

**CURRICULUM VITAE  
EUROPEAN FORMAT**



**PERSONAL INFORMATION**

Name ZOLELIO PIERLUIGI  
Address VIA SIVIGLIA 4, 09129 CAGLIARI  
Telephone  
Fax  
E-mail zolesiop@tiscali.it  
Nationality Italian  
Date of birth 10 MAY 1955

**WORK EXPERIENCE**

- Date (from – to) Outpatient Specialist in Physiotherapy in the years 1988-1990 at the USL Guspini-Sorgono-Senorbi.  
From 12/17/1990 to 08/16/1991 temporary employment as Medical Assistant at the SRRF Oncology Hospital, USL 21 Cagliari.  
From 04/15/1992 to 12/31/1992 Medical Assistant for Functional Recovery and Re-education at the Oncology Hospital, the former USL 21 Cagliari, with a full-time contract.  
From 01/01/1993 to 09/30/1995, 1st level Medical Director (former Medical Assistant) for Functional Recovery and Re-education at the Oncology Hospital, the former USL 21 Cagliari, with a full-time contract.  
From 01/10/1995 to 30/07/1999, 1st level Medical Director (former Medical Assistant) of Functional Recovery and Re-education at the Oncology Hospital, with a permanent employment contract at the ASL 8 Cagliari.  
From 31/07/1999 to date, Medical Director (Dirigente Medico) of Functional Recovery and Re-education at the Oncology Hospital, (former 1st level, ex art. 15, 1° comma, DL N. 229/99) with a permanent employment contract at the ASL Cagliari.  
From 01/07/2015 to date, Medical Director (Dirigente Medico) of Functional Recovery and Re-education at A. Businco Oncology Hospital (former 1st level, ex art. 15, 1° comma, DL N. 229/99) with a permanent, full time employment contract at the G. Brotzu Hospital, Cagliari.
- Type of Company G. Brotzu Hospital. Department of Neuroscience and Rehabilitation.  
Simple Rehabilitation Structure A. Businco Oncology Hospital, Cagliari
- Type of employment Medical Director (Dirigente Medico)
- Main responsibilities Since 2004, Highly Specialized Assignment in Lymphedema Rehabilitation in Oncology

**EDUCATION AND TRAINING**

Date (from – to) 1974 Classical High School Diploma  
1984 Medicine and Surgery University Degree  
1987 Specialization in Physiotherapy (Physical Medicine and Rehabilitation)

## PERSONAL SKILLS AND COMPETENCES

ACQUIRED DURING LIFE AND CAREER BUT NOT  
NECESSARILY RECOGNIZED BY OFFICIAL  
CERTIFICATES AND DIPLOMAS

Thirty years of experience in the rehabilitation of disabilities resulting from oncological diseases and lymphedema.

Participation as a speaker and discussant in various refresher courses, conferences, and seminars focused on rehabilitation in oncology and lymphology at both national and regional levels.

From 2006 until retirement, collaborated with the Rare Disease Outpatient Clinic at the Pediatric Clinic of the University of Cagliari, for Primary Lymphedema.

Since 2017, the Public Rehabilitation Structure where I was employed has been recognized by the Sardinia Region as a Regional Certification Center for Primary Lymphedema.

I have served as a Contract Professor since 2021, teaching Physical and Rehabilitation Medicine in Cardiovascular and Respiratory Disabilities within the Physiotherapy Degree Program at the University of Cagliari.

Additionally, I have collaborated with the Italian National Institute of Health since 2023.

Serving as the responsible organizer, director, and instructor for numerous corporate training courses on lymphology at the Local Health Authorities (ASL) of Lanusei, Cagliari, Oristano, Carbonia, Iglesias, Senorbi, and Sassari.

I also contributed to the development of the Phlebo-Lymphological Guidelines SIF-SICVE 2016

Currently hold the position of National Secretary for the Edema Section of SIMFER.

### NATIVE LANGUAGE

[ Italiano ]

### OTHER LANGUAGE

- Reading ability
- Writing ability
- Speech ability

### [ FRENCH

[ good

[ good

[ good

### ENGLISH ]

elementary ]

elementary]

elementary]

### Titles attached to the Curriculum vitae

### Teachings,

Pagina x - Curriculum vitae di  
[ COGNOME, nome ]

Per ulteriori informazioni:  
[www.cedefop.eu.int/transparency](http://www.cedefop.eu.int/transparency)  
[www.europa.eu.int/comm/education/index\\_it.html](http://www.europa.eu.int/comm/education/index_it.html)  
[www.eurescv-search.com](http://www.eurescv-search.com)

- Instructor in Clinical Disabilities and Therapeutic and Rehabilitation Techniques for the two-year multipurpose specialization courses established under O.M. 127/91, or retraining for support teachers of the Cagliari Education Authority during the academic years 1993/94 and 1994/95, based in Cagliari.
- Instructor in Clinical Disabilities and Therapeutic and Rehabilitation Techniques for the two-year multipurpose specialization courses established under O.M. 127/91, or retraining for support teachers of the Cagliari Education Authority during the academic year 1994/95, based in Iglesias.
- Instructor for the theoretical-practical refresher course titled "Techniques for Grasping and Transferring Cancer Patients," conducted at the A. Businco Oncology Department, USL 21 Cagliari, from February 26 to March 1, 1991.
- Director and Instructor for the theoretical-practical training course on "Rehabilitation of Patients with Lymphedema," held at Local Health Authority 4 (ASL 4) in Lanusei on April 4-6 and May 2-3, 2011.
- Instructor at the Local Health Authority (ASL Cagliari) Seminar on "Lymphedema of the Upper Limb in Women Post-Breast Surgery: Combined Manual Decongestive Treatment," held in Cagliari on November 22, 2011.
- Director and Instructor for the "Theoretical-Practical Training Course in Lymphological Rehabilitation," conducted at Local Health Authorities (ASL 7 Carbonia and Iglesias) from October to November 2015.
- Instructor for the Corporate Training Course at ASL Oristano on June 16-17 and October 13-14, 2016, titled "The Patient with Lymphedema: From Project to Rehabilitation Program."
- Director and Instructor for the theoretical-practical training course on "Rehabilitation Approach to Lymphedema" at Local Health Authorities (ASL Senorbi) during the 2016-2017 period.
- Director and Instructor for the theoretical-practical training course on "Rehabilitation in Pathologies of the Phlebo-Lymphatic System" at Local Health Authorities (ARES Sassari), held at the UO Centro Riabilitazione San Giovanni Battista Ploaghe on December 15-17, 2022.

## Publications

- Author of the original article titled "Primary Lymphedema in Childhood and Adolescence: Classification, Diagnostic and Therapeutic Approach," published in the Italian Journal of Rehabilitation Medicine, 2021, Vol. 35, No. 1. Springer Healthcare Communications.
- Co-author of the article "Observational Study on a Large Italian Population with Lipedema: Biochemical and Hormonal Profile, Anatomical and Clinical Evaluation, Self-Reported History," *Int. J. Mol. Sci.* 2024, 25, 1599
- Co-author and co-editor of the theoretical-practical manual "Liberi di Vivere con il Linfedema," published by GFE Editore in 2023.

## Congressional reports

- Co-author of 4 posters presented at the "II International Meeting on Recent Progress in Oncology". Villasimius from 05 to 08 September 1991.
- Co-author of a poster: "Early Outcomes from Mastectomy: Evaluations and Rehabilitation Considerations on 297 cases" presented at the XXVI national SIMFER congress Brescia 1998.
- Co-author of a communication entitled: "Outcomes of Mastectomy: Evaluations and Rehabilitation Considerations" presented at the XXVII SIMFER congress 1999 Cagliari.
- Participation as a speaker at the conference: "Lymphedema of the Upper Limb in women who have undergone breast surgery". Pavia, March 5, 2005.
- Participation as a speaker at the Conference "Taking Care, from the Therapeutic Contract to a Life Project". Nuoro, 11 and 12 June 2009. Presentation: The Rehabilitation Team.
- Participation as speaker at the SIMFER Day - Sardinia Section, Cagliari 5 November 2010: "Rehabilitation treatment of patients undergoing breast surgery".
- Participation as speaker at the conference "Pain Management in Cancer Patients". Cagliari, May 13, 2011.
- Participation as a speaker at the Pediatrics Congress Hospital and Territory Villasimius (Ca) from 3 to 8 October 2011. Presentation: "Rehabilitation Approach to Congenital Lymphedema"
- Co-author and speaker of a communication entitled: "Evaluation of the Incidence Of Lymphedema Secondary To Surgery For Breast Cancer With Removal Of The Sentinel Lymph Node" presented at the 39th National SIMFER Congress 2011

- Member of the Scientific Committee of the 1st National Congress of Phlebology, Lymphology and Rehabilitation, Pavia, 14 and 15 October 2011.
- Participation in the V National Congress of the Edema Section SIMFER, Abano, 30-31 March 2012, with the Presentation: "Clinical Evolution Of Primary Lymphedema".
- Participation in the Hospital-Territory Congress, Villasimius (Ca), 11-15 June 2012 with the Presentation: "Primary Lymphedema In Pediatric Age: Rehabilitation Management".
- Participation in the Hospital-Territory Congress, Villasimius (Ca), 1-6 October 2012, with the Presentation: "Rehabilitation Approach To Congenital Lymphedema".
- Participation in the conference Il Linfedema primitivo e secondari, Ancona 30/11/2012 with the Presentation: "Primary Lymphedema, Lymphangiodyplasia and Lymphatic Malformations".
- Member of the Scientific Committee of the 24th ISL Congress (International Society of Lymphology). Rome 16-20 September 2013.
- Participation in the congress Ospedale-Territorio, Villasimius (Ca), 7-11 October 2013, with the Presentation: "Role of Rehabilitation in The Clinical Evolution of Primary Lymphedema".
- Member of the Scientific Secretariat of the SIMFER Sardinia Study Days 2013 and 2014.
- Participation in the refresher course "Complex Therapy of Phlebolymphedema and its Complications". Presentation: "Genetics and primary lymphedema", Oristano 12 June 2015.
- Participation in the SIAPAV Nord-Ovest congress 8 October 2016: Presentation: the Genetics in Lymphatic Disease.
- Italf National Congress Ancona 18-19 November 2016. Presentation: How do we Classify?
- SIF National Congress Pisa October 2016: Congenital Lymphedema. Presentation: How do we Classify?
- 25th Flebalta Bolzano 15-17 February 2017 Presentation: Lymphedema - Guidelines.
- Lymphedema and Lipedema Congress. Oristano 25 March. Presentation: Classification of Lymphedema: Congenital and Acquired.
- 30th SIF National Congress. Naples 8-10 November 2017. Presentation: Lymphedema Conservative Therapy: The Pillars.
- III National Congress of Phlebology, Lymphology and Rehabilitation. Pavia 13-14 October 2017. Presentation: Congenital Lymphedema, Classification and Clinical Aspects.
- SIF Regional Congress Sardinia. National Lymphology Group. Oristano 29 September 2018. Presentation: Lymphedema Excluded (from LEA).
- 31st SIF National Congress Palermo. 4-6 October 2018 Presentation: Physiopathology of Lymphedema.
- Congress Rehabilitation in Oncology Naples 29-30 October 2018 Presentation: Elastic containment orthoses in lymphedema from oncological disease.
- Italian-German Meeting SIF Phlebologists at High Altitude. Merano 17-19 March 2019. Presentation: Genetics and Congenital Lymphedema.
- V National Congress Italf Naples 18/19 October 2019. Presentation: Physiopathology: Consequences on High Volume Lymphatic Insufficiency. Clinical Consequences.
- Conference Department of Neuroscience and Rehabilitation SSD Rehabilitation P.O. Businco – P.O. Brotzu Cagliari May 17, 2019. Presentation: The Individual Rehabilitation Project in the patient undergoing to Hematopoietic Stem Cell Transplantation.
- Congress Vascular pathology of the lower limbs: Arteries and Veins Compared. Cagliari May 18, 2019. Presentation: Pathophysiology of lymphedema.
- Congress Lymphedema and Lipedema. Revised and updated guidelines. Assago June 29, 2019. Presentation: Genetically Determined Lymphedema.
- SIFL Regional Congress Florence Sept 21, 2019. Presentation Classification Criteria for Primary Lymphedema.
- SIF National Congress October 3-5, 2019. Presentation: Milroy's Disease and Lymphedema Distichiasis, Genetics, Pathological Anatomy, Clinic.
- 2nd Phlebologists at High Altitude. Merano 17-19 March 2019. Presentation: Genetics and Primary Lymphedema.
- Congress: Bone Disease in Multiple Myeloma, Cagliari 30 September - 01 October 2021. Presentation: Role of Rehabilitation in Skeletal Related Events in Multiple Myeloma.
- Webinar SIF young, 09 May 2022. Presentation: Primary Lymphatic Anomalies and Visceral-Central Lymphatic Involvement.
- Interregional Congress SIF Giovani. Sanremo 23 April 2022. Presentation: Why Edema in Obese is not a Primary Lymphedema.
- Webinar LE&RN Italy Chapter 26 June 2022. Presentation: Primary Lymphedema - a Varied and Multifaceted Pathology.

- Congress Innovations in Endovascular Aortic Surgery and Treatment of Chronic Venous Disease. Cagliari 14 May 2022. Presentation: Lymphedema in Oncology: Early Observation and Prevention in the COVID Era.
- Congress Update in Lymphatic Pathology. Gallipoli 30 September-01 October 2022. Presentation: Lymphedema in Childhood and Related Syndromes.
- SIFL National Congress. Florence 14-15 October 2022. Presentation: Lymphedema in Obese Subjects: it is not a primary form.
- SIMFER National Congress. Catania 23-26 October 2022. Presentation: Phlebolympheidema in Obesity. Why it is not a Primary Lymphedema.
- SIMFER, ITALF, SICVE and College of Chief Physicians of Vascular Surgery Congress. Massa Carrara 18 November 2022. Presentation: Pathophysiology of Edema and Differential Diagnostic Criteria.
- SIAPAV Congress of the Sardinia Region. Presentation: Classification of Lymphedema.
- Brescia che Riabilita Conference 6-7 May 2023. Presentation: Is Edema Always Lymphedema?
- Conference Lymphatic System not just a Peripheral Concept. Castelfranco Veneto October 2023. Presentation: the syndromes of the Visceral-Central Lymphatic System, what they are and how to recognize them.
- 3° Flebalta Videophlebologia. Corvara 10-12/12/2023. Presentation: Pathophysiology of Peripheral Edema.
- World Lymphedema Day, Marino 06 March 2023. Presentation: Primary Lymphedema in Childhood and Adolescence.
- SIF Toscana Regional Congress. Pisa 6-7 May 2023. Presentation: Primary Lymphedema, a Varied Pathology.
- Conference New Frontiers in the Treatment of Vascular Pathology. Cagliari 20 May 2023. Presentation: Treatment of Chronic Lymphatic Disease.
- Lymphedema and Lipedema Seminar. Faculty of Medicine and Surgery Cagliari. 30 March 2023. Presentation: Lymphatic Vascular System. Anatomy, Physiology and Pathophysiology.
- SIFCS National Congress. Rome 20-21 October 2023. Presentation: Phlebolympheidema Physiopathological Bases.
- SIAPAV Regional Congress. Cagliari 27 January 2024. Presentation: Rehabilitation Therapy of Lymphedema and Lipedema.
- World Lymphedema Day, Lecce 6 March 2024. Presentation: Role of the Lymphologist.
- Congress "A Kick to Cancer" Cagliari 11 May 2024. Presentation: Role of Rehabilitation in the Chemo-Radio-Surgical Outcomes of Ovarian Cancer.
- Conference on Venous and Lymphatic Edemas. Castellammare di Stabia, May 17, 2024. Presentation: Syndromes Involving the Visceral-Central Lymphatic System.
- Conference Innovations in Vascular Surgery in Arterial and Venous Pathology. Cagliari 18 May 2024. Presentation: Pathophysiology of Peripheral Edema, evolution of evidence.
- Refresher Course "Is it all lymphedema?" OMCeO Rome 8 June 2024. Presentation: The General Practitioner and Edema.
- LILT Conference Bari October 11, 2024. "Prevention in in Post-Oncological Lymphedema". Presentation: Pathophysiology of Oncological Edema.
- World Breast Cancer Prevention Day. Alghero October 19, 2024. Presentation: Pathophysiology of post-mastectomy lymphedema.

I authorize the processing of my personal data pursuant to Italian Dlgs 196, 30 June 2003 and art. 13 GDPR.

Signature

Date 04 april 2025