

# Anesthetics

## **HISTORY:**

Ether (1846)

Chloroform (1847)

Nitrous oxide (1868)

Cyclopropane (1929)

Thiopental (1935)

Halothane (1956)

# A GRAND EXHIBITION

OF THE EFFECTS PRODUCED BY INHALING  
NITROUS OXIDE, EXHILERATING, OR

# LAUGHING GAS!

WILL BE GIVEN AT *The Masonic Hall*  
Saturday EVENING, 15<sup>th</sup>



50 GALLONS OF GAS

will be  
prepared and administered  
to all in the audience  
who desire to inhale it.



**MEN** will be invited from the audience, to protect those under the influence of the Gas from injuring themselves or others. This course is adopted that no apprehension of danger may be entertained. Probably no one will attempt to fight.

THE EFFECT OF THE GAS is to make those who inhale it, either  
**LAUGH, SING, DANCE, SPEAK OR FIGHT, &c. &c.**

according to the leading trait of their character. They seem to retain consciousness enough not to say or do that which they would have occasion to regret.

**N. B.** The Gas will be administered only to gentlemen of the first respectability. The object is to make the entertainment in every respect, a genteel affair.

Those who inhale the Gas once, are always anxious to inhale it the second time. There is not an exception to this rule.

No language can describe the delightful sensation produced. Robert Southey, (poet) once said that "the atmosphere of the highest of all possible heavens must be composed of this Gas."

For a full account of the effect produced upon some of the most distinguished men of Europe, see Hooper's Medical Dictionary, under the head of Nitrogen.

Date: 1845

#403, Buck Hill Associates, Johnson, N.Y.

1796



Opium 1700

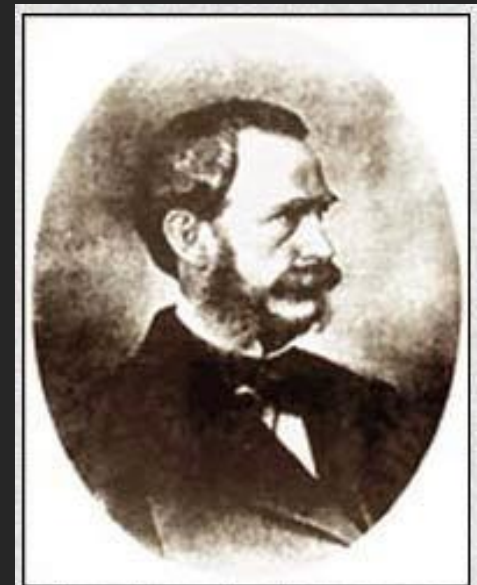


(Horace Wells, 1815-1848)



La sfera di Morton

1846



(William Thomas Green  
Morton, 1819-1868)



**Ether monument, Boston**

# **Anesthesia phases: induction, modulation, recovery**

**Amnesia**

**Loss of consciousness**

**Analgesia**

**Muscle relaxation**

**Reflex suppression**

**Medications:**

- 1) Pre-anesthetic medication**
- 2) General anesthetic**
- 3) Relaxing skeletal muscles**

## MEDICAZIONE PREANESTETICA

- Anticolinergici
- Antiemetici
- Antiistaminici
- Barbiturici
- Benzodiazepine
- Miorilassanti
- Oppiacei

## ANESTETICI GENERALI

### INALATORI

- *Alotano*
- *Desflurano*
- *Enflurano*
- *Isoflurano*
- *Protossido d'azoto*
- *Sevoflurano*

### ENDOVENOSI

- Barbiturici
- Benzodiazepine
- *Etomidato*
- *Ketamina*
- Oppiacei
- *Propofol \**

## ANESTETICI LOCALI

- *Bupivacaina*
- *Lidocaina*
- *Procaina*
- *Tetracaina*

## Drugs used as an adjunctive medication

-Benzodiazepines, diazepam (anxiety), midazolam effect (amnesia)

barbiturates (sedation)

-Neuromuscular blockers (vecuronium, atracurium) and BZ Muscle

relaxation

-Antihistamines (allergic reactions);

-Anti H2, ranitidine (gastric acidity, reflux)

-Alpha 2 agonists (sedation, hypotension) (clonidine or

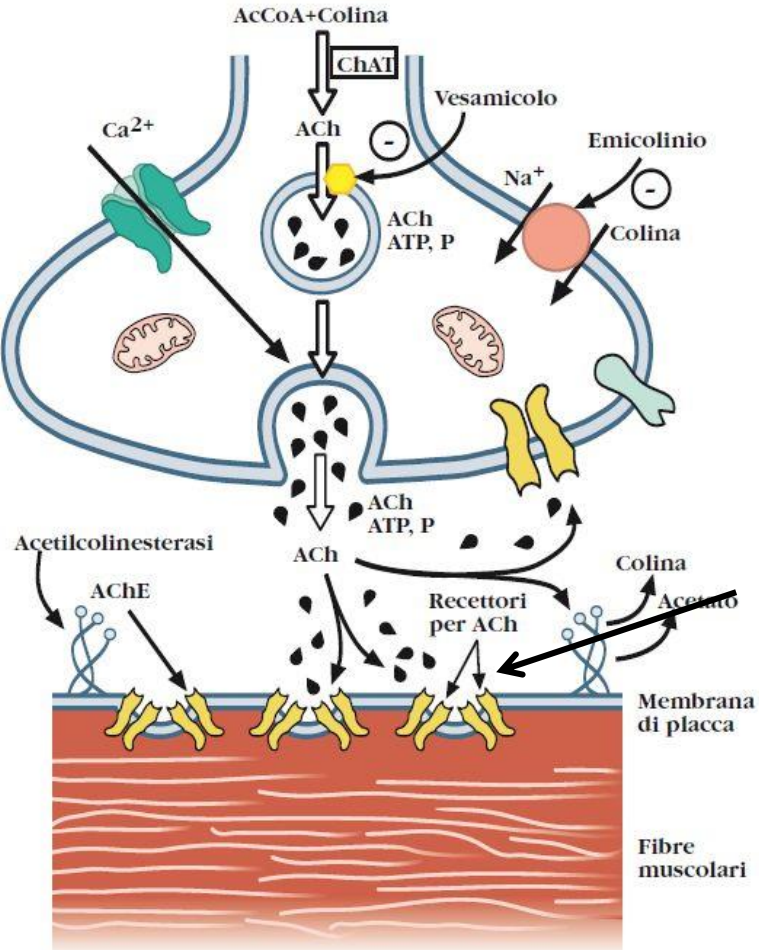
dexmedetomidine)

-Antiemetics, ondansetron (prevent aspiration of stomach contents)

-Opiates, fentanyl (analgesia)

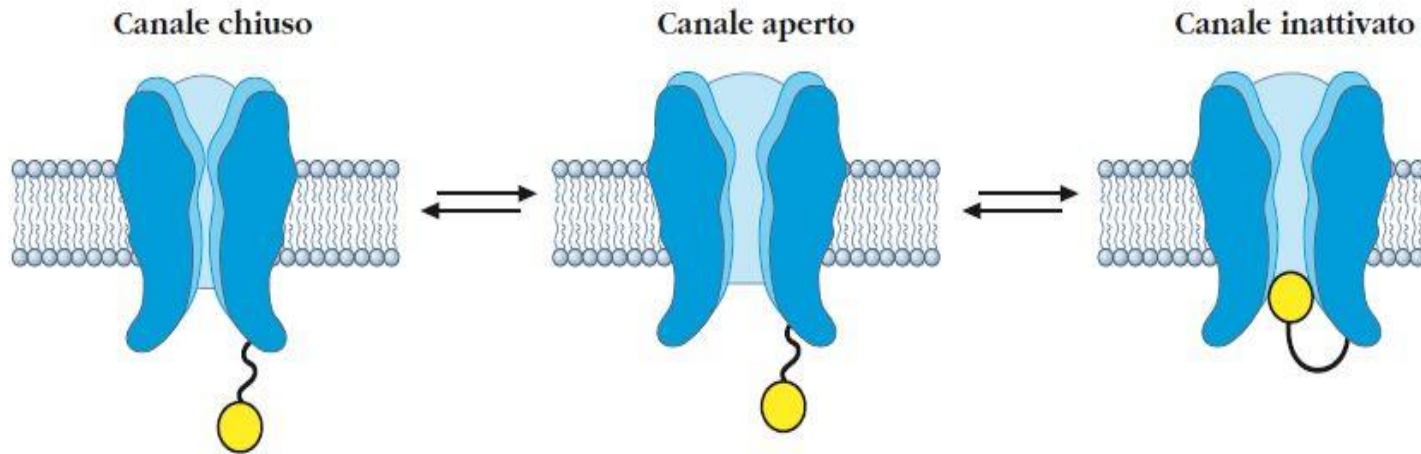
-Anticholinergics, scopolamine (preventing secretion respiratory tract)

# Muscle relaxation



Vecuronium, atracurium

Succinylcholine





## Anesthesia effects

Hemodynamic pressure decrease, vasodilation, myocardial depression, sympathetic tone reduction, baroreceptor tone attenuation (nitrous oxide)

Hypothermia environmental temperature, exposure cavities, cold fluids, thermoregulation, metabolism, vasodilation / vasoconstriction

Respiratory reduction respirators: ventilation, esophageal sphincter (etc. nitrous oxide and ketamine)

Nausea-Vomiting CTZ (front 5-HT<sub>3</sub>, front D<sub>2</sub>)

# General Anesthetics

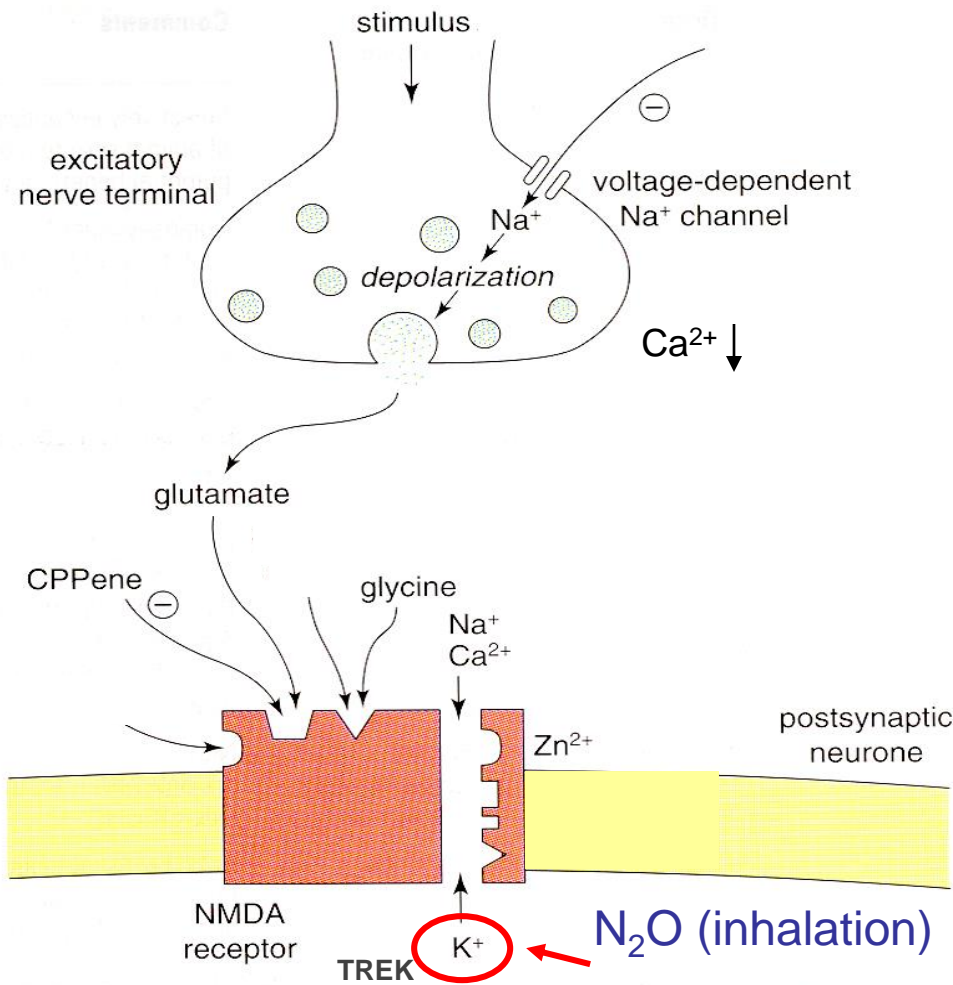
# Inhalation anesthetics



- The main agents in current use in developed countries are halothane, nitrous oxide, isoflurane, enflurane, desflurane and sevoflurane. Ether is largely obsolete.
- **Halothane:**
  - widely used agent
  - potent, non-explosive and non-irritant, hypotensive; may cause dysrhythmias; about 30% metabolised
  - hangover likely, because of high lipid solubility
  - risk of liver damage if used repeatedly.
- **Nitrous oxide:**
  - low potency, therefore must be combined with other agents
  - rapid induction and recovery
  - good analgesic properties
  - risk of bone marrow depression with prolonged administration.
- **Enflurane:**
  - halogenated anaesthetic similar to halothane
  - less metabolism than halothane; therefore, there is less risk of toxicity
  - faster induction and recovery than halothane (less accumulation in fat)
  - some risk of epilepsy-like seizures.
- **Isoflurane:**
  - similar to enflurane but lacks epileptogenic property
  - may precipitate myocardial ischaemia in patients with coronary disease.
  - Irritant to respiratory tract
- **Desflurane and sevoflurane are** similar to isoflurane but have faster onset and recovery and lack of respiratory irritation.
- **Ether:**
  - obsolete except where modern facilities are not available
  - easy to administer and control
  - slow onset and recovery, with postoperative nausea and vomiting
  - analgesic and muscle relaxant properties
  - highly explosive
  - irritant to respiratory tract.

# Principal inhalation anaesthetics

# Release of the neurotransmitter and channel ligand / regulated membrane modulated by anesthetics



**Fig. 3.** Possible sites of interaction of antiepileptic drugs on glutamate-mediated transmission. The NMDA receptor is associated with an ion channel permeable to Na<sup>+</sup> and Ca<sup>2+</sup>, and is associated with a number of modulatory sites, including a strychnine-insensitive glycine-binding site. Glycine is an absolute requirement for the receptor-channel complex to enter the open state. CPPene, 3-(2-carboxypiperazin-4-yl)-1-propenyl-phosphonic acid.

**Halothane**

# Side Effects

**Kidney and Liver** (fluoride, bromide metabolic products)

**Respiratory system** (asthma, depression newborn breathing)

**Pregnancy** (no diazepam)

**Cardiovascular system** (hypotension, reduced perfusion pressure and ischemic damage)

**Nervous system** (epilepsy, malignant hyperthermia)

# Factors that determine the anesthetic drug's properties (potency)

- ❑ **minimum alveolar concentration**
- ❑ **blood / gas distribution coefficient**
- ❑ **oil / gas distribution coefficient**
- ❑ **soft tissue / fat distribution**

# Minimum alveolar concentration (MAC)

**ANESTHETIC POTENCY = MAC**

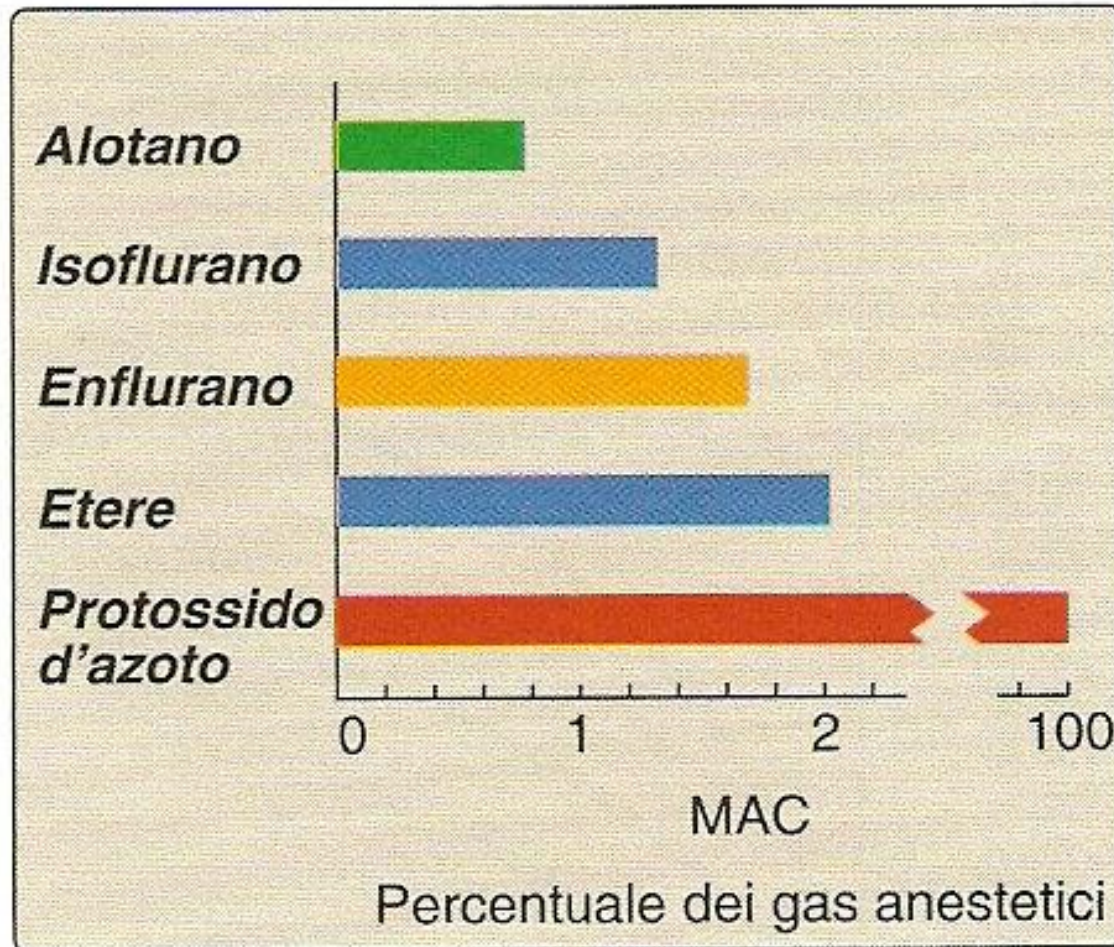
↓ potent anesthetic: halothane

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↑ less potent anesthetic: nitrous oxide (protossido di azoto)

Equilibrium = partial gas pressure is equal between blood and gas

# Minimum alveolar concentrations (MAC) of inhalation anesthetics



# MAC of some inhalation general anesthetics

	MAC	MAC risveglio
Isoflurano	1,2	0,4
Enflurano	1,6	0,4
Alotano	0,7	0,4
Sevoflurano	2,0	0,6
Desflurano	6,0	2,4
Protossido d'azoto	105,0	60,0

**Blood / gas partition coefficient**

**Oil / gas distribution coefficient**

# Pharmacokinetic properties

Low blood-gas partition coefficient =  
Rapid induction and recovery



Not very soluble in the  
Blood + fast balance  
blood 50 / gas 100

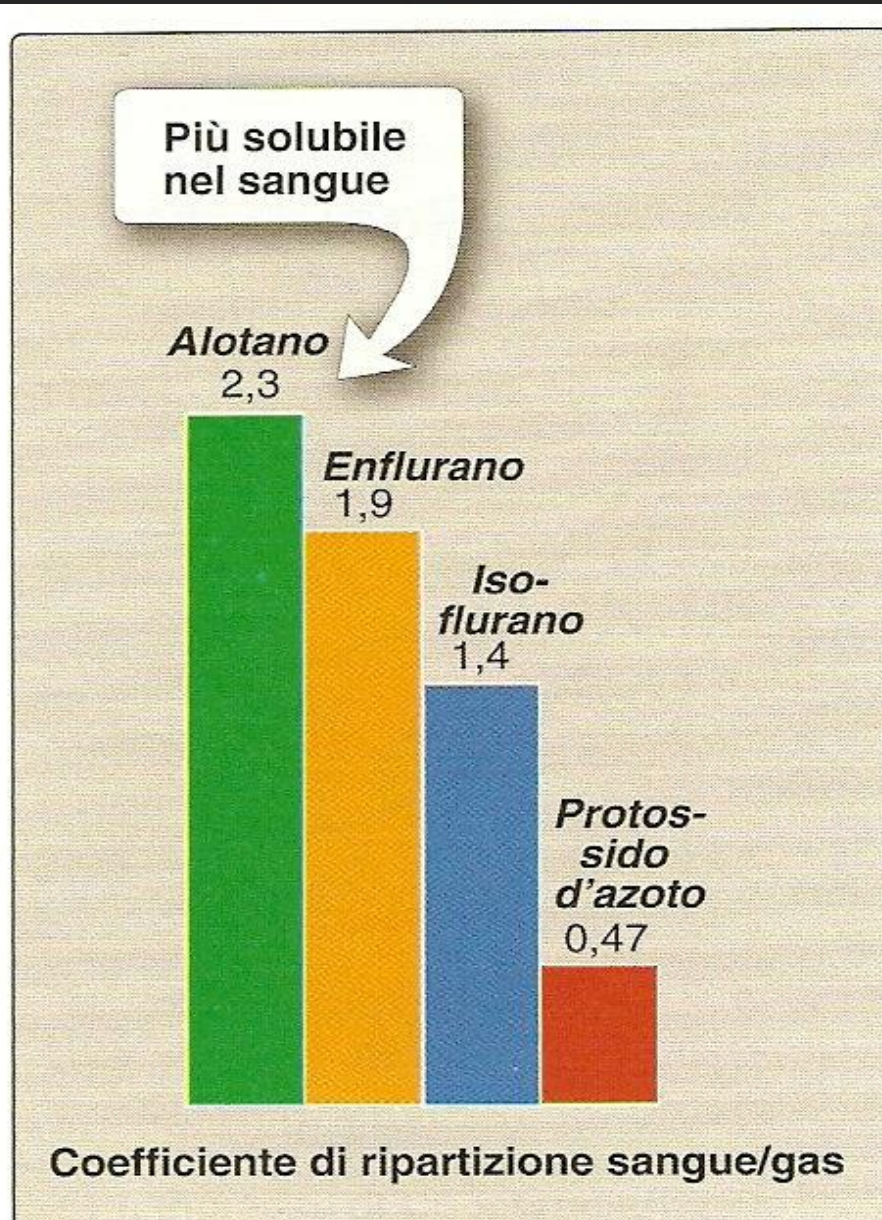
High blood-gas partition coefficient =  
Slow induction and recovery



Very soluble in blood  
- fast balance  
blood 200 / gas 100

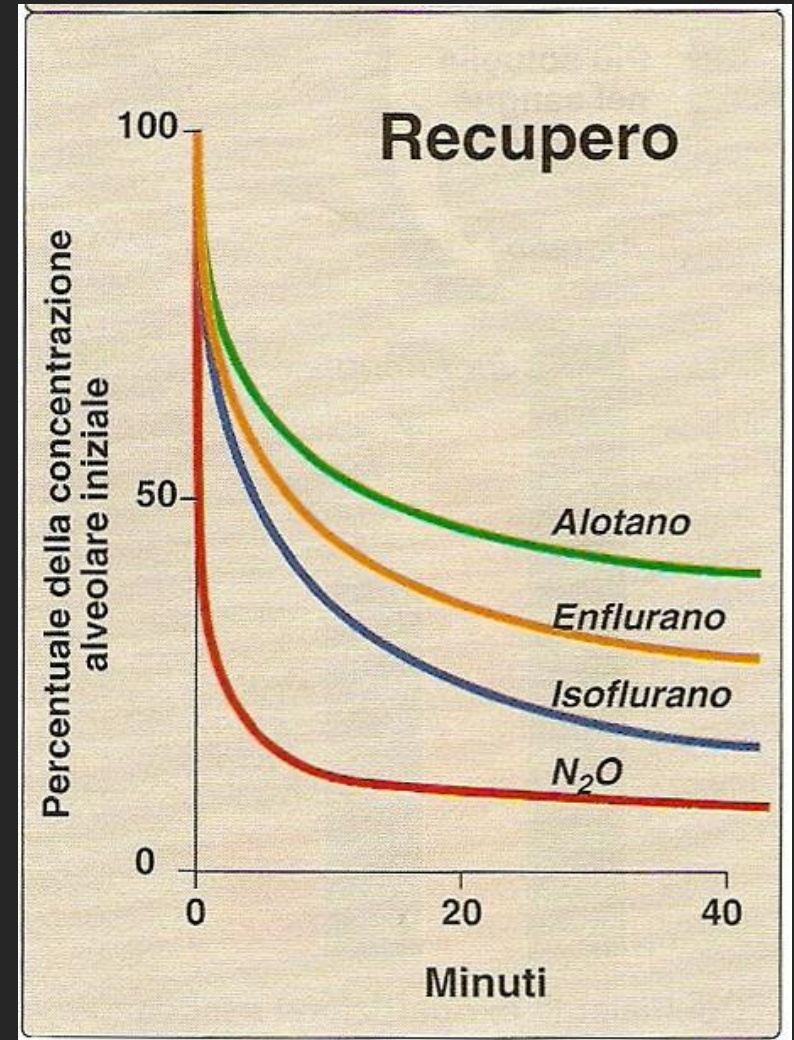
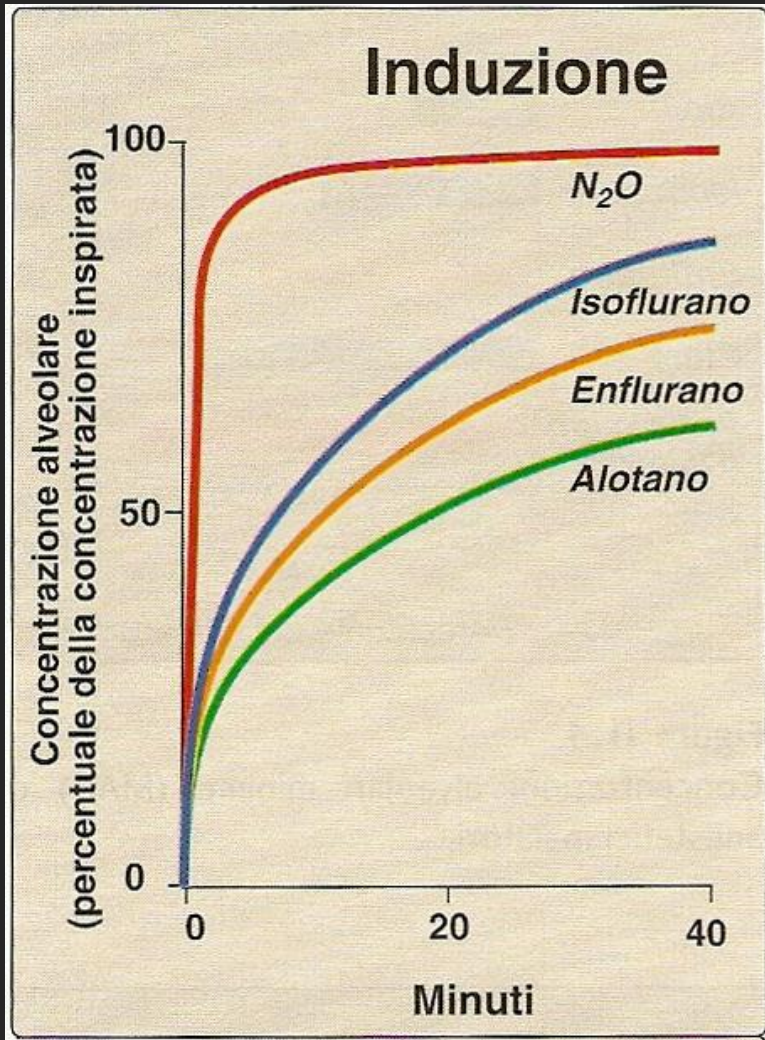
# Blood / gas partition coefficients of some inhalation anesthetics (induction and recovery)

blood 23 / gas 10



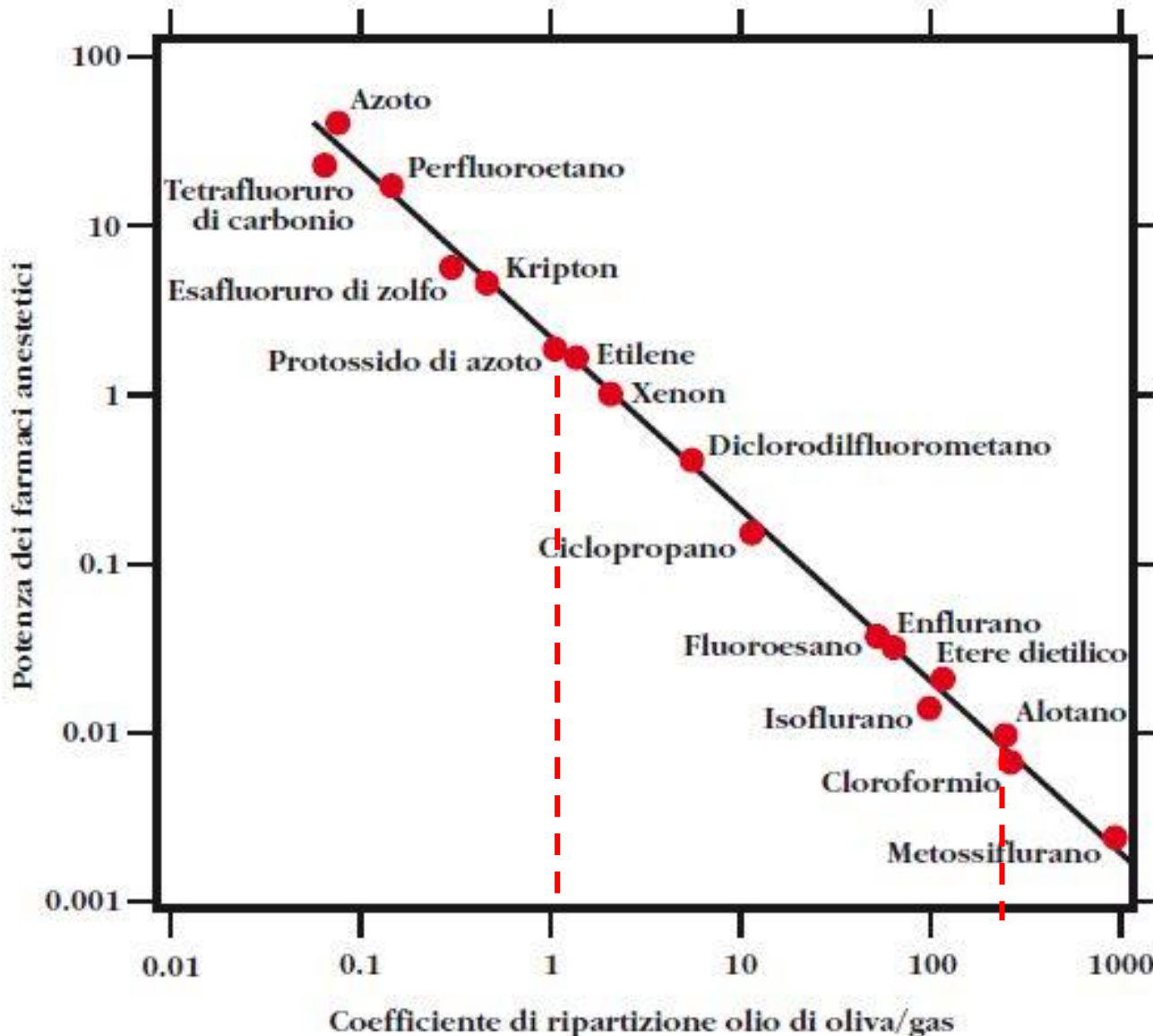
blood 47 / gas 100

# Temporal modifications of alveolar concentration of some inhalation anesthetics



If slightly soluble, a certain partial pressure is reached with a lower absorption of the drug

# Correlation between the anesthetic potential (MAC) and the oil / gas partition coefficient



oil 300 / gas 1 (high)  
oil 2 / gas 1 (low)

MAC inversely  
proportional to the potency

# Distribution of anesthetics in body areas

- **Brain, heart, liver, kidney, endocrine glands:**

rapid stationary state

- **Skeletal muscles:**

slow steady state

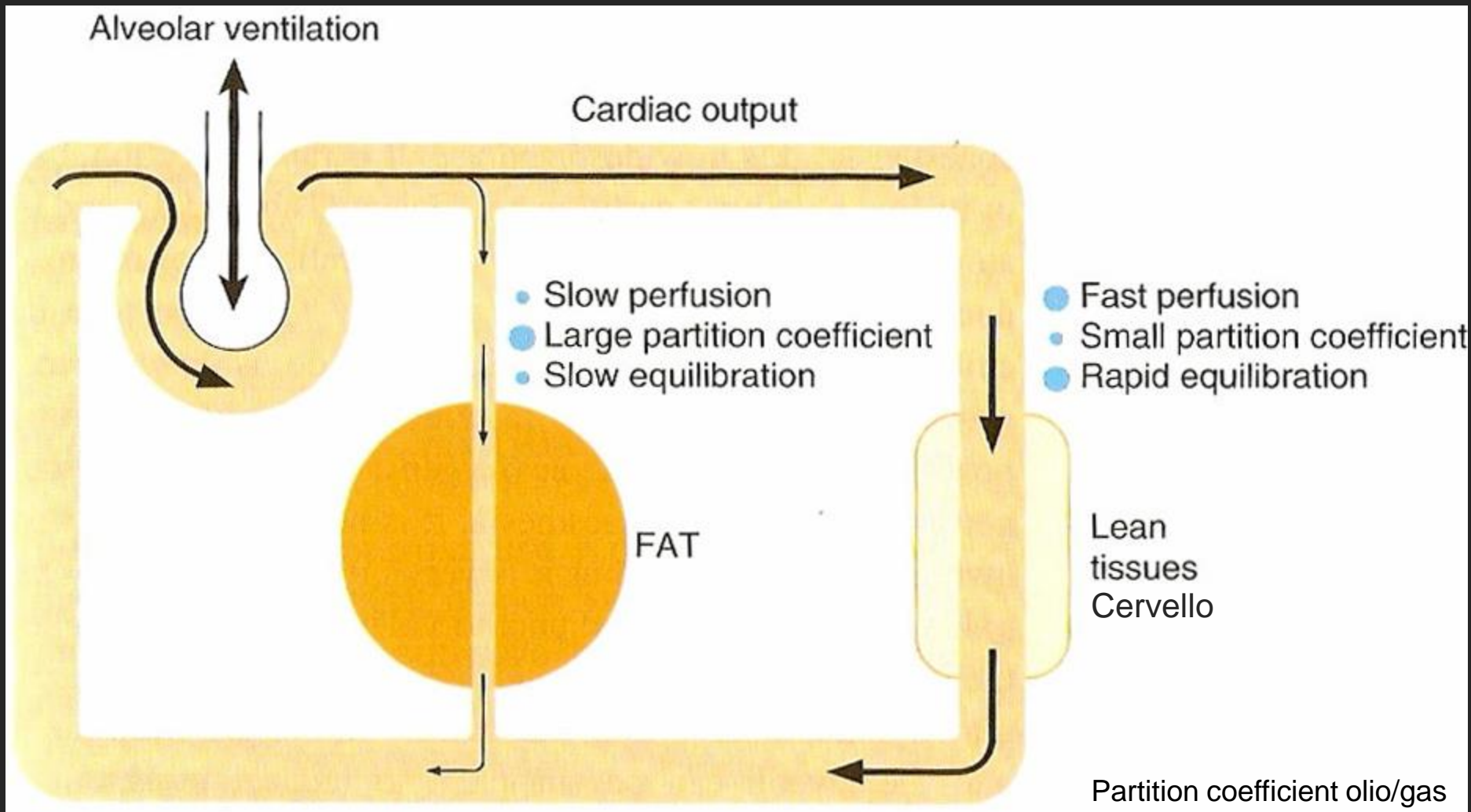
- **Adipose tissue:**

large storage capacity

- **Bones, ligaments, cartilage:**

low storage capacity

# Factors that influence the speed of equilibrium in the body



**Alotano**

**Enflurano**

**Isoflurano**

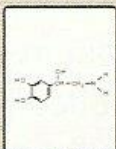


Aumento

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**Aritmie**



Aumento

Lieve aumento

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**Sensibilità alle catecolamine**



Diminuzione

Diminuzione...  
... poi recupera

Diminuzione

**Gittata cardiaca**



Diminuzione

Diminuzione...  
... poi recupera

Diminuzione

**Pressione sanguigna**



Inibiti

Inibiti

Iniziale stimolazione

**Riflessi respiratori**



Rischio elevato

Rischio moderato

Rischio moderato

**Tossicità epatica**

# Risks and side effects

Drug	Partition coefficients		MAC (% v/v)	Induction/ recovery	Main adverse effects	Notes
	Blood:gas	Oil:gas				
<b>Etere</b>	12.0	65	1.9	Slow	Respiratory irritation Nausea and vomiting Explosion risk	Now obsolete, except where facilities are minimal
<b>Alotano</b>	2.4	220	0.8	Medium	Hypotension Cardiac arrhythmias Hepatotoxicity (with repeated use) Malignant hyperthermia (rare)	In common use, but declining in favor of newer agents Significant metabolism to trifluoroacetate
<b>Protossido azoto</b>	0.5	1.4	100 <sup>a</sup>	Fast	Few adverse effects Risk of anemia (with prolonged or repeated use)	Good analgesic effect Low potency precludes use as sole anaesthetic agent—normally combined with other inhalation agents
<b>Enfluorano</b>	1.9	98	0.7	Medium	Risk of convulsions (slight) Malignant hyperthermia (rare)	Widely used Similar characteristics to halothane, with less risk of hepatic toxicity
<b>Isofluorano</b>	1.4	91	1.2	Medium	Few adverse effects Possible risk of coronary ischemia in susceptible patients	Widely used as alternative to halothane
<b>Desfluorano</b>	0.4	23	6.1	Fast	Respiratory tract irritation, cough, bronchospasm	Used for day-case surgery, because of fast onset and recovery (comparable to nitrous oxide)
<b>Sevofluorano</b>	0.6	53	2.1	Fast	Few reported Theoretical risk of renal toxicity owing to fluoride	Recently introduced Similar to desflurane

## Portion of general inhalation anesthetics that are biotransformed in the liver

Isoflurano	0,2%
Enflurano	2,4%
Alotano	17-20%
Sevoflurano	3%
Desflurano	0,02%
Protossido d'azoto	0,004%

# Intravenous anesthetics

- Most commonly used for induction of anaesthesia, followed by inhalation agent.
- Thiopental, etomidate and propofol are most commonly used; all act within 20–30 seconds if given intravenously.

### Thiopental:

- barbiturate with very high lipid solubility
- rapid action because of rapid transfer across blood–brain barrier; short duration (about 5 minutes) because of redistribution, mainly to muscle
- slowly metabolised and liable to accumulate in body fat; therefore, may cause prolonged effect if given repeatedly
- no analgesic effect
- narrow margin between anaesthetic dose and dose causing cardiovascular depression
- risk of severe vasospasm if accidentally injected into artery.

### Etomidate:

- similar to thiopental but more quickly metabolised
- less risk of cardiovascular depression
- may cause involuntary movements during induction
- possible risk of adrenocortical suppression.

### Propofol:

- rapidly metabolised
- very rapid recovery; no cumulative effect
- useful for day-case surgery

### Ketamine:

- analogue of phencyclidine, with similar properties
- action differs from other agents; probably related to effect on NMDA-type glutamate receptors
- onset of effect is relatively slow (2–5 minutes)
- produces ‘dissociative’ anaesthesia, in which patient may remain conscious, though amnesic and insensitive to pain
- high incidence of dysphoria, hallucinations, etc. during recovery; used mainly for minor procedures in children.

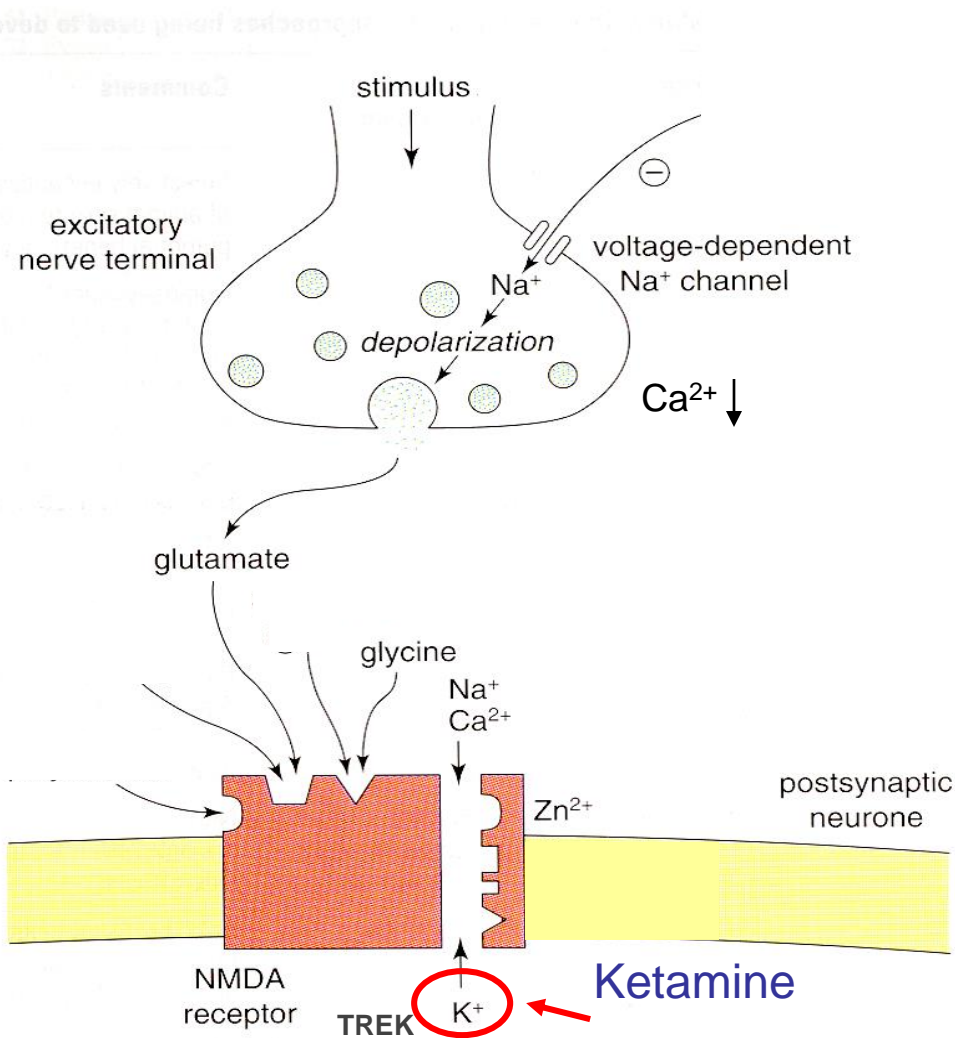
# Principal Intravenous anesthetics

↓ Cerebral metabolism (O<sub>2</sub>)  
(cerebral ischemia)  
Respiratory System

↓ Cerebral metabolism  
(cerebral ischemia)

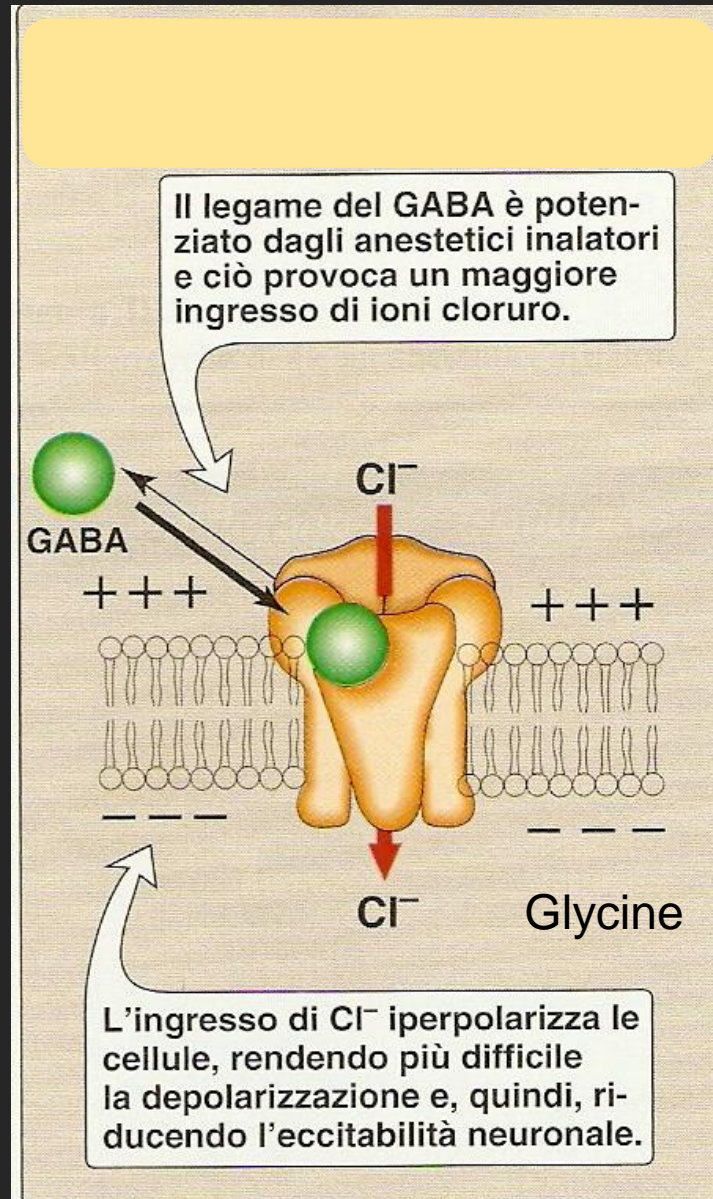
↑ Cerebral blood flow  
Blood pressure  
Frequency and cardiac output

# Release of the neurotransmitter and channel ligand / regulated membrane modulated by anesthetics



**Fig. 3.** Possible sites of interaction of antiepileptic drugs on glutamate-mediated transmission. The NMDA receptor is associated with an ion channel permeable to Na<sup>+</sup> and Ca<sup>2+</sup>, and is associated with a number of modulatory sites, including a strychnine-insensitive glycine-binding site. Glycine is an absolute requirement for the receptor-channel complex to enter the open state. CPPene, 3-(2-carboxypiperazin-4-yl)-1-propenyl-phosphonic acid.

Ligand / regulated  
membrane channel  
modulated by  
anesthetics

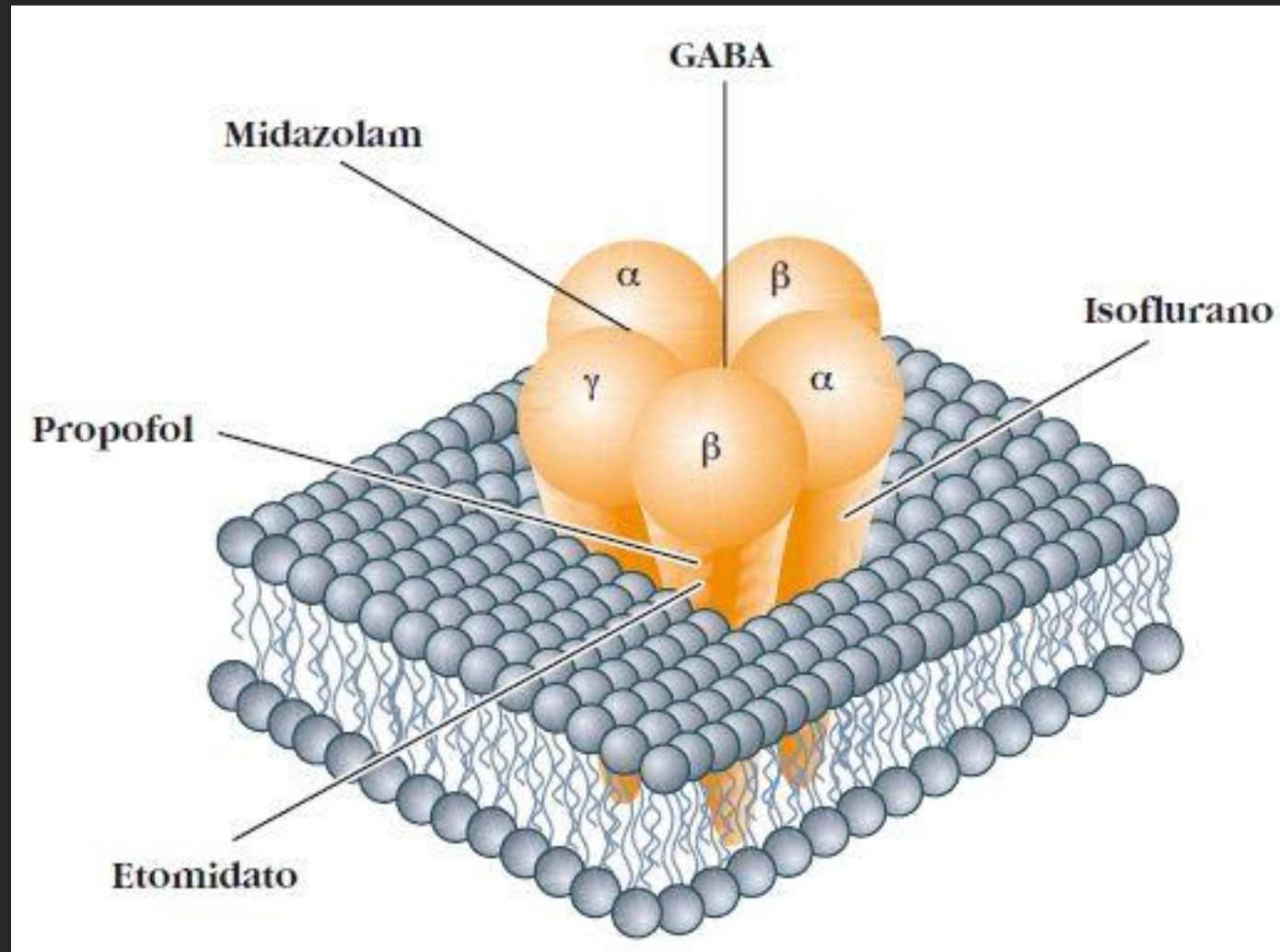


Thiopental  
Propofol

Etomidate  
(quick and short action,  
little respiratory  
depression,  
no histamine release)

Propofol  
GABA and glycine  
receptor  
Reduces O<sub>2</sub>  
consumption  
Used in ischemia

# Site of action of general anesthetics on the GABA-A receptor



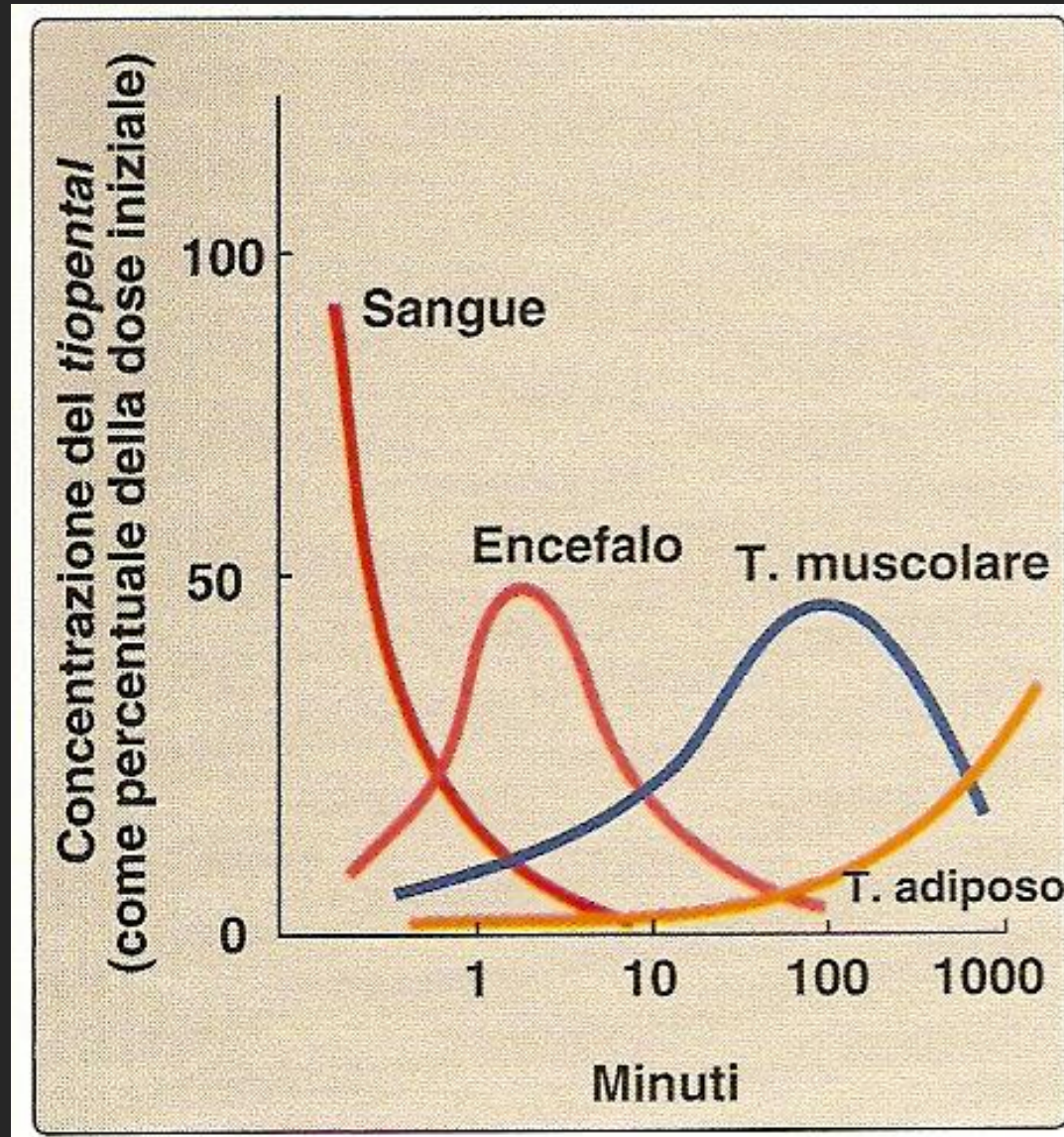
# Characteristics of parenteral anesthetics

**Tabella 13-2**

*Caratteristiche farmacologiche degli anestetici per via parenterale*

FARMACO	FORMULAZIONE	DOSE mg	LIVELLO MINIMO µg/ml	DURATA min	T1/2 ore	CLEARANCE ml/min	PROTEINE %
Tiopentale	25 mg/ml in soluzione acquosa + 1.5 mg/ml Na <sub>2</sub> CO <sub>3</sub> ; pH = 10-11	3-5	15.6	5-8	12.1	3.4	85
Metoesitale	10 mg/ml in soluzione acquosa + 1.5 mg/ml Na <sub>2</sub> CO <sub>3</sub> ; pH = 10-11	1-2	10	4-7	3.9	10.9	85
Propofol	10 mg/ml in olio di semi di soia 10%, glicerolo 2.25%, fosfolipidi di uovo 1.2%. EDTA 0.005% o metabisolfito di Na 0.025%; pH = 4.5-7	1.5-2.5	1.1	4-8	1.8	30	98
Etomidato	2 mg/ml in propilenglicole 35%; pH = 6.9	0.2-0.4	0.3	4-8	2.9	17.9	76
Ketamina	10, 50 o 100 mg/ml in soluzione acquosa; pH = 3.5-5.5	0.5-1.5	1	10-15	3	19.1	27

# Redistribution of thiopental from the encephalon to muscle and fat tissue



# Other uses of general anesthetic

## Drugs intravenously

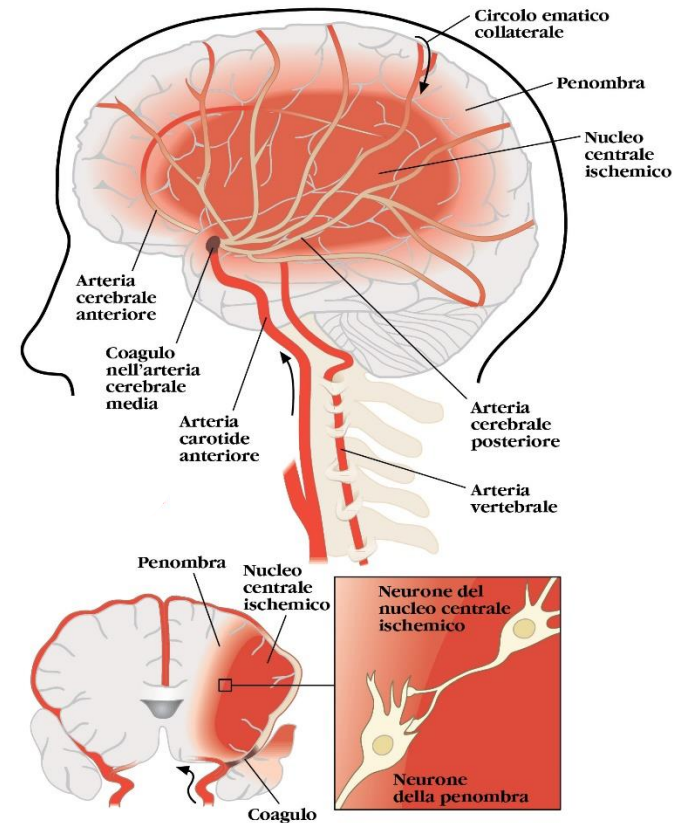
### (Cerebral ischemia)

Thiopental (+ on respiration inhibition)

Propofol (++) on respiration inhibition)

Etomidate (+ on respiration inhibition)

reduce **oxygen consumption**, blood flow, cerebral intracranial pressure



**Figura 29.1.** Un comune esempio di ictus ischemico. Nella sezione sagittale è presente un coagulo che occlude l'arteria cerebrale media e causa una zona di necrosi (core ischemico) ed una zona di sofferenza (area penombra). Sia la "penombra" che il "core" sono visibili anche nella sezione coronale.

## Svantaggi terapeutici

- Deve essere erogato mediante un apposito vaporizzatore.

- Anestesia incompleta.
- Mancanza di rilassamento muscolare.
- Deve essere usato con altri anestetici per ottenere anestesia chirurgica.

- Riduce il flusso sanguigno epatico e renale.
- Abbassa la pressione sanguigna.
- Sensibilizza il miocardio alle azioni delle catecolamine.
- Tossicità epatica.
- Aritmie.

- Analgesia scarsa.
- Anestesia potente.
- Scarso rilassamento muscolare.
- Laringospasmo.

- Analgesia scarsa.

## Anestetici inalatori

*Desflurano*

*Protossido d'azoto*

*Alotano*

*Enflurano*

*Isoflurano*

*Sevoflurano*

## Anestetici endovenosi

*Tiopental*

*Ketamina*

*Fentanil*

*Propofol*

## Vantaggi terapeutici

- Buona analgesia.
- Inizio/recupero rapidi.
- Sicuro, non irritante.

- Il miglior farmaco nei bambini.
- Rilassamento della muscolatura liscia bronchiale buono per i pazienti con asma.

- Buon rilassamento muscolare.
- Recupero rapido.
- Stabilità della gittata cardiaca.
- Pressione intracranica non elevata.
- Nessuna sensibilizzazione del cuore all'adrenalina.

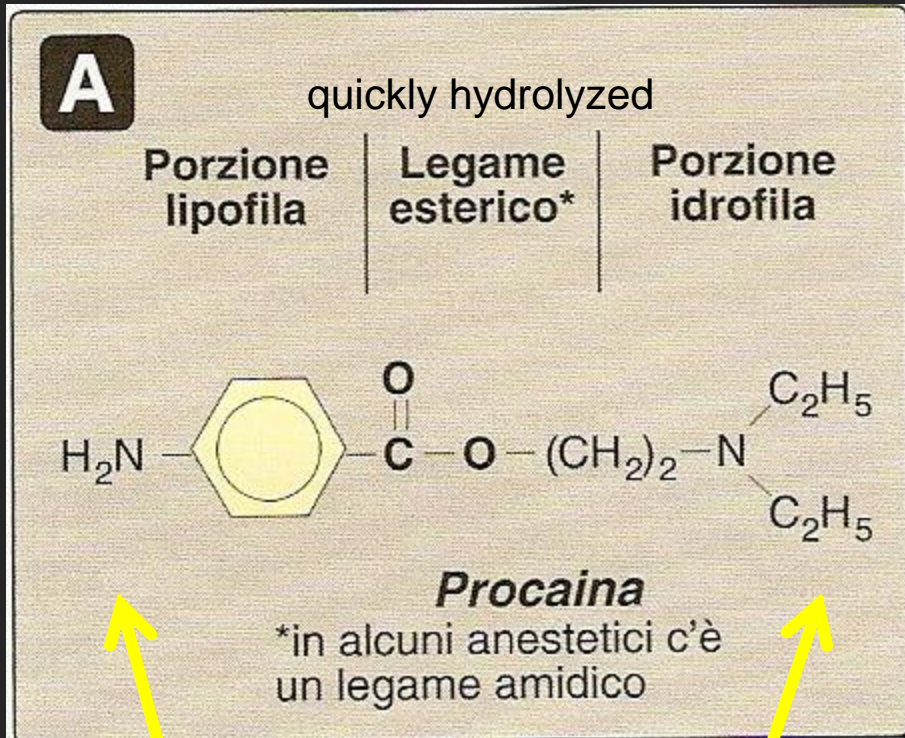
- Inizio/recupero rapidi.
- Non irritante; utile nei bambini.

- Inizio dell'azione rapido.

- Analgesia buona.

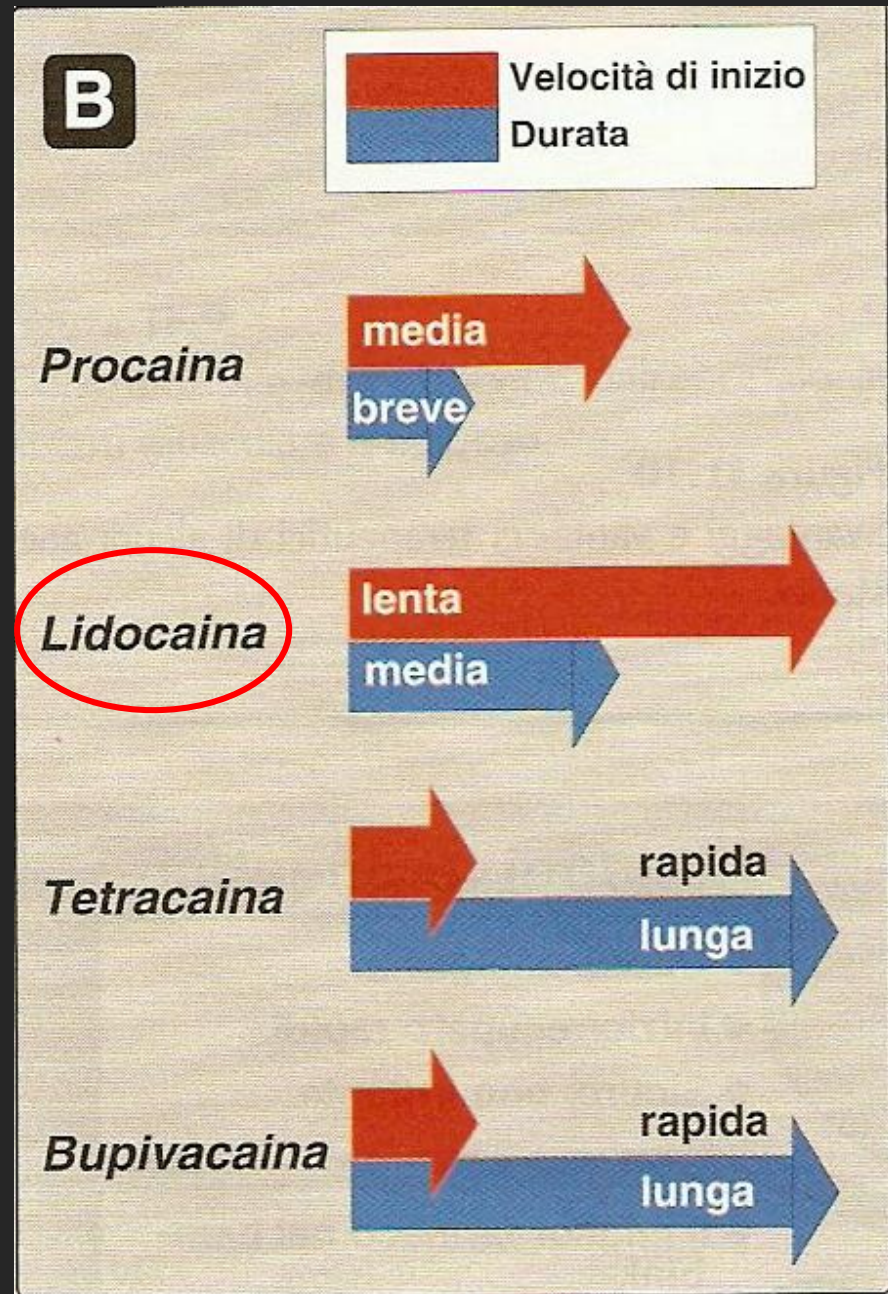
- Inizio dell'azione rapida.
- Abbassa la pressione intracranica.

# Local Anesthetics



aromatic

amino-basic



## Unwanted effects and pharmacokinetics of local anaesthetics (LAs)



- LAs are either esters or amides. Esters are rapidly hydrolysed by plasma cholinesterase, and amides are metabolised in the liver. Plasma half-lives are generally short, about 1–2 hours.
- Unwanted effects result mainly from escape of LAs into systemic circulation.
- Main unwanted effects are:
  - CNS effects, agitation, confusion, tremors progressing to convulsions and respiratory depression
  - cardiovascular effects, namely myocardial depression and vasodilatation, leading to fall in blood pressure
  - occasional hypersensitivity reactions.
- LAs vary in the rapidity with which they penetrate tissues, and in their duration of action. Lidocaine penetrates tissues readily and is suitable for surface application; bupivacaine has a particularly long duration of action.

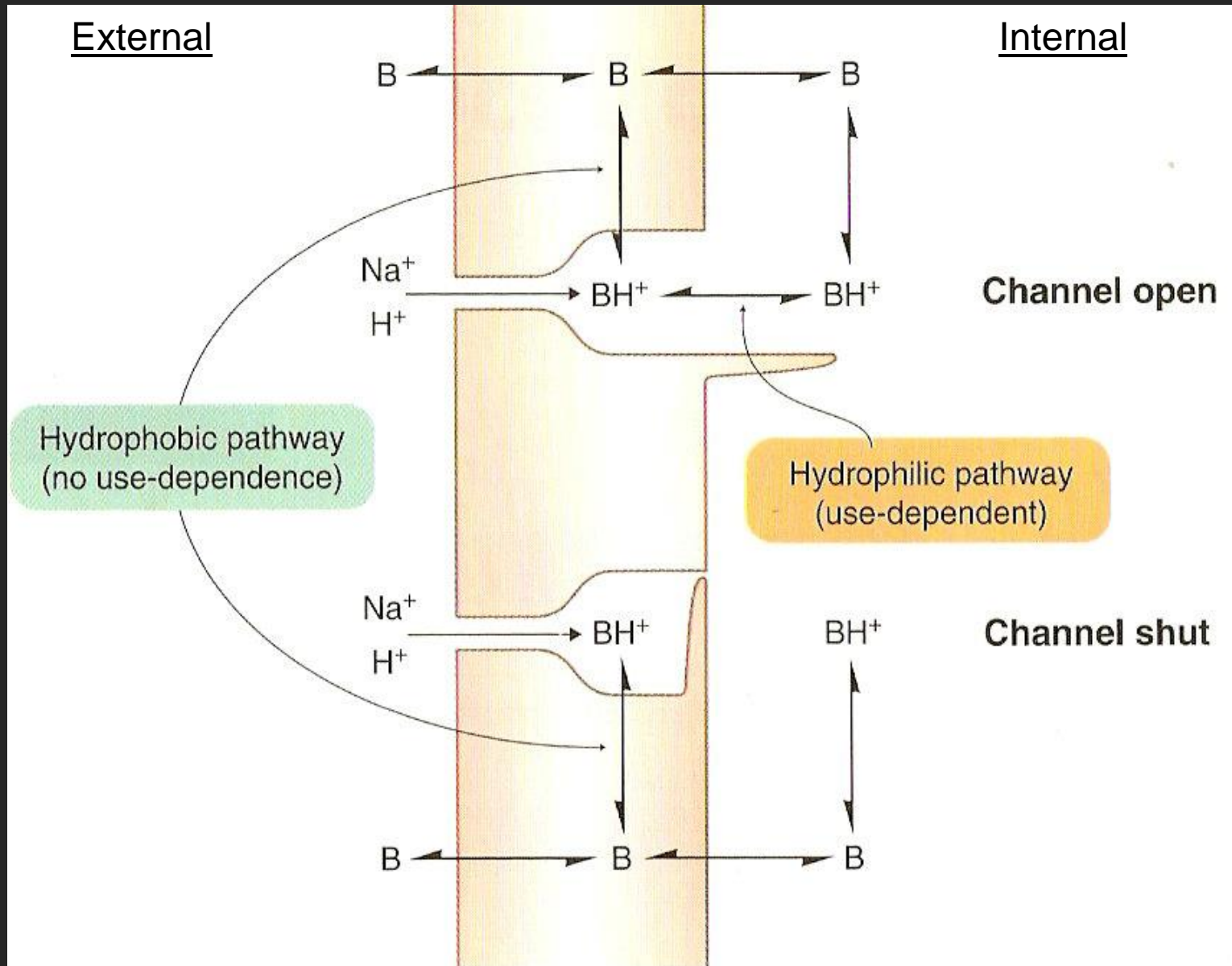
← Adrenaline  
(vasoconstrictor)

← Procaine

← Bupivacaine  
(cardiotoxic)

← Procaine

# Interaction of local anesthetics with sodium channels



Method	Uses	Drugs	Notes and adverse effects
<b>Surface anaesthesia</b>	Nose, mouth, bronchial tree (usually in spray form), cornea, urinary tract Not effective for skin <sup>a</sup>	Lidocaine, tetracaine, (amethocaine) dibucaine, benzocaine	Risk of systemic toxicity when high concentrations and large areas are involved
<b>Infiltration anaesthesia</b>	Direct injection into tissues to reach nerve branches and terminals Used in minor surgery	Most	<b>Epinephrine (adrenaline) or felypressin</b> often added as vasoconstrictors (not with fingers or toes, for fear of causing ischaemic tissue damage) Only suitable for small areas; otherwise, serious risk of systemic toxicity
<b>Intravenous regional anaesthesia</b>	LA injected intravenously distal to a pressure cuff to arrest blood flow; remains effective until the circulation is restored Used for limb surgery	Mainly lidocaine, prilocaine	Risk of systemic toxicity when cuff is released prematurely; risk is small if cuff remains inflated for at least 20 minutes
<b>Nerve-block anaesthesia</b>	LA is injected close to nerve trunks (e.g. brachial plexus, intercostal or dental nerves) to produce a loss of sensation peripherally Used for surgery, dentistry, analgesia	Most	Less LA needed than for infiltration anaesthesia Accurate placement of the needle is important Onset of anaesthesia may be slow Duration of anaesthesia may be increased by addition of vasoconstrictor
<b>Spinal anaesthesia</b>	LA injected into the subarachnoid space (containing CSF) to act on spinal roots and spinal cord Glucose sometimes added so that spread of LA can be limited by tilting patient Used for surgery to abdomen, pelvis or leg, mainly when general anaesthesia cannot be used	Mainly lidocaine	Main risks are bradycardia and hypotension (owing to sympathetic block), respiratory depression (owing to effects on phrenic nerve or respiratory center); avoided by minimising cranial spread Postoperative urinary retention (block of pelvic autonomic outflow) is common
<b>Epidural anaesthesia<sup>b</sup></b>	LA injected into epidural space, blocking spinal roots Uses as for spinal anaesthesia; also for painless childbirth	Mainly lidocaine, bupivacaine	Unwanted effects similar to those of spinal anaesthesia but less probable, because longitudinal spread of LA is reduced Postoperative urinary retention common

# Infusion sites of anesthetics

