

ISMOKA

International Students Mobility Office KARalis

University of Cagliari

Useful information for Incoming Students



ITALIAN LANGUAGE COURSES



Offered levels: A1, A2, B1

online placement tests
lessons in presence



How

Should you need any help, please refer to



italiano@unica.it



Residence Permit only for Non – European students



Application must be made
within 8 working days from your arrival in Italy

Go to the Post Office

At the post office

- Ask for the “kit” containing the necessary forms (available for free in all Post Office points)
- You need to have an Italian phone number
- You have to buy at Tabacchi Store a € 16.00 “marca da bollo”
- The overall application costs € 100,46
- The receipt of the payment

You'll receive a first appointment at the police office (Questura)



EU students

For serious illness or physical trauma go to one of the city hospital Emergency Room.



For first aid care and dressing, go to emergency medical service – from **Monday till Friday** 8,00 PM to 8,00 AM and **Saturday and Sunday** 24 hours service.

(call for an appointment)

- via Talete n. 6 tel. +39 070 522458
- via Santa Maria Chiara n. 85 tel. +39 070 520552



ACCIDENT INSURANCE UNIVERSITY OF CAGLIARI

Cagliari's policy covers:



- against **accidents** that may occur in and around the university premises. Students are insured by accidents they may suffer when carrying out activities stated in the Learning Agreement, including the on-going risks.
- **civil responsibility** of the insured party deriving from carrying out institutional and non-institutional, ordinary and extraordinary activities at the University of Cagliari.
- <https://www.salute.gov.it/portale/cureUE/dettaglioContenutiCureUE.jsp?lingua=english&id=5272&area=healcareUE&menu=vuoto>

HEALTH SERVICE



EU students must have a European Health Insurance Card (EHIC).

This entitles them to the right to access medical assistance provided by the National Health Service (NHS) in Italian Sistema Sanitario Nazionale (SSN).



Students who do not have the European Health Insurance Card (EHIC) have to go to the NHS offices located in via Romagna 16, Cagliari, at the Ufficio Rapporti Internazionali and ask for the necessary documents to access the NHS.

rapportiinternazionali.cagliari@atssardegna.it



For further informations please contact:

Ihab Rizk Soliman

Tel: 0039 070 675 6538

Teams: Ihab Rizk Soliman

Email: ihabr.soliman@unica.it
foreignstudents@unica.it



Meet ISMOKA Team!

Incoming Students Support

Fabrizio Lay

Katalin Vegvari

**Receiving hours
upon request by mail**

Write to incoming@unica.it for:

- Arrival Certificate
- Departure Certificate
- Transcript of Records
- Extension / Reduction of your exchange
- Problems with OLA
- Communications with your home University



Meet Ismoka Team! - Faculty Desks -

- **Faculty of Humanities:**

Silvia Baita

erasmus.studum@unica.it

Campus Aresu, Main Building
via San Giorgio 12, 09124 Cagliari
Tel. +39 070 675 7283

Receiving Hours:

Tuesday 15 – 17

Wednesday 10-12

Thursday 10 – 13

Every Morning 10-12 on Teams: silvia.baita@unica.it



Meet ISMOKA Team! - Faculty Desks -

- **Faculty of Biology, Pharmacy and Sciences:**

Ciro Francioso

erasmus.biofarmscienze@unica.it

Cittadella Universitaria di Monserrato

Blocco A, Entrance «CeSar»

Tel. 070/6753836

Receiving hours:

Tuesday 15 to 18

Thursday 10 to 13



Meet ISMOKA Team! - Faculty Desks -

- **Faculty of Economics, Law and Political Sciences:**

Daniela Poddesu
erasmus.segp@unica.it

Via S. Ignazio da Laconi, 78 - 09123 Cagliari

Tel. +39 070 675 6623

Receiving hours:

Tuesday and Wednesday from 10 am to 1 pm

Thursday from 3 pm to 5 pm



Meet ISMOKA Team! - Faculty Desks -

- **Faculty of Engineering and Architecture:**

Emanuela Rubiu

erasmus.ingarc@unica.it

Campus Aresu, Main Building
via San Giorgio 12, 09124 Cagliari

Tel: 070 6755110

Receiving hours:

Tuesdays 15.00 – 16.30

Wednesdays and Thursdays 11-13



Meet ISMOKA Team! - Faculty Desks -

- **Faculty of Medicine and Surgery:**

Barbara Zuzolo

erasmus.medicina@unica.it

Asse Didattico di Medicina e Chirurgia Blocco I

Cittadella Universitaria di Monserrato

Tel. 070/6753156

Receiving Hours:

Monday and Thursday 11 – 13

Tuesday 15-17

Wednesday 11 – 13 by Teams: barbara.zuzolo@unica.it



Lessons schedule



The lessons schedule can be consulted by accessing the **Agenda web studenti** or via the **UniCA Easy** app downloadable from the Apple and Android stores.

The Agenda Web is available in Italian, English, Spanish and German.

Lessons take place in presence without limitations of seats, but always in compliance with safety protocols.

**Login with your ESSE3
credentials**

If you have problems
logging in please
contact
incoming@unica.it
or
helpdesk.studenti.efis@unica.it



About Courses

Make sure that the course you are following is the one written in your LA, otherwise you will not be able to enroll to the exam and it will not be recognized in your Transcript of Records

For Medical Students only:

The diciture «PARI» or «DISPARI» («even» or «odd») refers to the last number of your Matricula. It is not MANDATORY for Erasmus students to follow the correspondent course, but for organizational reasons it would be better if you stick to your turn.

If you follow a different course than your matricola, for the enrollment, please after you will fill the Questionari, send a mail to your faculty helpdesk erasmus.medicina@unica.it , and incoming@unica.it .

If you wish to undertake an internship / practical activity, please contact your faculty desk erasmus.medicina@unica.it to plan your activity and add it to your LA.



How to survive to your Learning Agreement?

University of Cagliari is on the EWP / Dashboard system, if your University also uses EWP you MUST complete an Online Learning Agreement.

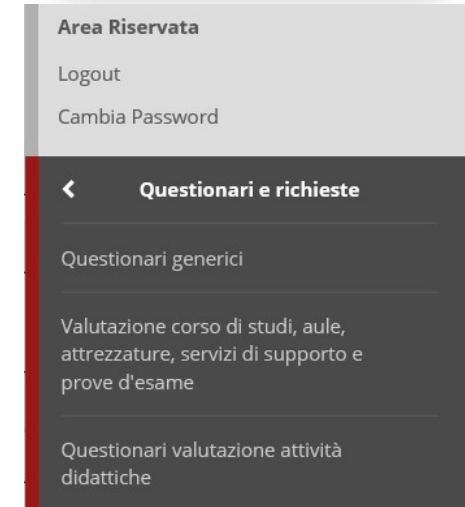
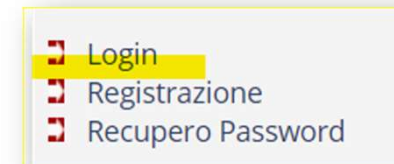
Please note that «Contact Person» is always Anna Maria Aloi (incoming@unica.it)
And «Responsible Person» is the Professor who signs your OLA.



How to enroll to the exams

MAKE SURE THAT THE EXAMS ON YOUR LIBRETTO AND THE COURSES YOU ARE ATTENDING ARE THE SAME YOU HAVE LISTED ON YOUR LEARNING AGREEMENT.

1. Login in your personal page in esse3 system:
<https://unica.esse3.cineca.it/Home.do> using the credentials received by email from your Faculty Erasmus Desk in the file named «Matricola»
2. Click “**MENU**” and then “**Questionari e richieste**”
3. Choose “**Questionari valutazione attività didattica**” then click on the **red book** of the subject you want to be enrolled to.



How to enroll to the exams

4. Click on «Libretto» for the status of the «appelli» (exams sessions)
5. You can now check if there is more than one exam session (Appello) available and whether you are correctly enrolled to.

IF YOU WISH TO TAKE AN EXAM MAKE SURE YOU ENROLL ON TIME.

IF YOU DID NOT ENROLL BY THE DEADLINE YOU CANNOT SIT FOR THE EXAMS AND YOU SHOULD WAIT FOR THE NEXT SESSION.

PLEASE TAKE NOTES OF EXAM SESSION OPENING AND CLOSING DATES ON TIME.



Appelli disponibili per l'insegnamento STORIA DEL CINEMA			
	Attività didattica	Appello	Iscrizione
	STORIA DEL CINEMA	18/01/2017	21/12/2016 15/01/2017
	STORIA DEL CINEMA	08/02/2017	11/01/2017 05/02/2017

2° SEMESTER LEARNING AGREEMENTS CANNOT BE MODIFIED AFTER APRIL.



Libraries



Here you can

- Read
Books and magazines, Databases, electronic periodicals, e-books
- Study
Wireless coverage of the reading rooms
- Consult on-site & online
Workstations for access to catalogs and electronic resources

How

- Download ***BiblioSar app*** to book your place in a study/reading room
- Use ***UniCASearch*** bibliographic search engine to carry out online searches
- Log in to ***IDEM-GARR*** federated authentication service with your Esse3 data to get access to most of the electronic resources

Useful links

- UNICA Libraries: unica.it - [Sistema Bibliotecario d'Ateneo](#)
- Biblioteche Comunali: [Comune di Cagliari](#) | [Biblioteche](#)
- Guide to UniCA Search [unica.it – UniCASearch](#)
- Access info to IDEM-GARR [unica.it - Modalità di accesso, rilevazione e misurazione dell'utilizzo delle risorse elettroniche](#)



Canteens



Register

- Go to <https://portalestudenti.ersucagliari.it/apps/V3.1/sol/public/>
- Select Accreditation («Accreditamento»)
- Enter your **personal data** and your **fiscal code**, your **registered address in your City** and **upload a valid ID card**

QR code

- After registration, a **QR code will automatically generate**.
- This QR code gives you the right to access the canteens, the agency's library in via Trentino as well as cultural, sports and recreational services

For more info

- ufficioristorazione@ersucagliari.it
- or urp@ersucagliari.it

**As Erasmus Students you are entitled to have a discounted rate.
You have to register on the ERSU portal**



Sport Facilities



Get your CUS card - for FREE -

- Go to www.cuscagliari.it
- Create an account
- Upload a document showing you're an Erasmus student

Get access for FREE to

- Athletics/running track from 7/23
- Study room
- Sports fields rental (only at specific times)

Special rates for the following courses

- Volleyball
- Functional training
- And many more...

Remember that you need to book your field for specific time slots

Inclusion and Learning Services



**We're All IN
For Inclusion**

Disability:IN



Mission

- Tailoring of educational paths,
- Intermediation with teachers or other offices,
- Identifying tools, devices, assistive technologies,
- Training courses for teachers on the principles of inclusion and Universal Design for Learning (UDL)
- You can contact this service for learning support in case of certified disabilities

Contact

- send an e-mail to tutor.sia@unica.it
- call 070.6756222
- say that you are an Erasmus student!

