

4 SAILING PHYSICAL DISABLED PEOPLE

MEETING ON LINE - JUNE 21st 2021

ERASMUS + SPORT PROJECT

We are pleased to INVITE YOU to the WEBINAR for the ERASMUS + “Sailing 4 PDP” project, to share with us a learning day about good practices in rehabilitative programs focused on exercise, physical activities and sport, also by the use of new technologies.

Experts and other people involved in the rehabilitative programs like “Velamente?!", “Sail 4 Parkinson” and other, carried out by the University of Cagliari, Italy and LIMOLO ASD Cabras, Italy will present their experiences to show how an engaged sport such as sailing or other aquatic sports could promote the wellbeing of people with disabilities. Furthermore, it will highlight the importance of nutritional recommendations for a healthy diet to all people of all age.



THE USE OF THE SIMULATOR “VSAIL-TRAINER®” TECHNOLOGY

used in rehabilitative programs to approach sailing in a more friendly way carried out by the Universidad Católica de Murcia, Spain will be presented, as well the usefulness of bioengineering instruments for human motion analysis in the sports field, particularly sailing, developed by the University of Cagliari, Italy.

THE WEBINAR HAS A LIMITED ACCESS FOR STUDENTS
so they are recommended to proceed with the registration by the banner below.



There will be several interactive sessions in which participants could discuss about the themes proposed during the webinar, facilitated by a simultaneous translation English, Italian, English.



For registration go to the website of the Department of Medical Sciences and Public Health (UNICA): Menu → Research → Conventions and seminars

THE WEBINAR IS OPEN TO THE FOLLOWING DEGREE COURSES OF THE UNIVERSITY OF CAGLIARI, ITALY:

- Biomedical Engineering (3rd Academic Year)
- Professional Education
- Physiotherapy
- Speech Therapy
- Psychiatric Rehabilitative Techniques
- Health Professions of Rehabilitation Sciences
- Sport and Exercise Sciences
- Preventive and adapted sport activities
- Neurophysiopathology Techniques
- Medicine and Surgery (6th Academic Year)



CFUs will be recognized to students as established by each Degree Courses, after filling a questionnaire with multiple choice questions.