

Self defense instructor

Definitions

Find in the text words and expressions that mean the same as:

Noun phrases	
colleague, associate, companion	
a trusted and wise counselor or teacher	
conference room	
monitoring, supervision, constant observation	
suggestions, pieces of advice	

Adjectives	
wide, large, extensive	
enriched, improved, with a higher value or attractiveness	
undressed, nude	
overpowering, very great, very large as in amount or size	
previous, earlier, former	

Adverbs	
in a manner which lacks balance or proportion	
stopping for a time and then starting again, from time to time, off and on, periodically	
probably	
occurring or coming later or after, afterwards, later on, consequently	

Verb phrases	
to regulate, modify, arrange, adapt	
to support or urge by argument, to champion, to uphold	
to prohibit, forbid, bar, interdict	
to support a cause, to promote a candidate	
to control, restrict, forbid, suppress, inspect, control the flow of news	
embarrassed by feelings of guilt, be afraid of shame, ridicule or disapproval	
to establish, to found, to begin	
to follow obsessively, to chase, to follow a person continually to gain attention	

Have you found the name of a research center that informs the public about the issues, attitudes and trends shaping America and the world? _____

What does NGO stand for? _____