

**UNIVERSITY OF CAGLIARI**  
**SCHOOL OF SPECIALISATION IN ARCHITECTURAL AND LANDSCAPE HERITAGE**  
aa.yy. 2022-23 and 2023-24

**COURSE INFO**

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| <b>Professor</b>  |
| Ester Cois  |
| <b>Title of the course</b>  |
| Sociology of Re-Inhabitation in the Mediterranean area  |
| <b>Scientific Disciplinary Sector</b>   |
| SPS/10  |
| <b>Number of hours</b>  |
| 20  |
| <b>Language</b>   |
| English   |
| <b>Objectives of the course</b>   |
| The phenomenon of depopulation, especially concentrated in the inner body of the Mediterranean area, has thematized the intertwining between the structural economic, social and cultural conditions that preserve the attractiveness of inhabited spaces and the individual processes of signification of the places that lead to the decision to stay, leave or return. The aim of the course is to investigate these dynamics, since they are connected to specific practices for using and inhabiting places that are potentially complementary to permanent residential modalities, because their vitality is not subsumed in the inhabitant nucleus in the strict sense, but is fed by recursive flows that intercept other populations: from experiential tourists to temporary citizens, looking for more community residential styles, to rural users on a regular basis. Residences for artists, hospitable communities, community cooperatives are examples of experimental projects in places to be re-inhabited, to restore their breath and future perspective. |
| <b>Any prerequisites</b>  |
| The knowledge of basic elements of urban and rural sociology and of social geography can be a useful prerequisite to facilitate the descriptive analysis and critical interpretation of the dynamics of re-inhabiting in the Mediterranean area.  |
| <b>Topics and contents of the course</b>  |
| - Stay, leave, return: structural factors and individual dynamics of depopulation in the Mediterranean area.<br>- Analysis of the practices of places as complementary strategies to permanent residency.   |
| <b>Methods of examination</b>   |
| Oral.   |
| <b>Essential bibliography</b>   |
| F. Barbera, D. Cersosimo, A. De Rossi (a cura di), <i>Contro i borghi</i> , Donzelli, Roma 2022.<br>G. Carrosio, <i>I margini al centro</i> , Donzelli, Roma 2019.<br>A. De Rossi (a cura di), <i>Riabitare l'Italia. Le aree interne tra abbandoni e riconquiste</i> , Donzelli, Roma 2018.<br>S. Lanteri, D. Simoni, V.R. Zucca (a cura di), <i>Territori Marginali. Oscillazioni tra interno e costa</i> , LetteraVentidue Edizioni, Siracusa 2021.<br>A. Pichierri, <i>I sistemi socioeconomici locali</i> , in M. Regini (a cura di), <i>La sociologia economica contemporanea</i> , Laterza, Bari-Roma 2007.  |
| <b>Further bibliographical information</b>  |
| F. Barbera, J. Dagnes, A. Salento (a cura di), <i>Il capitale quotidiano. Un manifesto per l'economia fondamentale</i> , Donzelli, Roma 2016.<br>E. Borghi, <i>Piccole Italie. Le aree interne e la questione territoriale</i> , Donzelli, Roma 2017.<br>D. Cersosimo, C. Donzelli (a cura di), <i>Manifesto per Riabitare l'Italia</i> , Donzelli, Roma 2020.  |

F. Cocco, N. Fenu, M. Lecis Cocco-Ortu (a cura di), *SPOP. Istantanea dello spopolamento in Sardegna*, LetteraVentidue Edizioni, Siracusa 2016.

E. Cois, V. Pacetti (a cura di), *Territori in Movimento. Esperienza LEADER e Progetti Pilota per le Aree Interne*, Rosenberg & Sellier, Torino 2020.

E. Cois (a cura di), *Aree rurali in transizione oltre la crisi economica*, Rosenberg & Sellier, Torino 2020. Collettivo per l'Economia Fondamentale, *Economia Fondamentale. L'infrastruttura della vita quotidiana*, Einaudi, Torino 2019.

M. Daltin, *La teoria dei paesi vuoti. Viaggio tra i borghi abbandonati*, Ediciclo editore, Portogruaro 2019.

L. Martinelli, *L'Italia è bella dentro. Storie di resilienza, innovazione e ritorno nelle aree interne*, Altraeconomia, Milano 2020.

V. Teti, *Quel che resta. L'Italia dei paesi, tra abbandoni e ritorni*, Donzelli, Roma 2017.

#### **Didactic materials**

Slides of the lessons in the form of a handout, links to articles or books published in open access to support the conceptual contents discussed during the course, links to websites connected to selected experimental practices and projects of re-inhabiting.

#### **External guests**

If available, it would be useful to invite some representatives of the most innovative and promising re-inhabiting projects identified at a local scale, as privileged witnesses and stakeholders.