



**ACTIVITIES ABROAD  
Self-declaration**

I, the undersigned

Place of birth

Date of birth

Enrolled in the PhD programme in (insert complete denomination)

Cycle

PhD student (with scholarship/without scholarship)

**DECLARE**

the Academic Board to carry out study/research activities  
abroad at (insert the complete denomination of the hosting Institution)

from (day/month/year)

to (day/month/year)

working (at the hosting Institution in person/remotely)

of which days of travel (insert this number only if you are staying at the hosting Institution in person)

**UNDERTAKE**

- To communicate any possible interruption or change in the period planned and approved by the Academic Board promptly, by sending an e-mail to [dottoratiemaster@unica.it](mailto:dottoratiemaster@unica.it);
- At the end of the activities, to send to [dottoratiemaster@unica.it](mailto:dottoratiemaster@unica.it) the certificate provided by the hosting Institution, attesting the complete study/research period spent there. In case the certificate is electronic, forward the e-mail of the host Institution with the document attached. In case you receive a paper certificate, scan and send it, explaining that it is a copy.

Cagliari, .....

.....  
(full and readable signature)

.....  
(Supervisor’s signature)

**N.B.**

- This self-declaration must be sent to [dottoratiemaster@unica.it](mailto:dottoratiemaster@unica.it) at least 10 (ten) days before departure or before the start of the remote activities.
- The increase on the scholarship will be paid exclusively in case of actual activities abroad, in monthly deferred instalments for the complete period, following verification of the Academic Board’s authorization. In case of discordance between the duration declared and the period indicated in the certification provided by the hosting institution, the University will get back the amounts wrongfully paid by deducting them from the first instalment to be paid when the PhD student comes back.