

## Samantha Pinna

### WORK EXPERIENCE

April, 1<sup>st</sup>, 2025 –  
today

#### Adjunct Professor of English

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Deliver English language courses in the Department of Medical Sciences and Public Health.
- Design course syllabi, develop lectures and assignments, and evaluate student performance.
- Contribute to student mentoring and academic guidance activities.

October, 15<sup>th</sup>, 2024 –  
today

#### Data manager

University of Cagliari – Department of Medical Sciences and Public Health - Cittadella Universitaria - S.S. 554 bivio per Sestu - 09042 - Monserrato (Italy)

- Enter data related to autologous and allogeneic hematopoietic stem cell transplants into the EBMT's ProMISe database, ensuring accuracy and compliance with international standards.

October, 1<sup>st</sup>, 2023 –  
today

#### PhD fellow in the PhD program “Capacities Building for Global Health”

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Develop a research project on the implementation status of the UN Convention on the Rights of Persons with Disabilities (CRPD) in different European and non-EU Mediterranean countries
- Contribute to building networks with European and non-European universities, institutions and relevant international organizations
- Contribute to research and publications in the field of mental health and human rights
- Contribute to the preparation of briefing notes, background notes, feedback notes of meetings and speaking points

April, 1<sup>st</sup>, 2023 –  
September 2023

#### Volunteer researcher

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Contributed to research and manuscript editing on mental health and human rights.
- Supported project design and proposal development.
- Facilitated communication with public institutions, UN entities, and NGOs.
- Assisted in international partnership development and early-stage fundraising.

April, 1<sup>st</sup>, 2022 –  
September, 30<sup>th</sup>, 2023

#### External relations officer

ASL n. 7 del Sulcis Iglesiente – Via Dalmazia, 83 - 09013 – Carbonia (Italy)

- Managed external communications with institutional and non-institutional stakeholders.
- Drafted resolutions, official correspondence, and policy documents.
- Supported the coordination of meetings and institutional outreach.
- Contributed to service improvement activities, ensuring alignment with relevant healthcare legislation.
- Participated in research, policy analysis, and administrative tasks.

May, 3<sup>rd</sup>, 2021 –  
June, 30<sup>th</sup>, 2023

### Assistant Project Manager

Studio e Progetto 2 - Impresa Sociale – Via Giuseppe Garibaldi, 182, 09071 – Abbasanta (Italy)

- Supported the implementation of the EPIC (European Platform of Integrating Cities) project, coordinated by ALDA.
- Coordinated meetings and liaised with diaspora communities as part of the pilot initiative and Local Networking Path.
- Contributed to the Community of Practice and maintained stakeholder engagement.
- Prepared background documents, speaking points, and meeting notes.
- Edited reports and ensured quality control of project documentation.

October, 1<sup>st</sup>, 2022 –  
December, 30<sup>th</sup>, 2022

### Capacity building expert

La Carovana Società Cooperativa Sociale Onlus - Piazza Pancani 2 - 09134 – Cagliari (Italy)

- Designed training programs to support the integration of Ukrainian, Afghan, and Syrian refugees.
- Assessed capacity-building needs and delivered tailored workshops.
- Prepared training materials and provided technical support to staff and beneficiaries.

December, 29<sup>th</sup>, 2021 –  
January, 28<sup>th</sup>, 2022

### Scientific proofreader

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Reviewed the content of scholarly articles in English in the field of medicine for grammar, spelling, and style within the Erasmus+ co-funded research project “Sailing For Physical Disable People (SAILING 4 PDP)”

May, 1<sup>st</sup>, 2021 –  
March, 31<sup>st</sup>, 2022

### Technical Integration Consultant

International Organization for Migration – Coordination Office for the Mediterranean - Via Luigi Giuseppe Faravelli, 00195 – Rome (Italy)

- Supported the Autonomous Region of Sardinia in the design and implementation of pilot initiatives under the Includ-EU project.
- Coordinated stakeholder engagement, including capacity-building and community-based activities.
- Contributed to policy analysis, beneficiary needs assessments, and program design.
- Facilitated liaison with IOM Rome, the project consortium, and local stakeholders.
- Drafted reports, briefing notes, and recommendations on integration policies for Third Country Nationals.
- Supported the development of the project’s digital component and monitoring activities.
- Participated in the Community of Practice and provided regular reporting to the Project Management Team.

January, 16<sup>th</sup>, 2020 –  
June, 30<sup>th</sup>, 2021

### Project Coordinator

Studio e Progetto 2 – Impresa Sociale - Via Giuseppe Garibaldi, 182, 09071 – Abbasanta (Italy)

- Developed and managed a regional integration program for migrants, asylum seekers, and refugees.
- Assessed beneficiary needs using an age, gender, and diversity (AGD) lens.
- Advised on policies related to the integration of Third Country Nationals and human rights protection.
- Built and maintained relationships with diaspora communities and local authorities.
- Supervised a team of eleven cross-cultural mediators and contributed to staff recruitment.
- Coordinated communication and outreach campaigns, including social media strategy.
- Drafted briefing notes, speaking points, and memoranda of understanding.
- Prepared project reports and contributed to the development of best practices and guidelines.
- Organized events, seminars, and training on migration law and social inclusion.

January, 13<sup>th</sup>, 2020 –  
January, 31<sup>st</sup>, 2021

### Adjunct Professor of English

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Delivered English language courses in the Department of Medical Sciences and Public Health.
- Designed course syllabi, developed lectures and assignments, and evaluated student performance.
- Contributed to student mentoring and academic guidance activities.

19 May, 19<sup>th</sup>, 2020 –  
October, 9<sup>th</sup>, 2020

### Local Research Assistant

ALDA (Association of Local Democracy Agencies) - Rue Belliard 20, Bruxelles - 1040 – Belgium

- Conducted multilingual surveys for the EPIC project in Sardinia.
- Identified respondents and supported local research efforts related to migrant integration.

February, 10<sup>th</sup>, 2020 –  
May, 31<sup>st</sup>, 2020

### Project Manager & Partnership Specialist

Isar Coop – Via Cagliari, 115, 09010 – Santadi (Italy)

- Coordinated a local integration project for Third Country Nationals.
- Facilitated national and international partnerships, including public and private actors.
- Developed social project proposals and led small team supervision.
- Drafted memoranda of understanding and communication materials in three languages.
- Oversaw outreach, social media, and public engagement activities.

January, 7<sup>th</sup>, 2019 –  
January, 8<sup>th</sup>, 2020

### Executive Assistant

Asian Development Bank / European Representative Office – Westendstraße, 28– 60325 – Frankfurt am Main – Germany

- Supported high-level institutional relations and external engagement in Europe.
- Drafted and edited briefing notes, mission documents, and correspondence.
- Coordinated stakeholder meetings and official missions, including President Nakao's visit.
- Liaised with governments, UN agencies, think tanks, and media representatives.
- Translated ADB's Strategy 2030 leaflet into Italian and provided linguistic support.
- Participated in meetings and provided follow-up documentation and summaries.

June, 1<sup>st</sup>, 2017 –  
December, 31<sup>st</sup>, 2018

### Project Coordinator

Scott Barker Films - 2901 Marsh St - 90039 Los Angeles – United States of America

- Planned and organized project activities for a documentary on migration, including production scheduling and travel logistics.
- Liaised with Italian reception centers for asylum seekers and coordinated field operations.
- Collected migration data from official sources and conducted contextual research.
- Drafted and edited multilingual content for reports, briefings, and social media.
- Prepared concept papers and delivered presentations and public remarks.
- Managed external communications in support of project advocacy efforts.

December, 30<sup>th</sup>, 2016 –  
December, 29<sup>th</sup>, 2018

### Project Coordinator

Agenzia Sarda per le Politiche Attive del Lavoro (ASPAL), Via Is Mirrionis, 195 – 09122 – Cagliari (Italy)

- Led the design and implementation of an integration program for migrants, asylum seekers, and refugees in Sardinia.
- Assessed beneficiary needs through participatory methods and an AGD (age, gender, diversity) lens.
- Promoted human rights and international protection in collaboration with institutions, NGOs, and CSOs.
- Provided policy advice on the integration of Third Country Nationals, including politically sensitive contexts.
- Supervised a team of four cross-cultural mediators and contributed to recruitment.
- Developed culturally responsive communication strategies and led public outreach campaigns.
- Drafted reports, briefing notes, and memoranda of understanding with public agencies.
- Delivered seminars on Italian and international migration law.
- Analyzed integration data and developed recommendations for local stakeholders and public officials.

October, 1st, 2012 –  
December, 31st, 2018

### Adjunct Professor of English

University of Cagliari – Via Università, 40, 09124 – Cagliari (Italy)

- Delivered English language courses in the Department of Medical Sciences and Public Health.
- Designed course syllabi, developed lectures and assignments, and evaluated student performance.
- Contributed to student mentoring and academic guidance activities.

July, 1<sup>st</sup>, 2014–  
May, 31<sup>st</sup>, 2017

### Project Coordinator & social development specialist

Volunteers for International Development and Aid - 2700 S. Las Vegas Blvd. #1707 - Las Vegas, Nevada - 89109 – United States of America

- Contributed to the development and delivery of two international humanitarian projects in Ghana.
- Designed and implemented capacity-building activities using participatory and AGD-informed approaches.
- Collaborated with local institutions on project design, financial planning, and monitoring and evaluation.
- Conducted policy analysis and provided technical advice to NGOs and civil society partners.
- Drafted reports, speeches, and donor communication materials in English and Italian.
- Designed a communication strategy for the STOP DARKNESS project on pediatric health.
- Supported advocacy campaigns, fundraising events, and external communications.
- Identified funding opportunities and contributed to proposal writing and submission.

10 June 2011 –  
30 September 2016

### Program coordinator and cross-cultural facilitator

Bone Marrow Transplantation / “R. Binaghi” Hospital - ASL Cagliari, Via Piero della Francesca, 1 – 09047 – Selargius (Italy)

- Coordinated an international medical program supporting refugees and humanitarian patients undergoing complex treatments.
- Facilitated cross-cultural communication and compliance through tailored mediation and multilingual support.
- Engaged embassies, public institutions, and families to manage care logistics and patient relations.
- Provided interpretation and translation services across medical and institutional contexts.

22 February, 22<sup>nd</sup>, 2010 –  
August, 21<sup>st</sup>, 2010

### Tutor on the job

Health Promotion Department - ASL Cagliari, Via Piero della Francesca, 1 – 09047 – Selargius (Italy)

- Supervised a team of six cross-cultural mediators supporting access to health services for over 1,000 non-Italian patients.
- Promoted culturally sensitive care practices and developed multilingual health communication tools.
- Advocated for inclusive, non-discriminatory public health approaches in migrant communities.

## EDUCATION AND TRAINING

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October 2023 – today

### PhD in Capacities Building for Global Health

Majors: Global health, social science, human rights and research theory and methods

University of Cagliari – Cagliari, Italy

February 2007 – December 2008

### Master's Degree in Languages, Cultures and International Communication

Majors: English, German, translation studies, cultural studies, multiculturalism, post-colonial studies, anthropology and sociology, human migration studies

University of Milan – Milan, Italy

September 2003 – February 2007

### Bachelor's Degree in Language and Cultural Mediation

Majors: English, German, translation studies, cultural studies, multiculturalism, post-colonial studies, anthropology and sociology, human migration studies

University of Milan – Milan, Italy

## OTHER TRAININGS

June 2021	IOM - "Disarmament Demobilization and Reintegration (DDR)" - Online Course
June 2021	IOM - "Community Stabilization" - Online Course
June 2021	IOM - "Durable Solutions" - Online Course
June 2021	IOM - "Introduction to Disaster Risk Reduction" - Online Course
June 2021	IOM - "Introduction to Transition and Recovery Programming" - Online Course
June 2021	IOM - "Introduction to IOM's Migration Governance Framework for Staff" - Online Course
May 2021	IOM - Innovative housing solutions for Third Country Nationals: technical guidelines for municipalities" - Webinar
May 2021	IOM - "Project Development and Implementation" - Online Course
May 2021	ALDA - "International Training Course on Media – how to develop counter-narratives to challenge hate speech and oppressive narratives against refugees and migrants"
April 2021	UN- BSAFE – Online Course
February 2021	AER – IOM - "Intercultural Regions: Active Participation & Social Inclusion" - Webinar
November 2020	AER – IOM – "Intercultural regions: improving labour market inclusion" – Webinar (November 2020)
June 2020	AER – IOM - "Intercultural regions: improving access to services" - Webinar

PERSONAL SKILLS

Mother tongue(s)

Italian

Other language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2
French	C1	C1	C1	C1	C1
German	B2	B2	B2	B2	B2
Spanish	A1	A1	A1	A1	A1

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user

Communication and relational skills

- Excellent written and verbal communication skills, including cross-cultural communication skills
- Excellent ability to build networks and relationships with international partners and stakeholders
- Excellent ability to work harmoniously with colleagues and project partners
- Excellent ability to work in an international and culturally diverse environment
- Excellent ability to forge consensus and drive activities

Organizational / managerial skills

- Leadership (currently responsible for one team of 11 people from diverse cultural backgrounds)
- Excellent ability to develop, support and coordinate staff and teams
- Results-oriented
- Excellent ability to meet tight deadlines and work in stressful conditions

Computer skills

Proficient with Microsoft Office suite and Windows and Mac Operating Systems

Driving licence

Car driving license

ADDITIONAL INFORMATION

Publications

- 2025

Diego Primavera, Goce Kalcev, Fabrizio Bert, Elisa Cantone, Alessandra Perra, Massimo Tusconi, Samantha Pinna, Germano Orrù, Alessandra Scano, Enzo Tramontano, Ivan Barbov, Marcello Nonnis, Antonio Egidio Nardi, Giulia Cossu, Federica Sancassiani, Mauro Giovanni Carta. **Impact of Pre-Lockdown Hyper-Energy on Mood and Rhythm Dysregulation in Older Adults During the COVID-19 Pandemic.** February 2025; Clin Pract Epidemiol Ment Health, 2025; 21: e17450179344148; DOI: 10.2174/0117450179344148250206065104

Samantha Pinna, Massimo Tusconi, Michela Atzeni, Alessandra Perra, Valerio Leonetti, Giulia Cossu, Diego Primavera, Noemi Maria Mereu, Donatella Rita Petretto, Antonio Preti, Elisa Pelosin, Mehmet Eskin, Gian Mario Migliaccio, Mauro Giovanni Carta and Federica Sancassiani. **Development and Preliminary Validation of a Questionnaire to Assess Perceptions on the Implementation of UN CRPD Principles Concerning Social Inclusion and Participation of Persons with Disabilities in Municipalities.** January 2025; Clin Pract Epidemiol Ment Health, 2025; 21: e17450179360265; DOI: 10.2174/0117450179360265250113081501

- 2024

Gian Mario Migliaccio, Cesar Ivan Aviles Gonzales, Goce Kalcev, Elisa Cantone, Marcello Nonnis, Antonio Urban, Sonia Marchegiani Samantha Pinna, Massimo Tusconi, Diego Primavera and Mauro Giovanni Carta. **Prior Engagement in Physical Activity Correlates with Enhanced Quality of Life Perceptions among Older Adults during COVID-19 Lockdown.** July 2024; Brain Sci.2024, 14,765; DOI: 10.3390/brainsci14080765

Diego Primavera, Gian Mario Migliaccio, Valentino Garau, Germano Orrù, Alessandra Scano, Alessandra Perra, Samantha Pinna, Massimo Tusconi, Mauro Giovanni Carta and Federica Sancassiani. **Improving Quality of Life in Bipolar Disorders with an Immersive Virtual Reality Remediation Training Randomized Controlled Trial (RCT).** July 2024; Journal of Clinical Medicine; DOI: 10.3390/jcm13133886

Federica Sancassiani, Giulia Cossu, Elisa Cantone, Ferdinando Romano, Alessandra Perra, Antonio Urban, Samantha Pinna, Stefano Del Giacco, Roberto Littera, Davide Firinu, Luchino Chessa, Enzo Tramontano, Antonio Egidio Nardi and Mauro Giovanni Carta. ***The Stability of Social and Behavioral Rhythms and Unexpected Low Rate of Relevant Depressive Symptoms in Old Adults during the COVID-19 Pandemic.*** March 2024; Journal of Clinical Medicine; DOI:10.3390/jcm13072005

- 2023

Mauro Giovanni Carta, Goce Kalcev, Alessandra Scano, Cesar Ivan Aviles Gonzalez, Uta Ouali, Samantha Pinna, Giuseppe Carrà, Ferdinando Romano, Antonio Preti, Germano Orrù, Luigi Minerba, Giulia Cossu, Antonio Egidio Nardi and Diego Primavera. ***The impact of MDQ positivity on quality of life impairment: Does it support the hypothesis of “Dysregulation of Mood, Energy, and Social Rhythms Syndrome” (DYMERS)?*** November 2023; Journal of Public Health Research; DOI: 10.1177/22799036231208356

Mauro Giovanni Carta , Goce Kalcev, Michele Fornaro, Samantha Pinna, Cesar Ivan Aviles Gonzalez, Antonio Egidio Nardi and Diego Primavera. ***Does Screening for Bipolar Disorders Identify a “Dysregulation of Mood, Energy, and Social Rhythms Syndrome” (DYMERS)? A Heuristic Working Hypothesis.*** August 2023; Journal of Clinical Medicine; DOI: 10.3390/jcm12155162

Mauro Giovanni Carta, Goce Kalcev, Alessandra Scano, Samantha Pinna, Cesar Ivan Aviles Gonzalez, Antonio Egidio Nardi, Germano Orrù, Diego Primavera. ***Screening, Genetic Variants, and Bipolar Disorders: Can Useful Hypotheses Arise from the Sum of Partial Failures?.*** July 2023; Clinics and Practice; DOI: 10.3390/clinpract13040077

Mauro Giovanni Carta, Antonio E. Nardi, Samantha Pinna, Giulia Cossu, Oye Gureje ***Multidisciplinary contributions towards an evolutive interpretation of bipolar disorders: Could it be the pathological drift of a potentially adaptive condition?.*** June 2023; Brazilian Journal of Psychiatry; DOI: 10.47626/1516-4446-2023-3154

#### Editorial contributions

- 2023

Alessandra Perra, Alessia Galetti, Rosanna Zaccheddu, Aurora Locci, Federica Piludu, Antonio Preti, Diego Primavera, Lorenzo Di Natale, Antonio Egidio Nardi, Peter Konstantin Kurotshka , Giulia Cossu, Federica Sancassiani, Giusy Stella, Valerio De Lorenzo, Thurayya Zreik and Mauro Giovanni Carta ***A Recovery-Oriented Program for People with Bipolar Disorder through Virtual Reality-Based Cognitive Remediation: Results of a Feasibility Randomized Clinical Trial.*** March 2023; Journal of Clinical Medicine 2023(6); DOI:10.3390/jcm12062142

- 2022

Mauro Giovanni Carta, Laura Atzori, Cesar Ivan Aviles Gonzales, Luigi Minerba, Massimiliano Pau, Antonio Crisafulli, Alberto Cauli, Caterina Ferrelli, Roberto Puxeddu, Germano Orrù, Alessandra Scano, Sergio Machado, Ferdinando Romano, Giulia Cossu and Antonio Preti. ***Improving Quality of Life in Older Adults Living at Home by a Moderate Exercise Training.*** September 2022; The Open Psychology Journal 15(1); DOI:10.2174/18743501

- 2017

Giovanni Caocci, Maria Grazia Orofino, Adriana Vacca, Antonio Piroddi, Eugenia Piras, Maria Carmen Addari, Rossella Caria, Maria Paola Pilia, Raffaella Origa, Paolo Moi and Giorgio La Nasa ***Long-term survival of beta thalassemia major patients treated with hematopoietic stem cell transplantation compared with survival with conventional treatment.*** American Journal of Hematology, 25 SEP 2017 DOI: 10.1002/ajh.24898

- 2016

Giorgio La Nasa, Adriana Vacca, Roberto Littera, Eugenia Piras, Sandro Orru, Marianna Greco, Carlo Carcassi, and Giovanni Caocci. ***What Unrelated Hematopoietic Stem Cell Transplantation in Thalassemia Taught us about Transplant Immunogenetics.*** Mediterr J Hematol Infect Dis. 2016; DOI: 8(1): e2016048

- 2014

Pisu S., Caocci G, d'Aloja E, Efficace F, Vacca A, Piras E, Orofino MG, Addari C, Pintor M, Demontis R, Demuru F, Pittau MR, Collins GS, La Nasa G. **Reassessing the approach to informed consent: the case of unrelated hematopoietic stem cell transplantation in adult thalassemia patients.** *Philos Ethics Humanit Med.* 2014 Aug 12;9(1):13. DOI: 10.1186/1747-5341-9-13

- 2013

Marco Sanna, Giovanni Caocci, Adriana Vacca, Eugenia Piras, Federica Orrù, and Giorgio La Nasa. **Daunorubicin, Cytarabine, and Cladribine Regimen Plus Radiotherapy and Donor Lymphocyte Infusion for Extramedullary Relapse of Acute Myeloid Leukemia after Hematopoietic Stem Cell Transplantation.** *Case Reports in Hematology Volume 2013 (2013)*

Marianna Greco, Giovanni Caocci, and Giorgio La Nasa. **Early Complete Molecular Response to First-Line Nilotinib in Two Patients with Chronic Myeloid Leukemia Carrying the p230 Transcript.** *Case Reports in Hematology 2013; 2013: 871476*