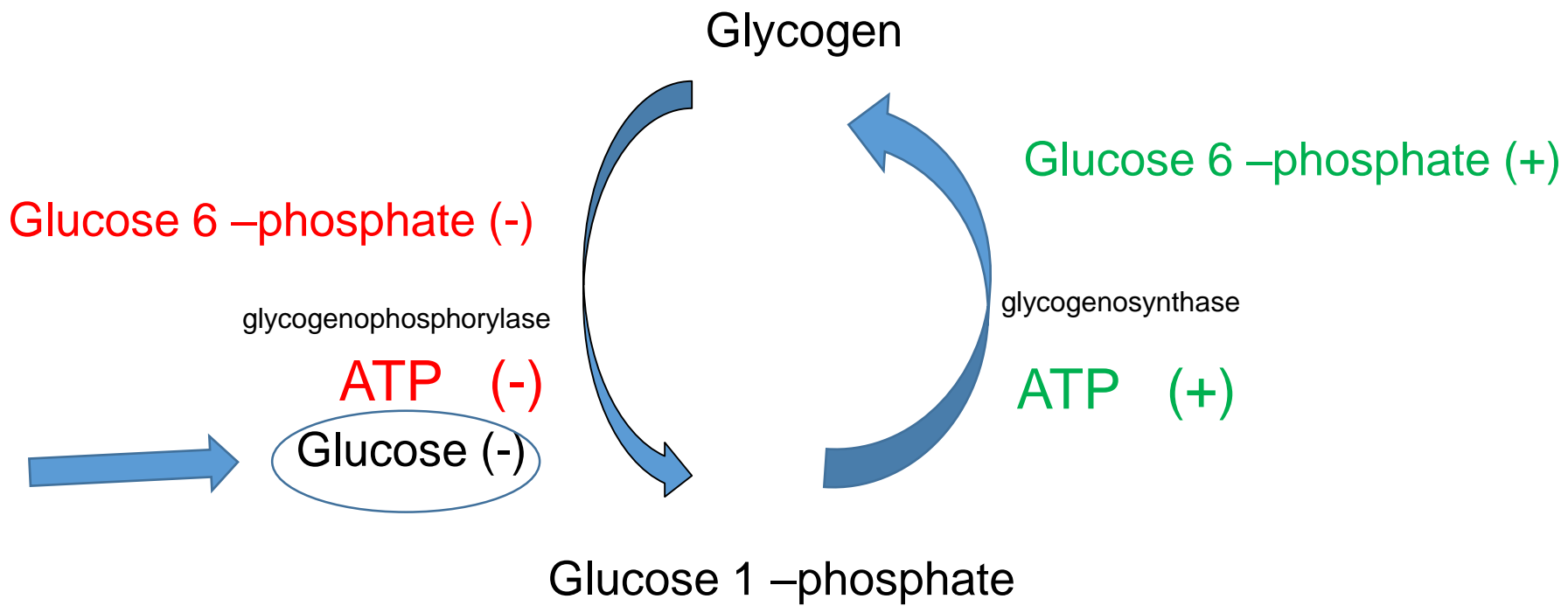


# LIVER

Regulated allosterically from glucose

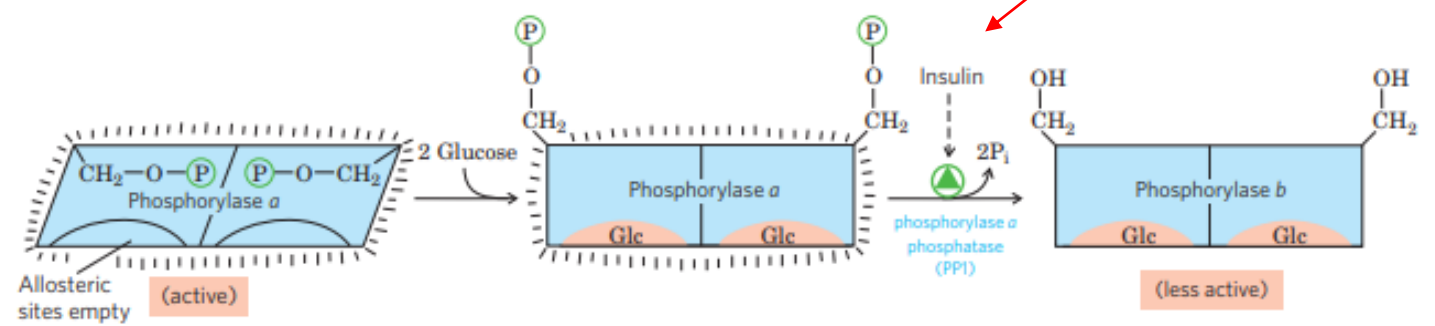


The allosteric site for glucose allows liver **glycogen phosphorylase** to act as its own glucose sensor and to respond appropriately to changes to blood glucose.

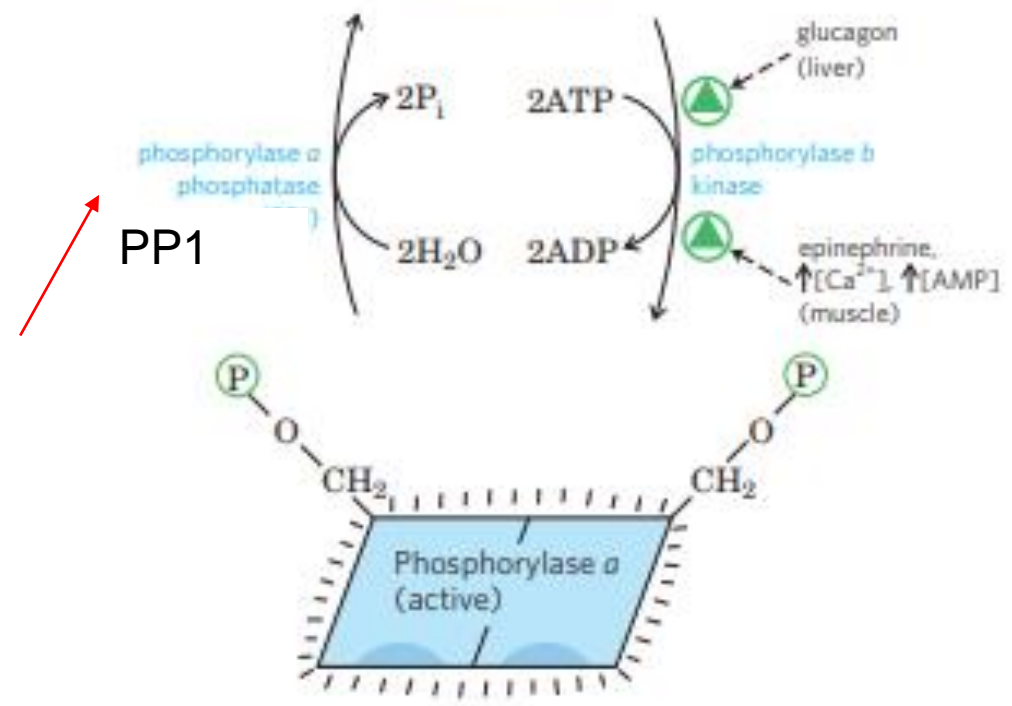
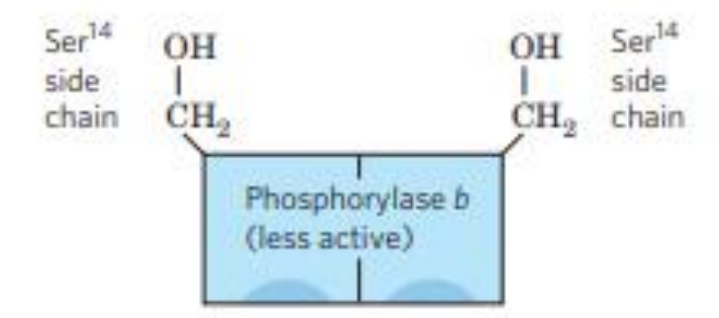


# LIVER

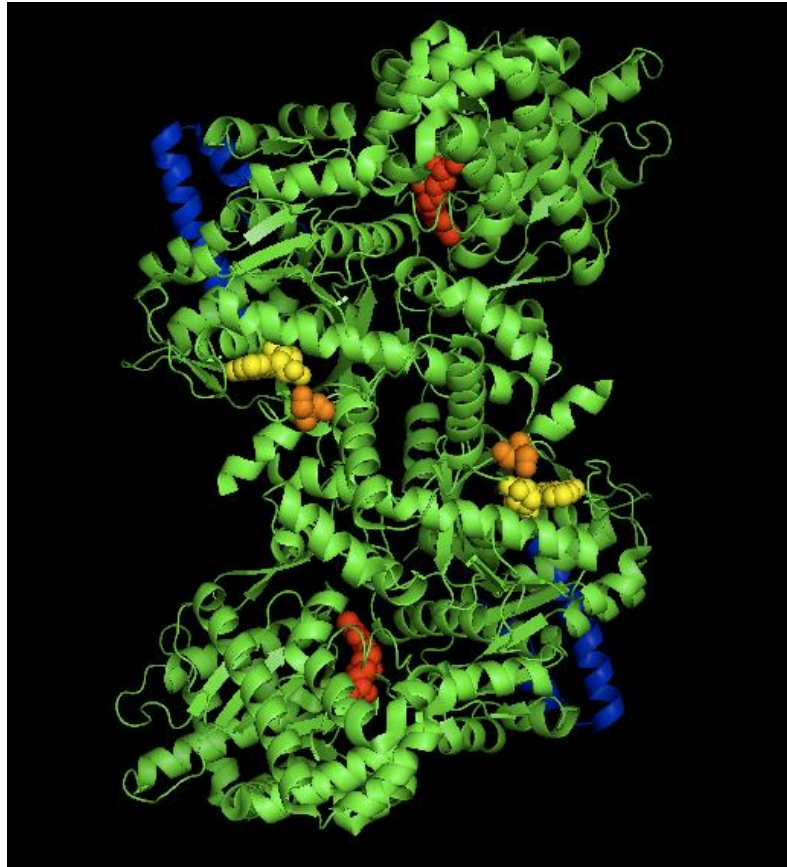
# INSULIN



**Insulin** activates PP1  
↓  
glycogen phosphorylase (inactivated)  
↓  
increase glycogen synthesis



# Glycogen synthase



# Glycogen synthase

Glycogen synthase a (active) has **three Ser residues** near its carboxyl terminus.

Phosphorylated by GSK3  
(glycogen synthase kinase 3)



Glycogen synthase from (a) form is converted to the inactive (b) form.

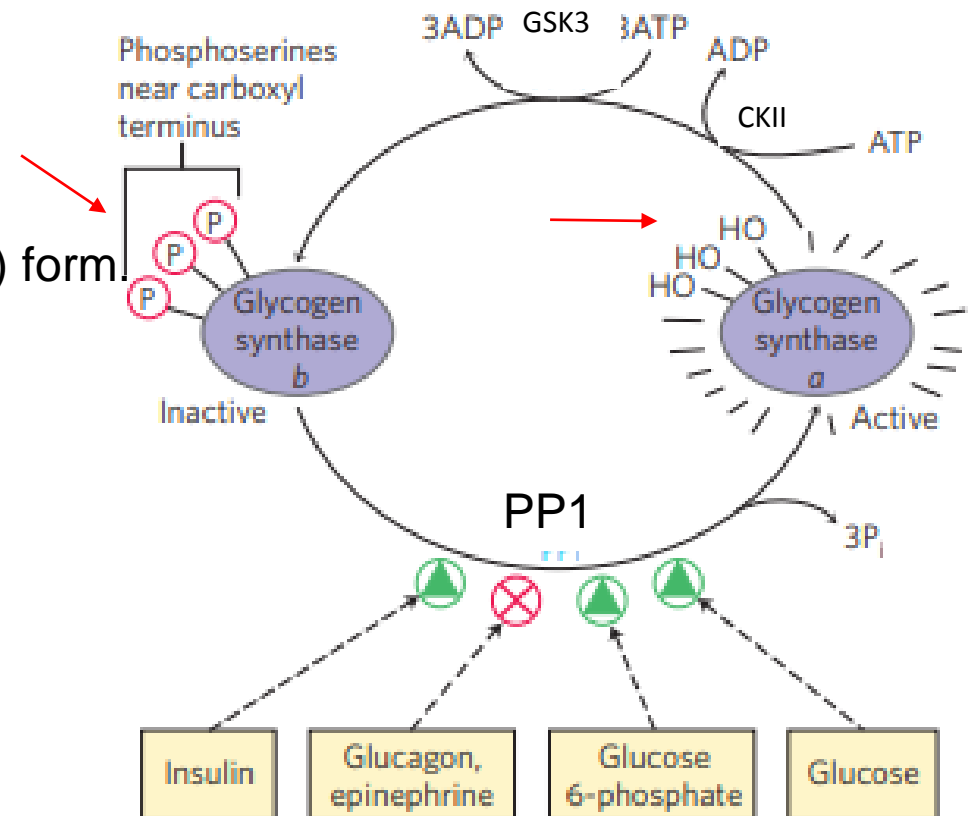
**GSK3** requires prior phosphorylation of glycogen synthase by casein kinase (CKII).

# Effects of GSK3

## Glycogen Synthase Kinase 3

Glycogen synthesis is ensured by the intervention of three enzymatic activities:

- 1) UDP-glucose pyrophosphorylase
- 2) **Glycogen synthetase (or synthase)**
- 3) Glycogen branching enzyme



# Liver

Regulated hormonally and allosterically.

Conversion of **glycogen synthase b** to the **active form** is promoted by **PP1**, which is bound to the glycogen particle.

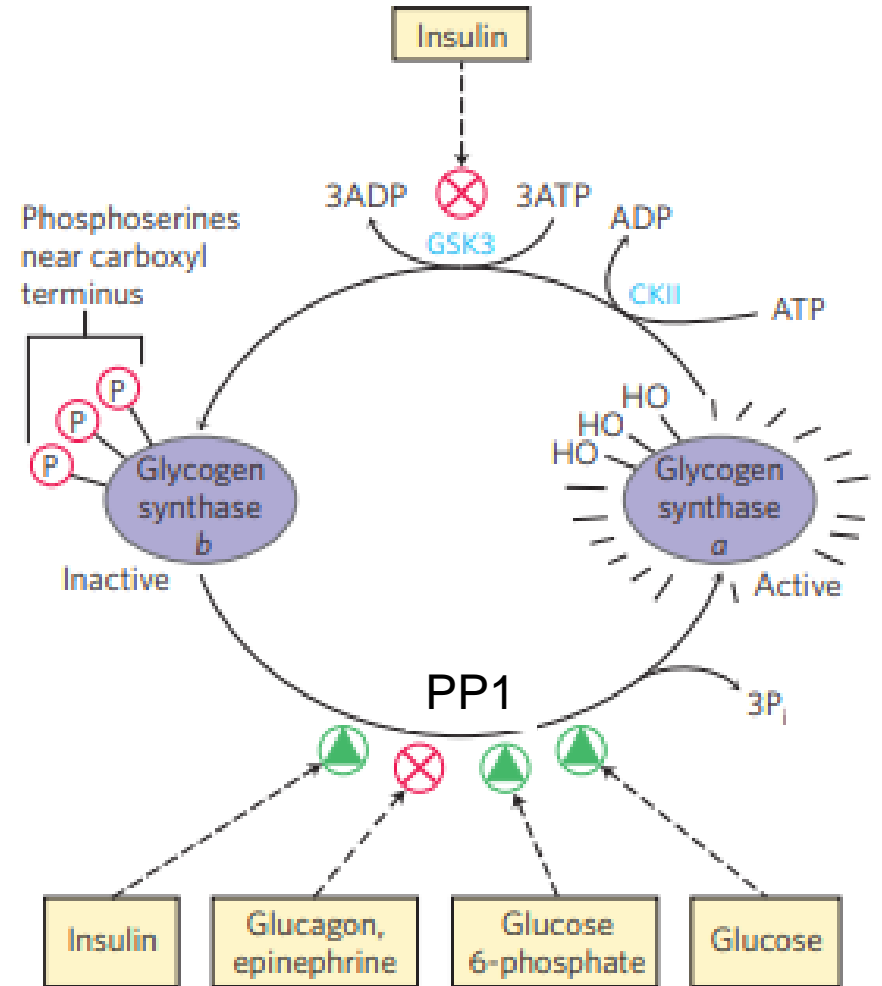
PP1 removes the phosphoryl groups from the **three Ser residues**

**Glucose 6-phosphate** binds to an allosteric site of glycogen synthase b, making the enzyme a better substrate for dephosphorylation by PP1 and causing its activation.

Glucose 6-phosphate acts as sensor. (similarly to glucose for glycogen phosphorylase)

# Muscle

**A different phosphatase** may have the role played by PP1 in liver, activating glycogen synthase by dephosphorylating it



LIVER

INSULIN

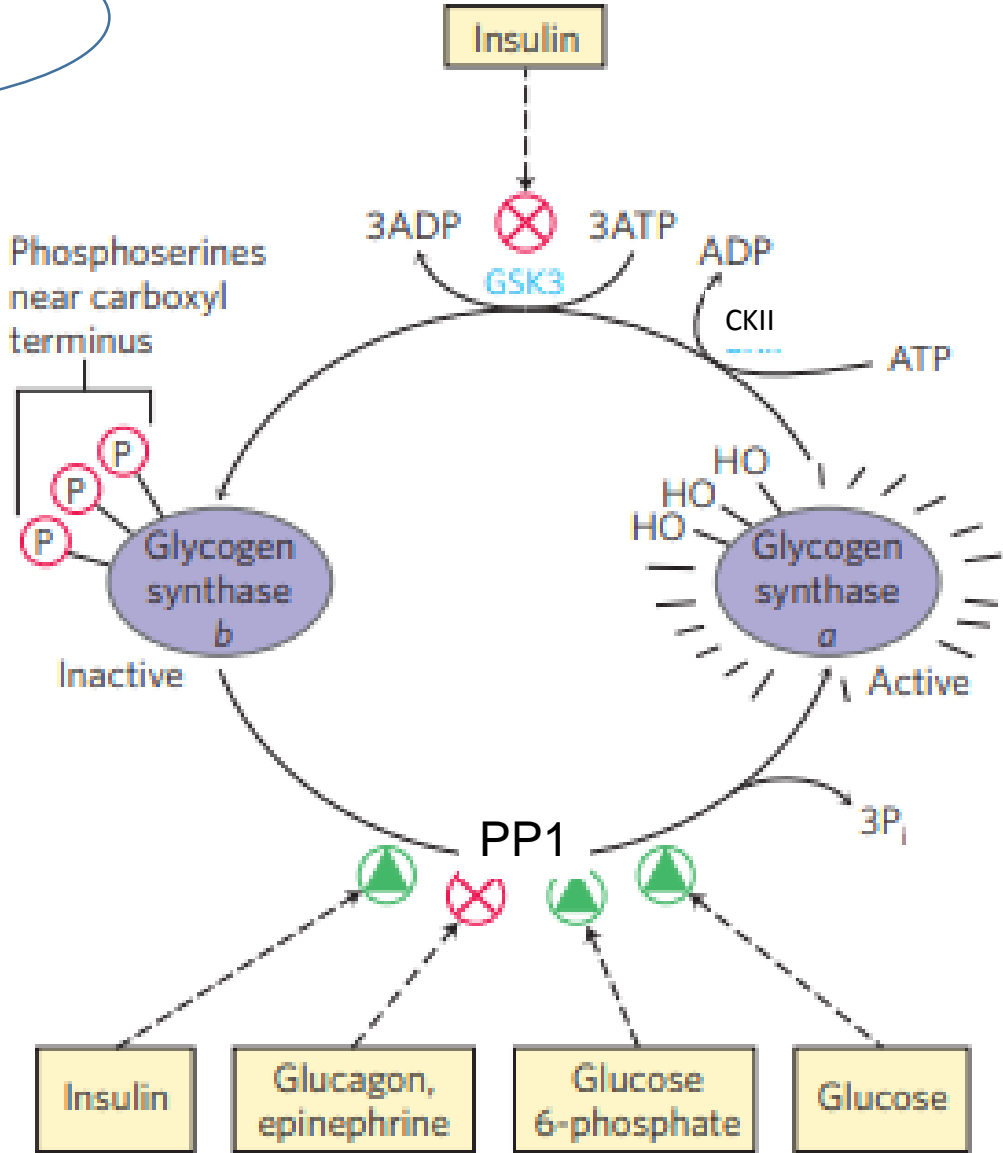
blocks the activity of GSK3

Blocks Glycogen synthase *b*

activates PP1

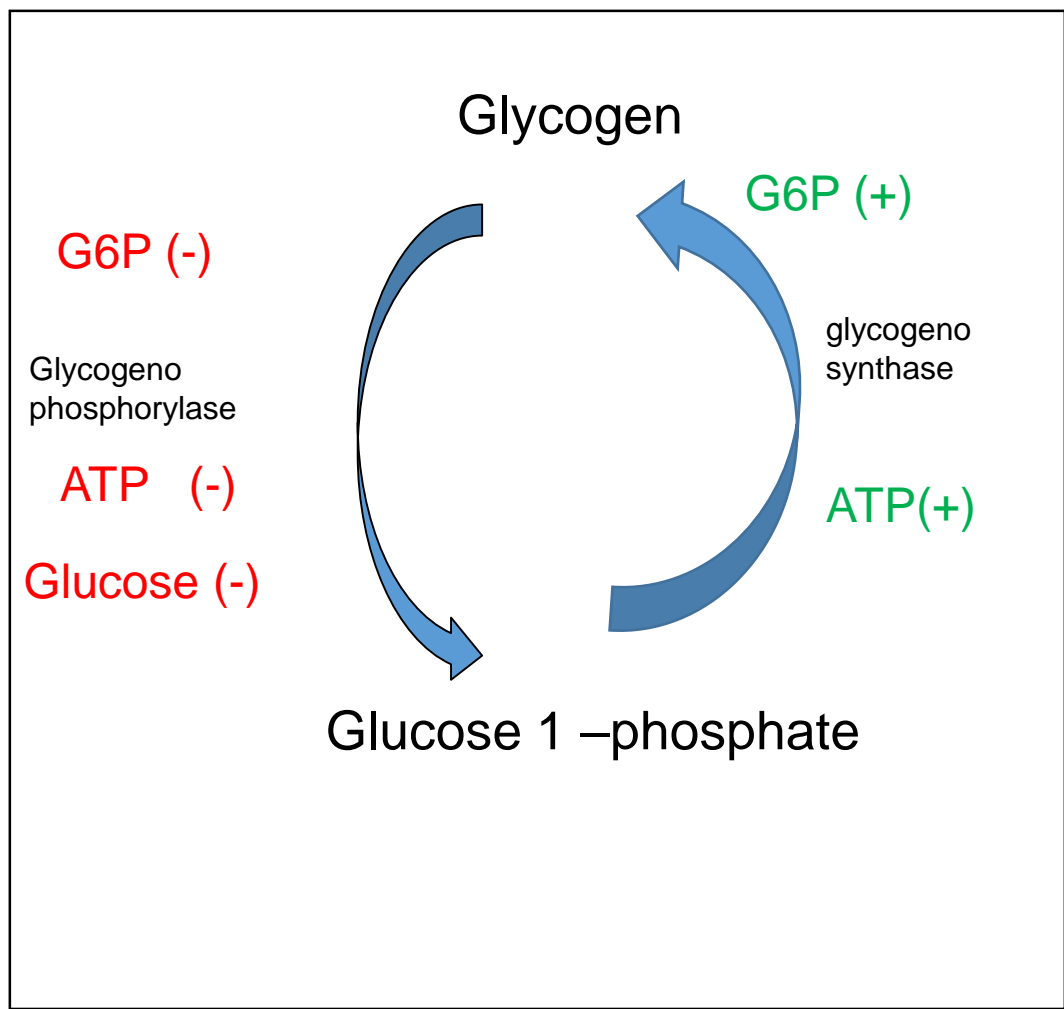
RESULT

Activates glycogenosynthesis

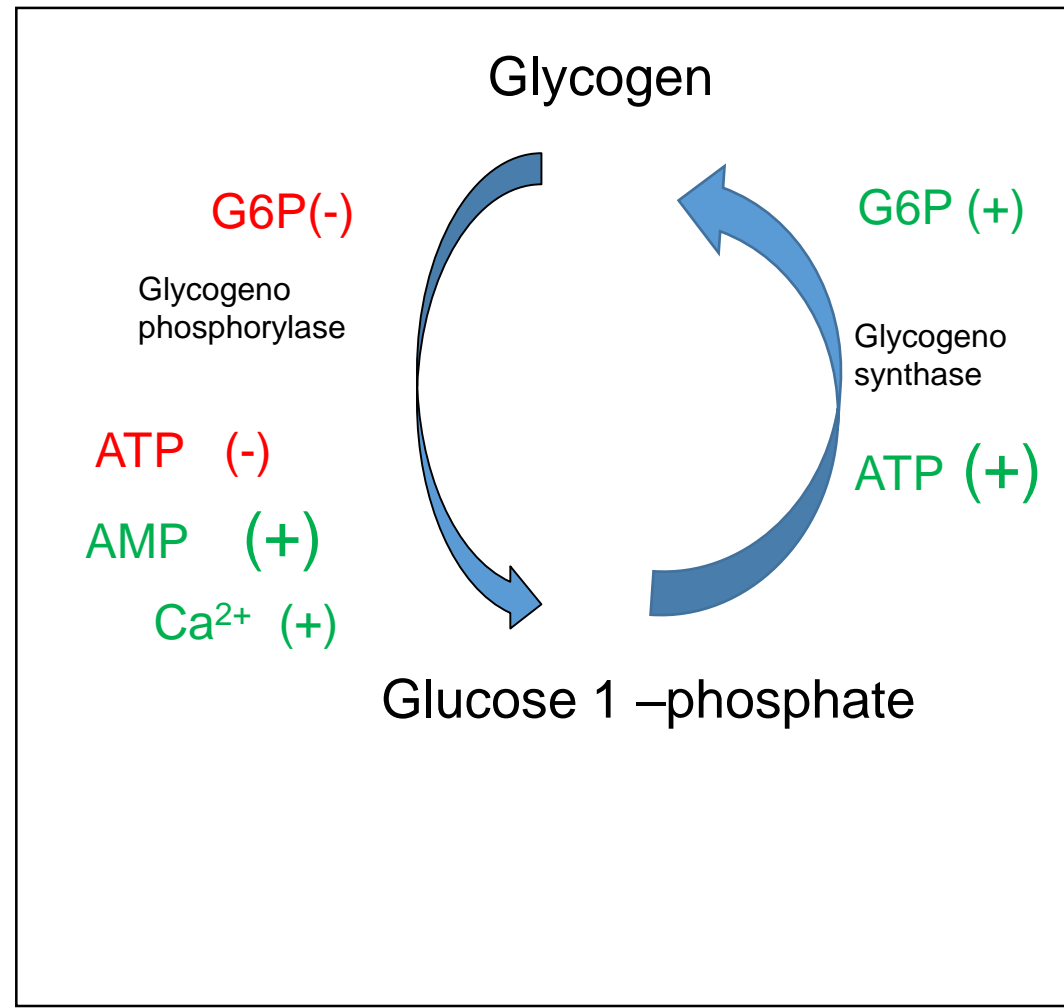


ALLOSTERIC INTERACTION

LIVER



MUSCLE

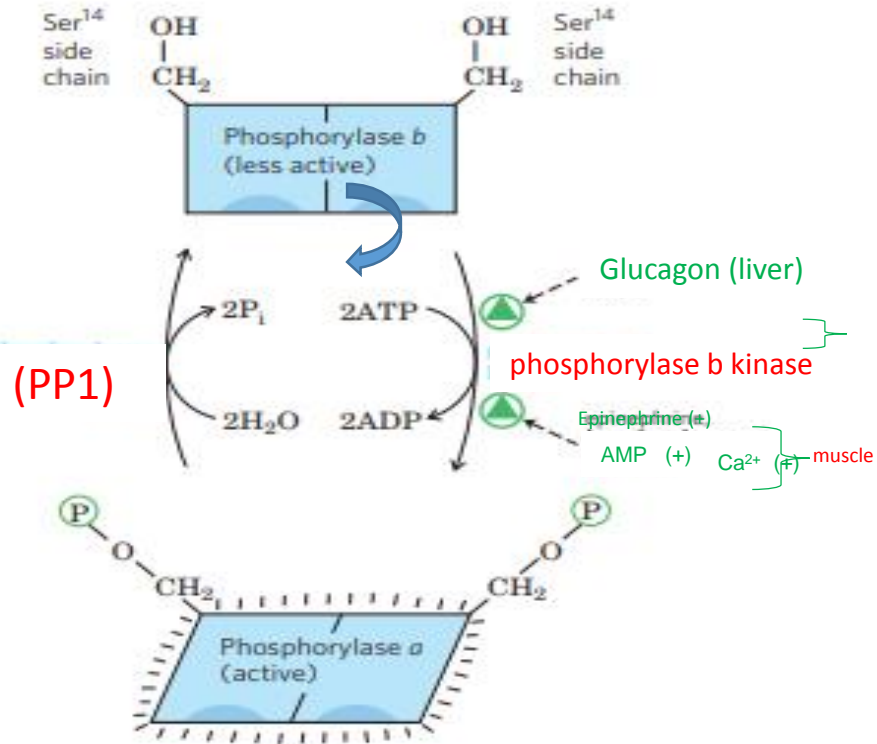


Phosphoprotein Phosphatase 1 (PP1)  
Is Central to Glycogen Metabolism

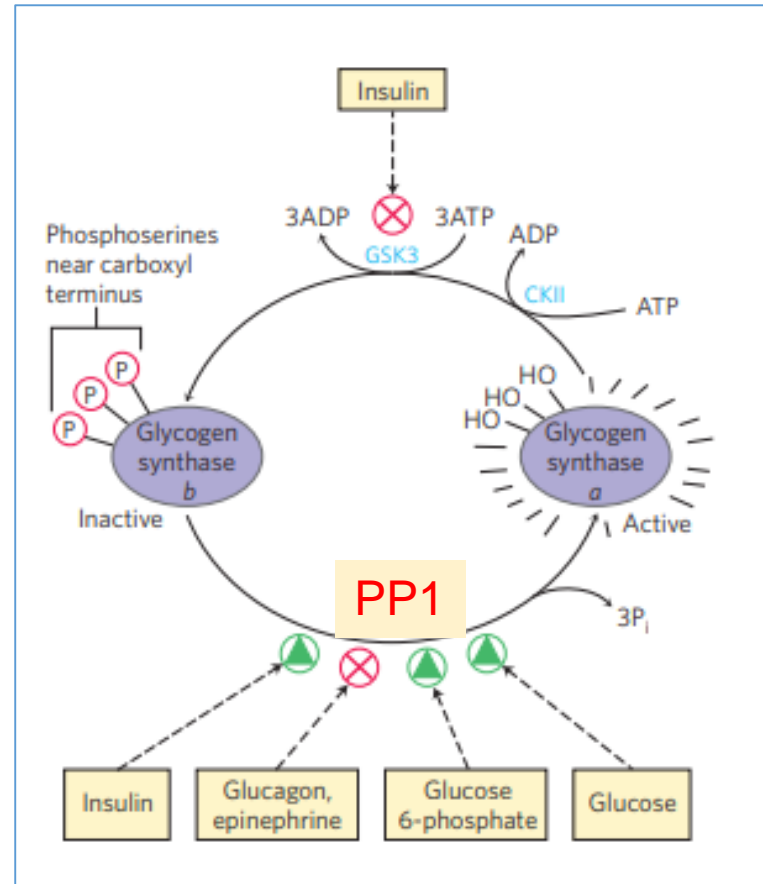
# Phosphoprotein Phosphatase 1 (PP1) Is Central to Glycogen Metabolis

PP1, can remove phosphoryl groups from all three of the enzymes phosphorylated in response to glucagon (liver) and epinephrine (liver and muscle):

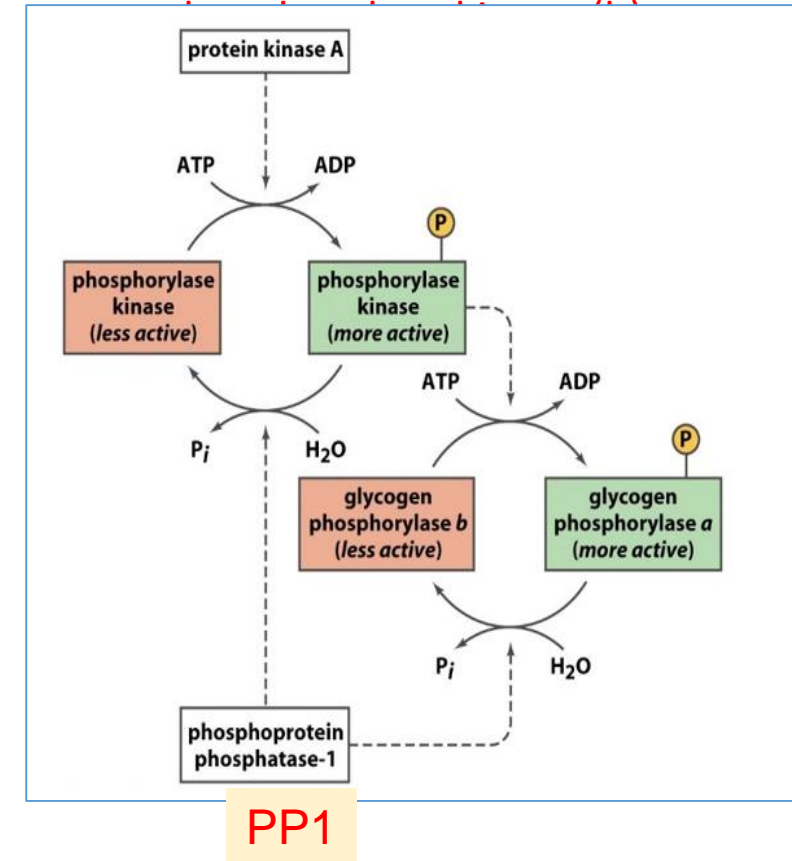
## glycogen phosphorylase



## glycogen synthase



## phosphorylase kinase



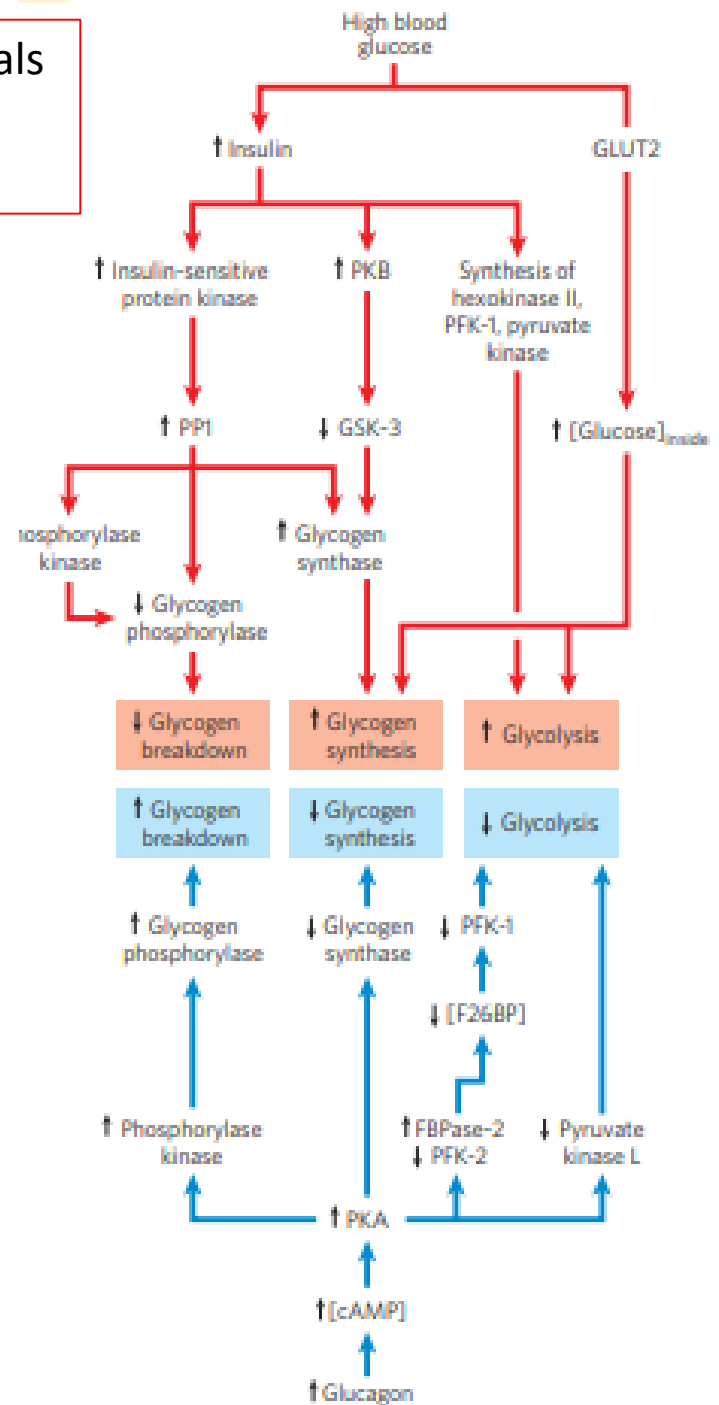
**Allosteric and Hormonal Signals Coordinate Carbohydrate Metabolism Globally**

Having looked at the mechanisms that regulate individual enzymes,

we can now consider the overall shifts in carbohydrate metabolism that occur:

- in well-fed state,
- during fasting,
- in the fight-or-flight response

signaled by **insulin, glucagon, and epinephrine**



Exist two cases in which regulation serves different ends:

- (1) the role of **hepatocytes** in supplying glucose to the blood,
- (2) the use of carbohydrate fuels by **nonhepatic tissues** such as skeletal muscle (myocytes),

After ingestion of a **carbohydrate-rich meal**,

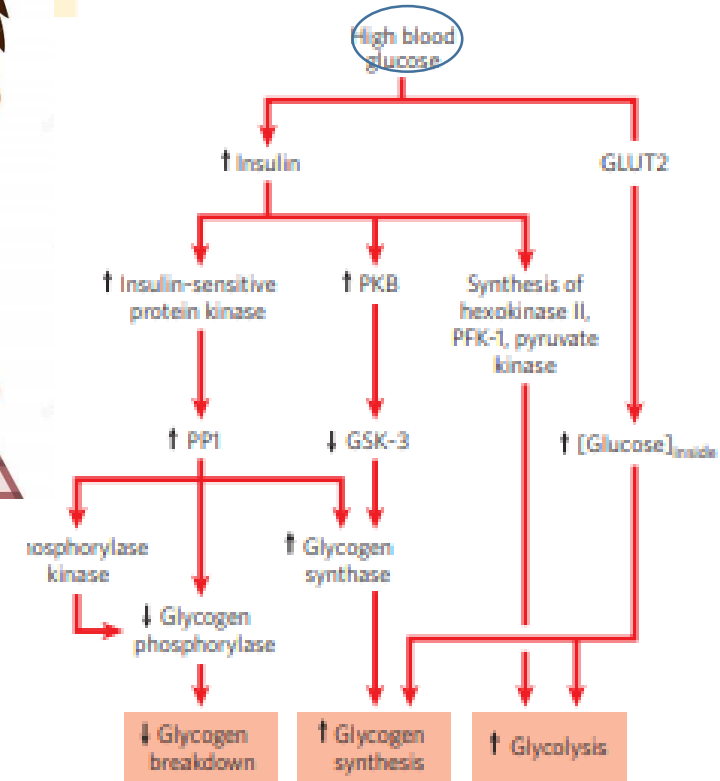
the elevation of blood glucose triggers **insulin release**

Hepatocyte

insulin has two immediate effects:

- **inactivates GSK3**,
  - **activates** a protein phosphatase **PP1**.
- These two actions fully activate glycogen synthase.

- PP1 also inactivates **glycogen phosphorylase a** and **phosphorylase kinase** by dephosphorylating both, effectively **stopping glycogen breakdown**.

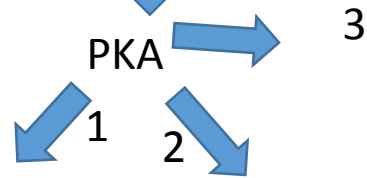


During an extended fast

blood glucose DECREASE

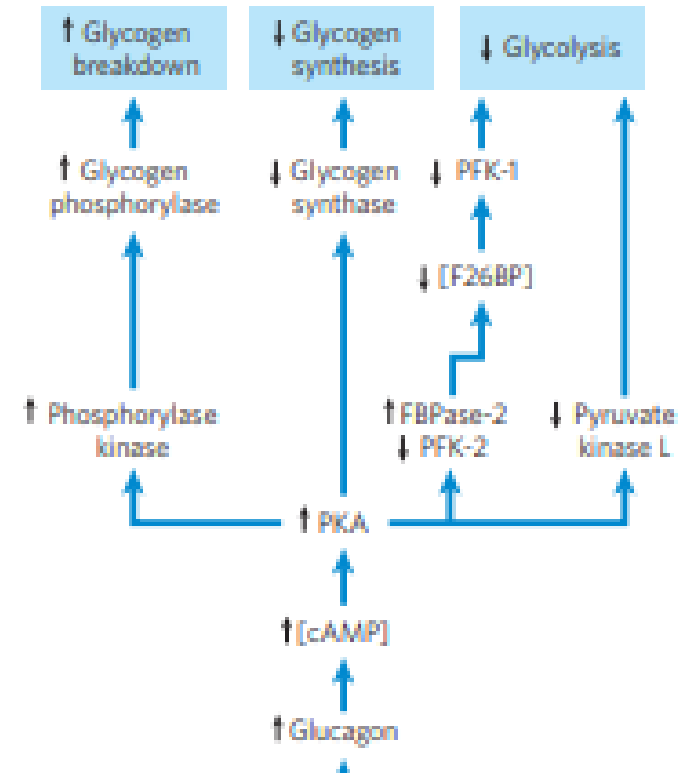
Glucagon RELEASE

ACTIVES cascade that activates PKA



Phosphorylates phosphorylase kinase, activating it and leading to the activation of glycogen phosphorylase.

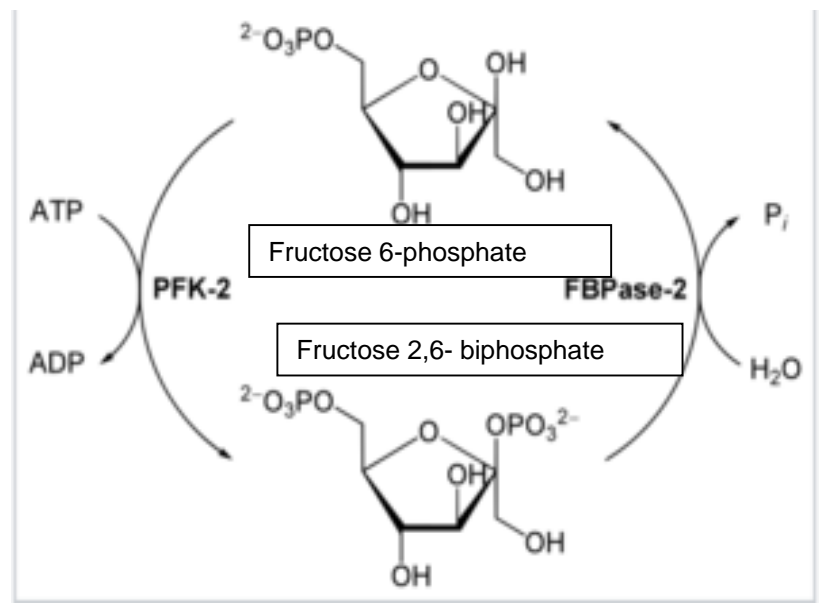
Phosphorylates glycogen synthase, inactivating it and blocking glycogen synthesis.



**Phosphofruktokinase - 2 (PFK-2).**

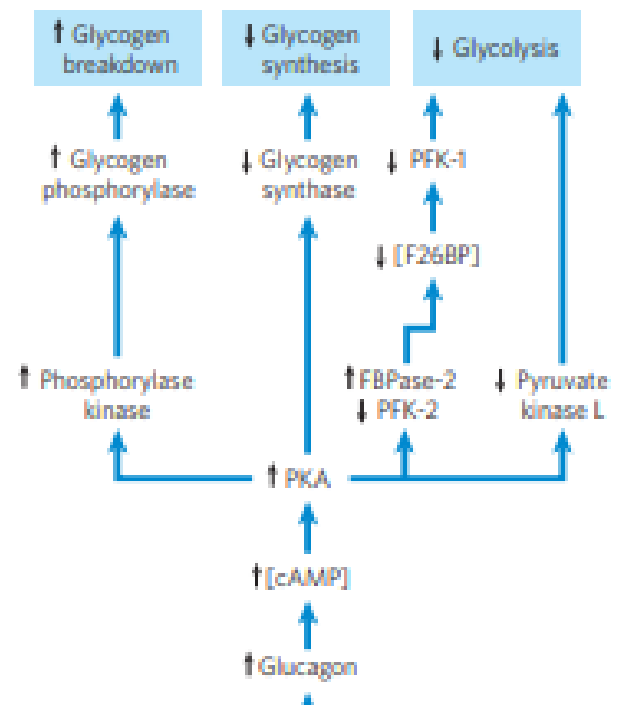
PKA

3

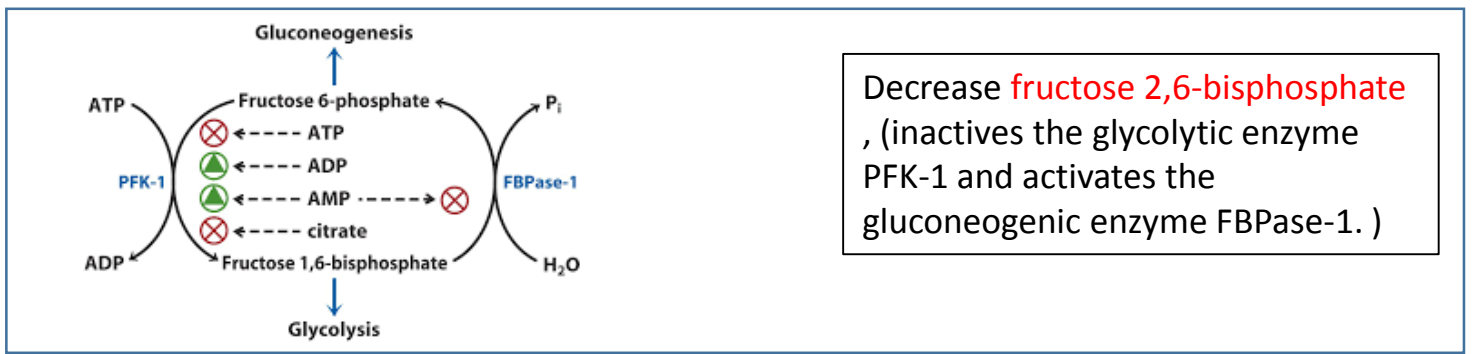


Phosphorylates PFK-2/FBPase-2

DECREASE Fructose 2,6-bisphosphate

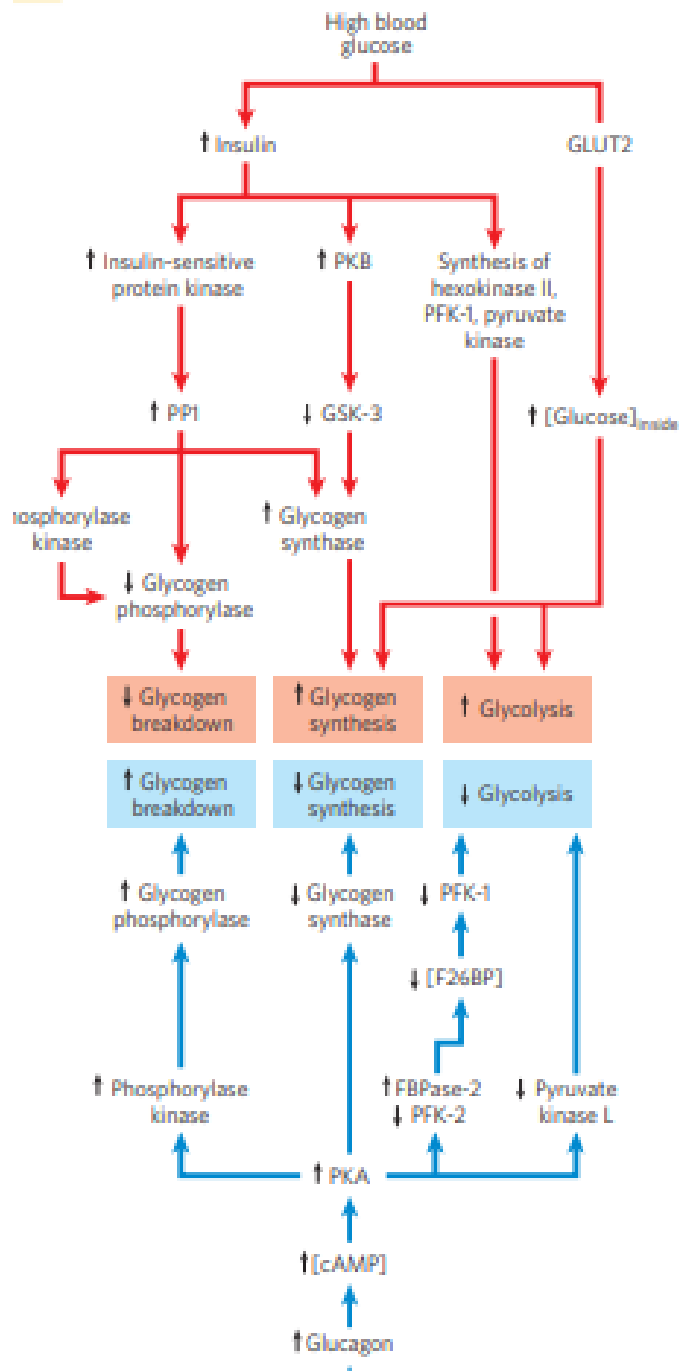


Fructose 2,6-bisphosphate is allosteric activator of PFK-1)



Decrease fructose 2,6-bisphosphate, (inactivates the glycolytic enzyme PFK-1 and activates the gluconeogenic enzyme FBPase-1.)

Glycolysis is Inhibited  
Gluconeogenesis is favored

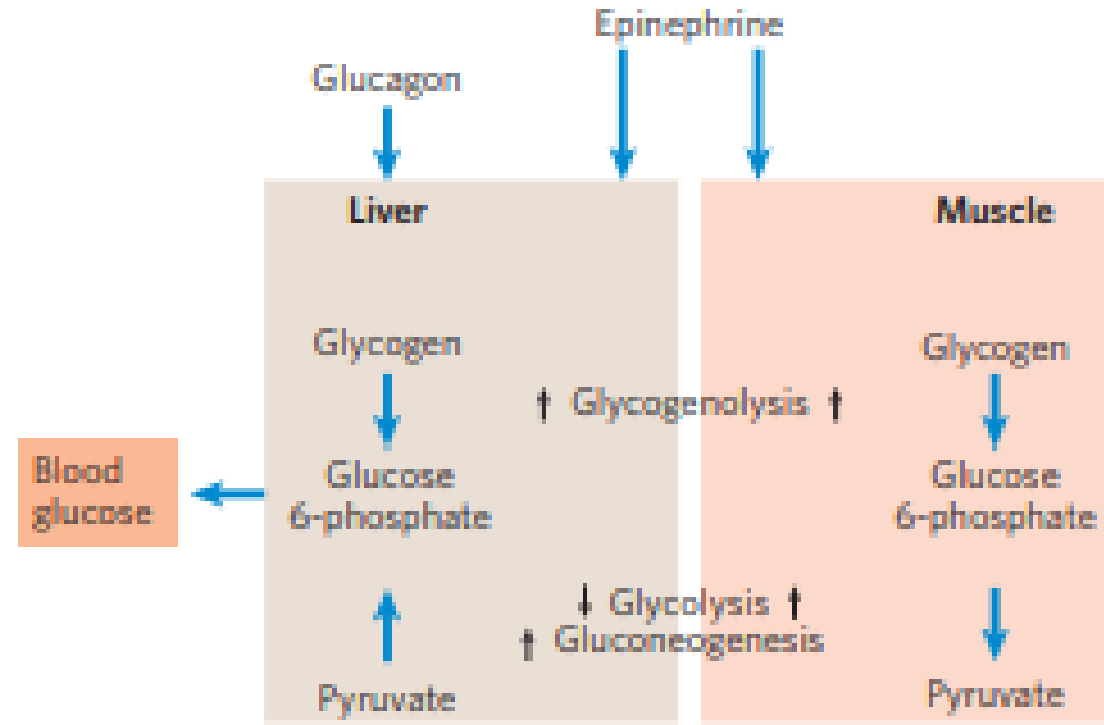


# Liver



- 1) produces **glucose 6-phosphate** by glycogen breakdown and by gluconeogenesis,
- 2) stops using glucose to fuel glycolysis or make glycogen
- 3) INCREASES the amount of glucose it can release to the blood.

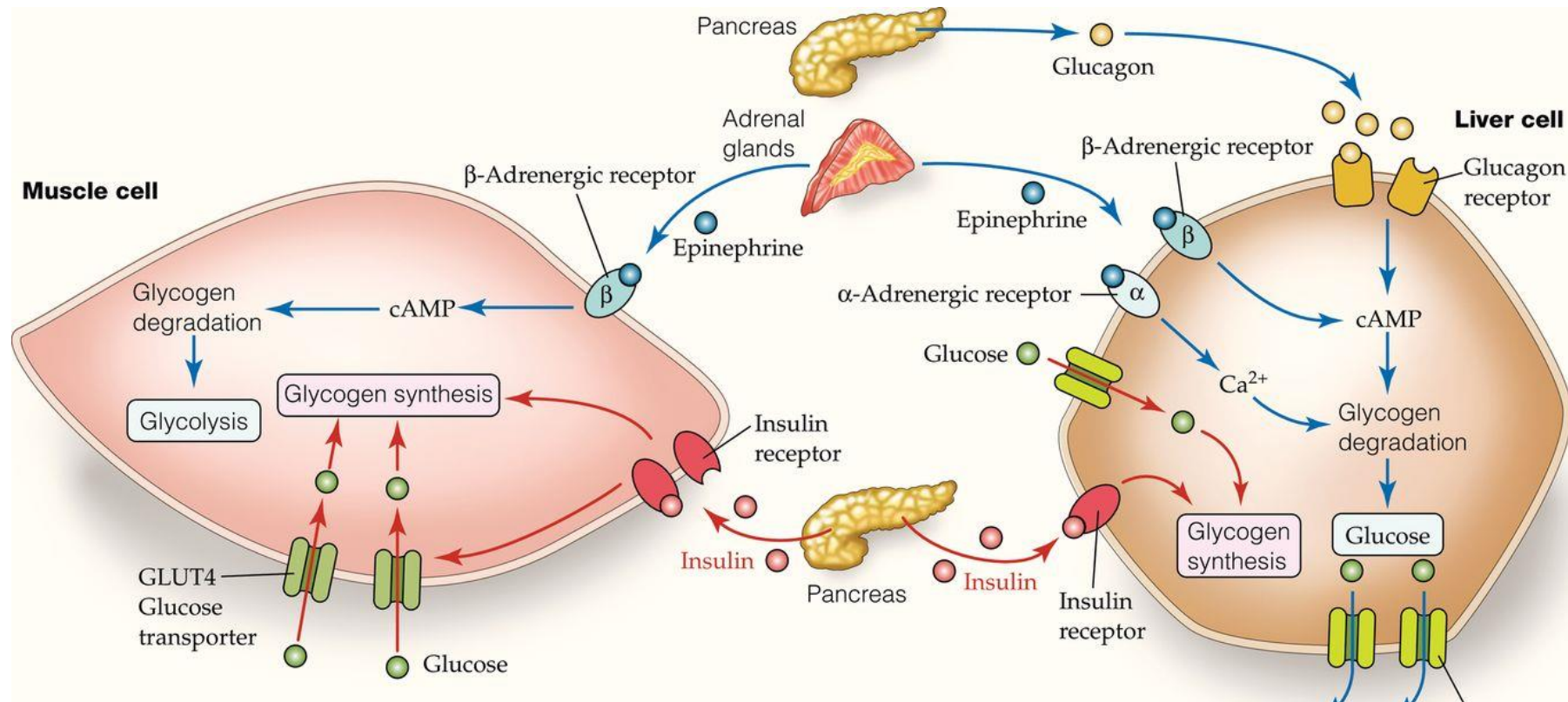
**This release of glucose is possible only in liver and kidney, because other tissues lack glucose 6-phosphatase**



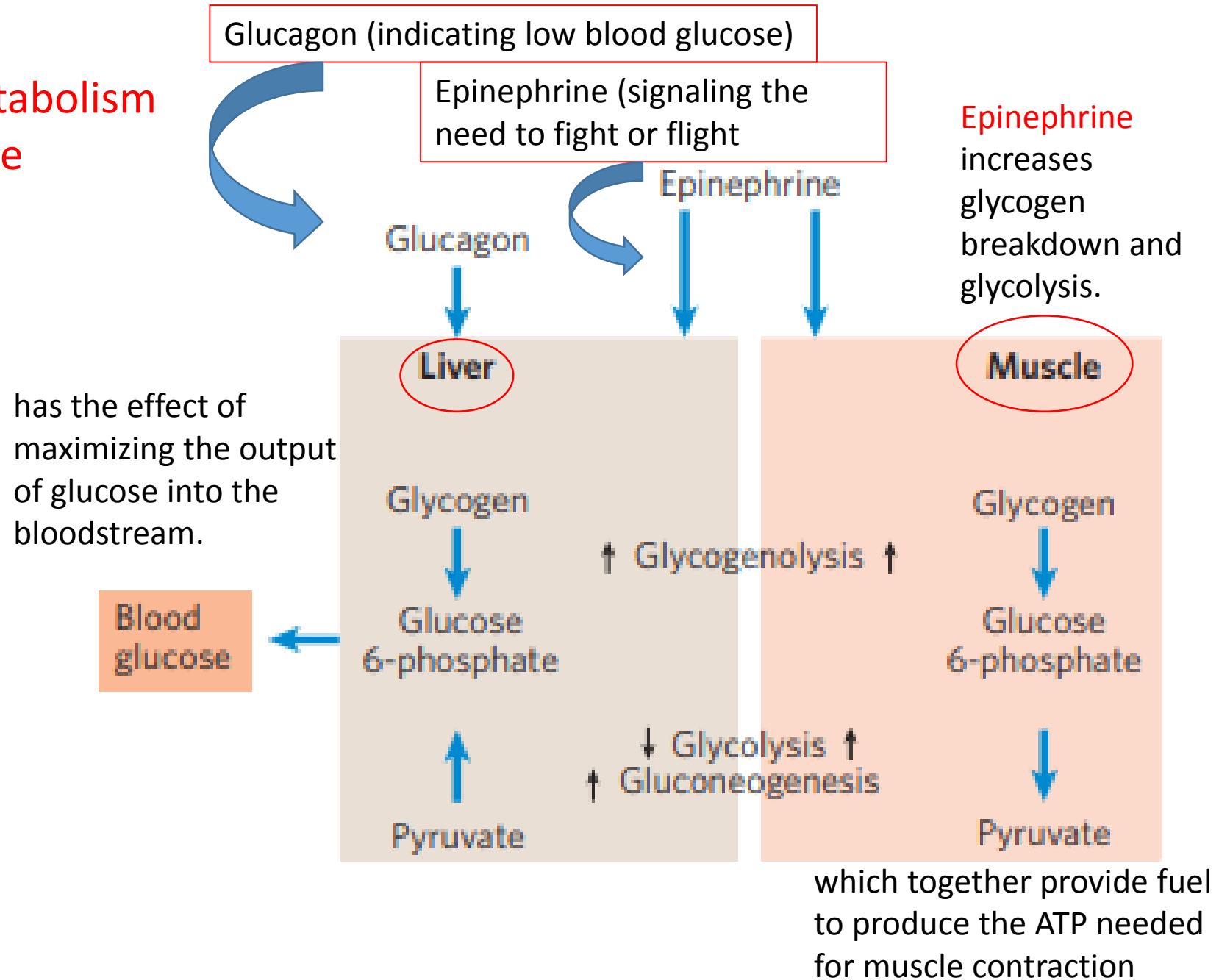
Skeletal muscle differs from that of liver in three ways :

- (1) muscle uses its stored glycogen only for its own needs;
- (2) as it goes from rest to vigorous contraction, muscle undergoes very large changes in its demand for ATP, which is supported by glycolysis;
- (3) muscle lacks the enzymatic machinery for gluconeogenesis.

## MUSCLE



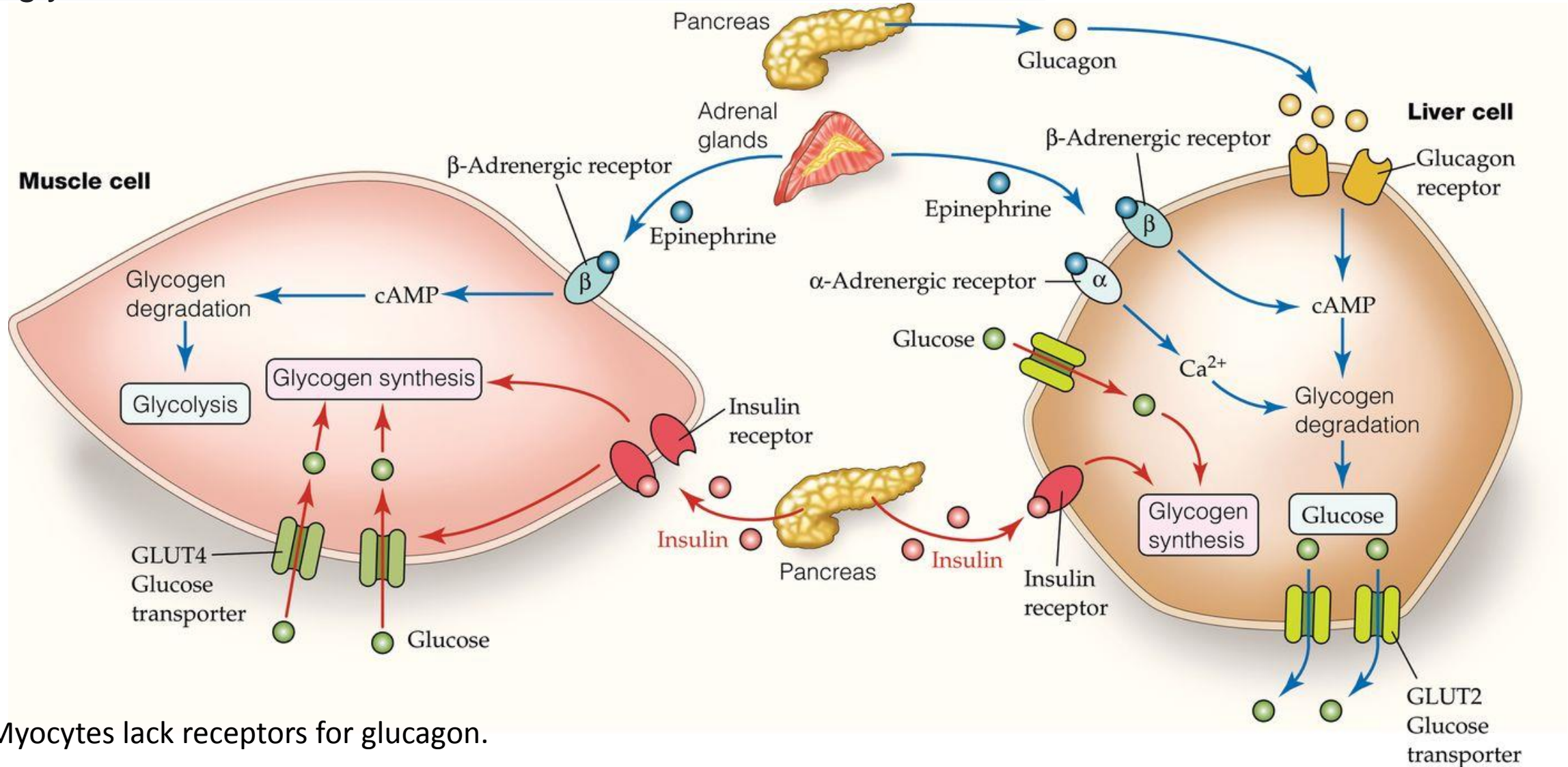
# Regulation of carbohydrate metabolism in liver and muscle



# Hormonal Control of Glycogen Metabolism

Hyperglycemic hormon: GLUCAGON and Ephinephrine

Hypoglycemics: INSULIN



Myocytes lack receptors for glucagon.